

Morphological effects of oestradiol-17 β , and selective oestrogen receptor α and β agonists on luteinising hormone-secreting cells in tamoxifen-treated ovariectomised rats

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Summary. To investigate the role played by the different rat gonadotroph oestrogen receptor (ER) pools in the effects of oestradiol-17 β (E₂) on gonadectomy cells, two-week ovariectomised (OVX) rats were used. The basic experimental group of rats was injected with 3 mg of the selective ER modulator tamoxifen (TX) on days 15-20 after OVX. Groups of TX-treated OVX rats were additionally injected on days 18-20 after OVX with 10 μ g oestradiol benzoate (EB), 1 mg of the selective ER α agonist propylpyrazole triol (PPT), or 1 mg of the selective ER β diarylpropionitrile (DPN). Negative and positive control groups were OVX rats injected over six days after OVX with 0.2 ml oil and EB, respectively. On day 21 after OVX, anterior pituitary glands were dissected out and divided into halves. One hemipituitary was processed for light microscopy and immunocytochemistry for β LH subunit and progesterone receptor (PR), and the other hemipituitary for ultrastructural evaluation. Results showed that: gonadotrophs were the only pituitary cell type expressing PR; treatment with TX alone shrunk gonadectomy cells and induced both reorganization of membrane-enclosed intracellular organelles and PR expression, and treatment with DPN or EB, but not PPT, reduced the agonistic morphological effects of TX. Considering that TX activates nuclear ER α , the results indicate that activation of nuclear ER α is determinant for the reversal effects of E₂ on gonadotrope morphology and PR expression, and the simultaneous activation of ER β modulates the action of ER α in an inhibitory fashion.

Key words: Gonadotroph morphology, Selective ER agonists, Tamoxifen, ER α and β , Progesterone receptor

Introduction

The main steps of the biosynthesis/secretory luteinising hormone (LH) cycle in the rat gonadotroph are: 1) transcription of the genetic information into RNAs; 2) translation via mRNAs of this information in the cytoplasm; 3) posttranslational modifications in the membrane-enclosed intracellular organelles, rough endoplasmic reticulum (RER), Golgi complex and secretory granules; and 4) discharge of LH from the secretory granules by regulated exocytosis (Pierce, 1988). Any step in this process is a locus for the physiological oestradiol-17 β (E₂) control of LH synthesis and secretion acting on the complete oestrogen receptor (ER) orchestra (Fink, 1988, 1995) (nuclear and membrane ER α and β isoforms) (Nishihara et al., 2000; Petersson and Gustafsson, 2001). Because of the continuous presence of E₂ over the 4-day oestrous cycle of the rat (Smith et al., 1975), the E₂-dependent morphological changes in gonadotrophs are not well defined (Tougaard and Tixier-Vidal, 1988). Thus, the decrease in E₂ levels after the LH surge in pro-oestrous afternoon (Freeman, 1988) causes subtle ultrastructural modifications in gonadotrophs (Moriarty, 1975), a slight increase in size (Morris et al., 1986), loss of progesterone receptors (PR) expression and absence of the PR-dependent LH releasing hormone (LHRH) self-priming (Castro-Vazquez and McCann, 1975; Sánchez-Criado et al., 2005a), the property of LHRH that increases gonadotroph responsiveness to itself (Fink, 1995).

The two-week ovariectomised (OVX) rat treated over three days with E₂ mimics the endocrine events of intact pro-oestrous rats (Smith et al., 1975; Freeman, 1988), and exhibits the expected LH surge (Legan and Tsai, 2003). Because of these facts, the long-term OVX rat is a useful model to study gonadotroph function (Sánchez-Criado et al., 2005a,b, 2006a). Gonadotrophs, but no other pituitary cell type, of both OVX rats (Genbacev and Pantic, 1975) and ER α -knockout mice (Pelletier et al., 2003), are hypertrophic (gonadectomy cells, OVX cells) with typical ultrastructural disorganization of intracellular organelles (Garner and Blake, 1981; Childs, 1986; Sánchez-Criado et al., 2006a) lacking PR expression (Sánchez-Criado et al., 2004, 2005b). Gonadotrophs are the only type of pituitary cells that express PR (Fox et al., 1990; Bellido et al., 2003), and the presence of PR is essential for the full release of the preovulatory LH surge (Chappell et al., 1999). E₂ treatment reverses the effects of OVX on gonadotroph size and morphology, PR expression and secretion of LH (Genbacev and Pantic, 1975; Sánchez-Criado et al., 2004, 2005a). Activation of the ER α isoform alone using the selective agonist propylpyrazole triol (PPT) (Stauffer et al., 2000) induces gonadotrope shrinkage and reverses the effects of OVX in all parameters of LH secretion (negative and positive feedbacks in the rat) (Sánchez-Criado et al., 2004). On the other hand, activation of the ER β , isoform alone using the selective agonist diarylpropionitrile (DPN) (Meyers et al., 2001) in OVX rats induces PR expression without any secretory activity (Sánchez-Criado et al., 2004, 2006a).

Tamoxifen (TX) is a selective ER modulator (SERM) (Tzukerman et al., 1994; Hall and McDonnell, 1999) that, in the absence of E₂, exhibits at the rat gonadotroph level nuclear ER α -like responses similar to those exhibited by the selective agonist PPT: induction of ER α and PR expression and GnRH self-priming (Sánchez-Criado et al., 2002, 2005a, 2006b; Alonso et al., 2006; Aguilar et al., 2006; Garrido-Gracia et al., 2007). Moreover, treatment with the *pure* anti-E RU58668 (Bellido et al., 2003) or the potent ER α -selective antagonist (220-fold more affinity for ER α than for ER β) methyl-piperidino-pyrazole (Sun et al., 2002) block all agonistic actions of TX on the rat gonadotroph (Garrido-Gracia et al., 2007). Finally, TX seems to have no functional affinity for membrane ER α in the rat gonadotroph (Sánchez-Criado et al., 2005b). Based on these studies in OVX rats we have proposed that E₂ action on the gonadotroph in the rat is exerted at the nuclear ER α pool, and that this action is modulated by E₂ effects on both nuclear ER β and surface ER α . E-dependent gonadotroph shrinkage (Sánchez-Criado et al., 2006a) and PR expression (Scott et al., 2002) are the morphological basis for our proposition (Garrido-Gracia et al., 2007), as both of them are critical for the induction of LHRH self-priming, and hence preovulatory LH secretion in the rat. However, the probable modulatory activity of ER isoforms and sites (Levin, 2005) on gonadotroph morphology and PR expression in OVX

rats has not been analysed. In the present study we investigated, in OVX rats undergoing TX-activated nuclear ER α in the gonadotroph, the effects of EB, PPT and DPN upon the size, structural and ultrastructural characteristics and PR expression of gonadectomy cells.

Materials and Methods

Animals and treatments

Adult female Wistar rats weighing 190–210 g were used. Rats were housed under a 14:10 h light-dark cycle (light on at 0500 h) and 22±2°C room temperature, with *ad libitum* access to rat chow devoid of oestrogenic activity (A04, Scientific Animal Food & Engineering, Augy, France) and tap water. All rats were ovariectomised (OVX) under ether anaesthesia at random stages of the oestrous cycle and assigned to experimental groups (4 rats each) 14 days later. All four experimental groups received daily sc injection of 3 mg tamoxifen (TX; Sigma Chemical Co., St. Louis, MO, USA) on days 15–20 after OVX. Three groups of TX-treated rats were additionally treated on days 18–20 after OVX with 10 µg oestradiol benzoate (EB; Sigma), 1 mg of the selective ER α propylpyrazole triol (PPT), or 1 mg of the ER β agonist diarylpropionitrile (DPN) (Tocris Cookson Ltd, Avonmouth, UK). PPT has a 400-fold preference for ER α and does not activate ER, (Stauffer et al., 2000) and DPN has a 70-fold higher binding affinity for ER β than for ER α (Meyers et al., 2001). Negative and positive control groups were OVX rats injected on days 15–20 after OVX with 0.2 ml olive oil and 10 µg EB, respectively. Dosages of ER ligands used in the present experiments were based on previously published studies (Schuiling et al., 1987; Bellido et al., 2003; Sánchez-Criado et al., 2005a,b, 2006a,b; Arreguin-Arevalo et al., 2007; Garrido-Gracia et al., 2007), including dosage-dependency (Sánchez-Criado et al., 2004) and the ER ligand ability to induce vaginal cornification. All rats were decapitated on the morning of day 21 and the lobes of their anterior pituitaries sagittally separated. One hemipituitary was processed for light microscopy and immunohistochemistry of PR and β LH subunit, and the other hemipituitary for electron microscopy. For comparative purposes 4 pituitaries from intact cycling rats in pro-oestrus were similarly processed. All experimental protocols were approved by the Ethical Committee of the University of Córdoba, and experiments were performed in accordance with the rules of laboratory animal care and international law on animal experimentation.

Tissue preparation for light and electron microscopy

For light microscopy, hemipituitaries were fixed in 10% buffered formalin and embedded in paraffin-wax. For electron microscopy, small fragments from each of the remaining hemipituitaries were fixed in 2.5% glutaraldehyde in 0.1 M phosphate buffer (pH 7.4)

followed by post-fixation in 1% osmium tetroxide in distilled water for 2 h. Tissue fragments were then embedded in Araldite and cut at 0.1 μm with an ultramicrotome. Current ultrastructural characteristics of membrane-enclosed intracellular organelles (RER, Golgi complex and secretory vesicles) in gonadotrophs (Garner and Blake, 1981; Childs, 1986; Sánchez-Criado et al., 2006a) were evaluated.

Immunohistochemical detection of progesterone receptor (PR) in β LH subunit expressing cells

Pituitaries from OVX rats injected with oil (negative control group) or ER ligands were studied for the simultaneous immunohistochemical co-localization in single histological sections of LH and PR. This immunohistochemical study was performed on dewaxed and rehydrated 3- μm thick tissue sections of formalin-fixed, paraffin-embedded tissue samples. The expression of LH was analysed using the commercial polyclonal rabbit anti-human beta-luteinising hormone (β LH) antibody (AbD Serotec, Oxford, Oxon, UK) diluted 1:10 for 18 hours at 4°C, and the peroxidase anti-peroxidase (PAP) technique. Swine anti-rabbit IgG diluted 1:20 and rabbit PAP diluted 1:50 were applied for 30 minutes each at room temperature and the immune reaction was developed with the chromogen DAB. The expression of PR was analysed using the commercial mouse monoclonal anti-human PR antibody clone PR10A9, raised against the recombinant hormone-binding domain of human PR located on the C-terminal domain of PR (Immunotech, Marseille, France), diluted 1:15000 for 18 hours at 4°C, and the streptavidin-biotin-alkaline phosphatase (SABAP) complex technique (StrAvidGen Super Sensitive, Biogenex, San Ramon, CA, USA). The latter was applied following the recommendations of the manufacturer, and the immune reaction was developed with chromogen fast red. Corresponding reagents for each individual technique (anti- β LH and anti-PR antibodies; swine anti-rabbit IgG and biotinylated goat anti-mouse IgG, respectively; and the PAP and SABAP complexes, respectively) were mixed (1:1) and used at twice their standardized optimal dilutions. Cells with co-localization of β LH and PR displayed brown cytoplasm and red nucleus, respectively. Tissue sections from similarly-processed samples of pituitaries from intact cycling rats in pro-oestrus, rat uterus and human breast carcinoma were used as positive controls. Incubation with non-immune rabbit serum and mouse IgG2a (Dako, Barcelona, Spain) at the same dilution as the specific primary antibodies in tissue sections of the cases under study was used as a negative control. Slight nuclear counterstaining was performed with Mayer's haematoxylin in all cases. The amount of cells immunoreactive with β LH antibody was expressed as the percentage of positive cells counted in 5 fields/section in three different consecutive tissue sections taking one every four at a magnification of 40 times (about 240 pituitary cells/field) in each pituitary.

Identification and classification of gonadotrophs

At light-microscopy all pituitary cells expressing LH were identified as gonadotrophs and further classified into two subgroups: gonadotrophs with PR expression and hypertrophied gonadotrophs without PR expression.

At electron-microscopic level gonadotrophs were identified because of the peculiarities of both the Golgi complex (always close to the nucleus) and the cisternae of RER (with proteinaceous content all over the cytoplasm) (Tougaard and Tixier-Vidal, 1988; Sánchez-Criado et al., 2006a). In addition, and taking into account: i) nuclear size; ii) cytoplasmic vacuolization and presence of cisternae; iii) functional appearance of RER, Golgi complex and secretory granules; and iv) distribution and proximity to vascular vessels, gonadotrophs were classified into four subtypes (see the results section). Gonadotrophs were distinguished from other types of basophilic cells in the pituitary because both of the size and the location of their secretory granules (Gartner and Hiatt, 2001).

Morphometric study

The size of gonadotrophs (μm^2 in area) was evaluated in digitalized images of immunostained tissue sections by using the VISILOG 5 program as described previously (Blanco et al., 2001; Sánchez-Criado et al., 2006a). Twenty digitalized fields per hemipituitary were evaluated. Each field was digitalized at 40x magnification. The four types of gonadotrophs identified at electron-microscopic level described in the results section were counted and expressed as a percentage relative to the total number of gonadotrophs.

Statistics

Statistical analysis was performed by ANOVA to test the existence of significant differences among groups. When significant differences existed, it was followed by the Student-Newman-Keuls multiple range test for intergroup comparison. Significance was considered at the 0.05 level.

Results

Colocalization of PR and β LH subunit in rat pituitary cells

Immunoreactive products to PR and β LH antibodies were observed in the nucleus and cytoplasm of anterior pituitary cells, respectively. In pituitaries from cycling rats in pro-oestrus, all nuclear PR-positive cells expressed cytoplasmic β LH (Fig. 1A,B). In pituitaries from OVX rats injected with oil, large, rounded cells with eccentric nuclei (gonadectomy cells) were the only type of cells expressing β LH, while PR expression was absent in these as well as any other type of anterior pituitary cells (Fig. 1C,D). In pituitaries from ER ligands treated animals there were β LH-positive cells with and

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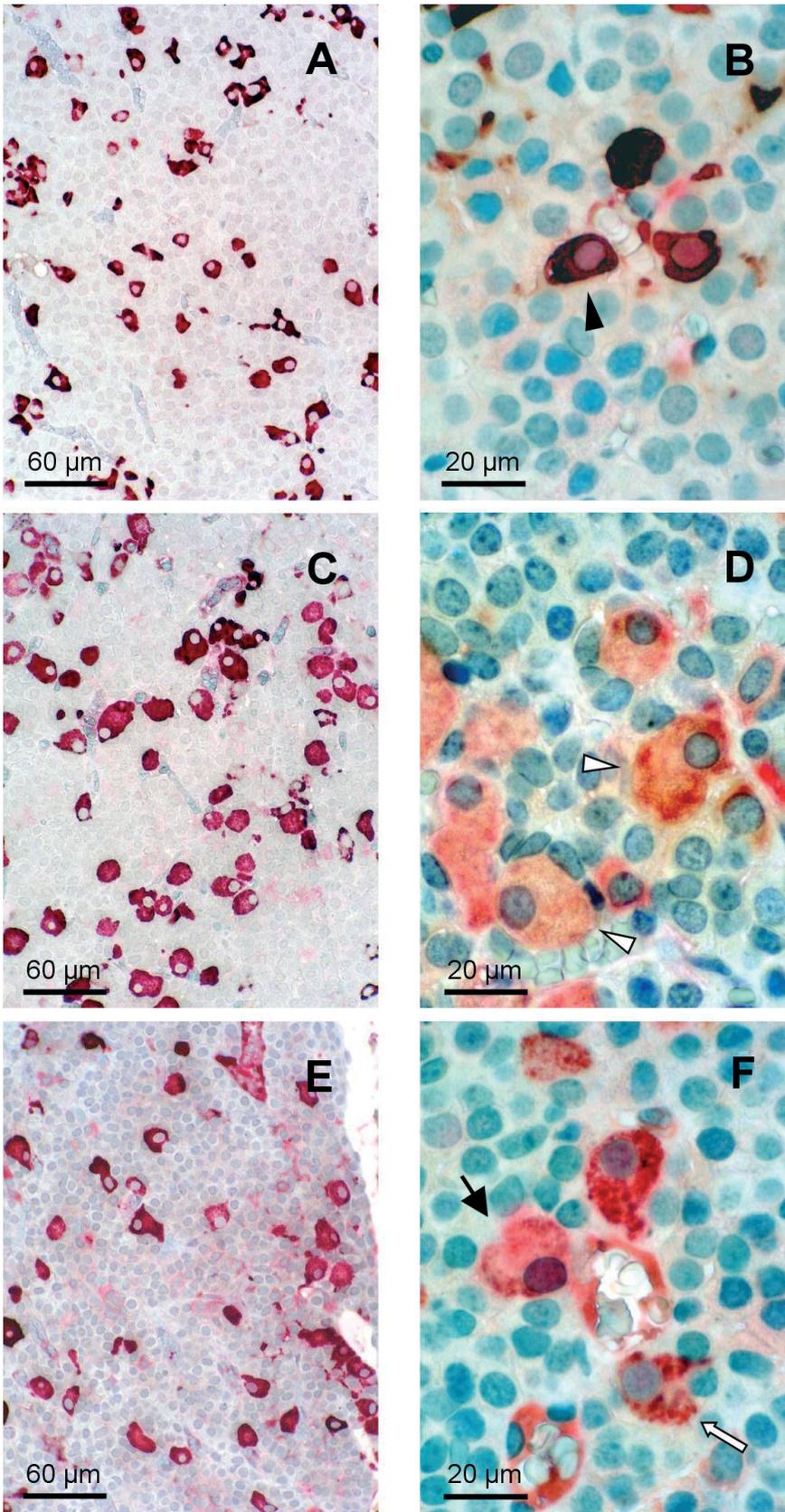


Fig. 1. Micrographs of pituitaries from cycling rats in pro-oestrus (**A, B**), and from two-week ovariectomized (OVX) rats injected over six days (15-20 after OVX) with 0.2 ml oil (**C, D**) or 3 mg of tamoxifen (TX) (**E, F**) showing the immunohistochemical co-localization of β LH and PR. Immunoreactive products to β LH antibody were found in the cytoplasm of cells as a deep brown (**A, B**) to light (**C, D**) or medium brown (**E, F**) reaction, while immunoreactive products to PR antibody were found in the nuclei as a red reaction. The brown cytoplasmic reaction was more or less masked by the unspecific background staining due to the chromogen fast red, also observed as a red staining of serum (**F**). In pituitaries from cycling rats in pro-oestrus (**A, B**), both β LH (red-brownish cytoplasm) and PR (red nucleus) were always expressed in the same cells (black arrowhead). In pituitaries from two-week OVX rats injected with oil (**C, D**), β LH was observed in the cytoplasm of large, rounded cells with eccentric nuclei (gonadectomy cells) (open arrowheads), while PR was not observed in any type of anterior pituitary cell. In pituitaries from two-week OVX rats injected with TX (**E, F**) there were β LH-positive cells of different sizes with (black arrow) and without (open arrow) PR expression. PAP and SABAP immunohistochemical techniques.

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without PR expression, although in different proportions: the largest gonadectomy cells lacked PR expression while the smallest did express PR (Fig. 1E,F).

Effects of ER ligands treatment on gonadotrope size and PR expression in OVX rats

Gonadotrophs (βLH positive cells) accounted for about 9% of all pituitary cells. This percentage of LH-secreting cells was not affected by any ER ligand

treatment. However, ER ligand treatments induced changes in the percentage and size of gonadotrophs with and without PR expression (Fig. 2). Thus, pituitaries from OVX rats injected with oil (negative control group) had hypertrophied gonadotrophs without PR expression exclusively, while those of OVX rats treated with ER ligands exhibited both hypertrophied gonadotrophs without PR expression and gonadotrophs variably shrunk with PR expression (Fig. 2). EB injections to OVX rats (positive control groups) halved the numbers of gonadotrophs lacking PR expression and reduced their size in favor of shrunk gonadotrophs expressing PR (Fig. 2, 3). This oestrogenic effect of the cognate ligand was also exhibited by the pituitaries from OVX rats treated with TX alone (Fig. 2). The additional treatment of TX-injected rats with EB or DPN, but not with PPT reduced both TX-induced gonadotroph shrinkage and TX-elicited PR expression (Fig. 2). The relationship between size and PR expression in gonadotrophs is

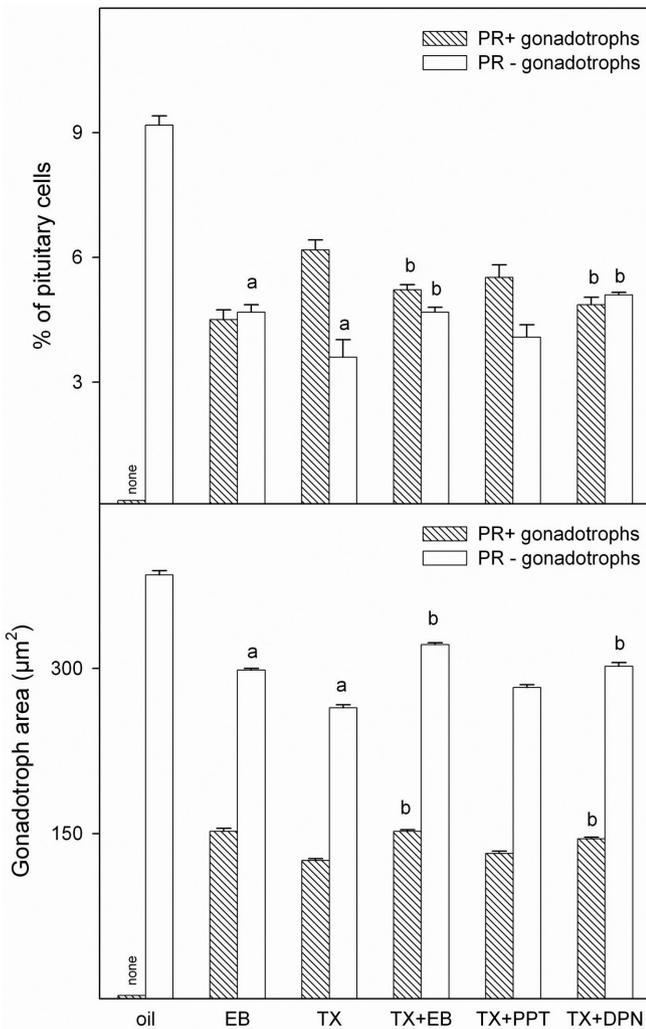


Fig. 2. Percentage of pituitary cells (upper panel) and gonadotroph area (lower panel) expressing (+) or not expressing (-) progesterone receptor (PR) from two-week ovariectomized (OVX) rats on day 21 after OVX. Rats were injected over six days (15-20 after OVX) with: 0.2 ml oil (negative control group); 10 μg of oestradiol benzoate (EB) (positive control group); and 3 mg of tamoxifen (TX) alone, or TX-injected (days 15-20) OVX rats given 10 μg EB (TX+EB); 1 mg PPT (TX+PPT); and 1 mg DPN (TX+DPN) on days 18-20. a: P<0.05 vs. oil; b: P<0.05 vs. TX. ANOVA followed by the Student-Newman-Keuls multiple range test. Values are means ± SEM.

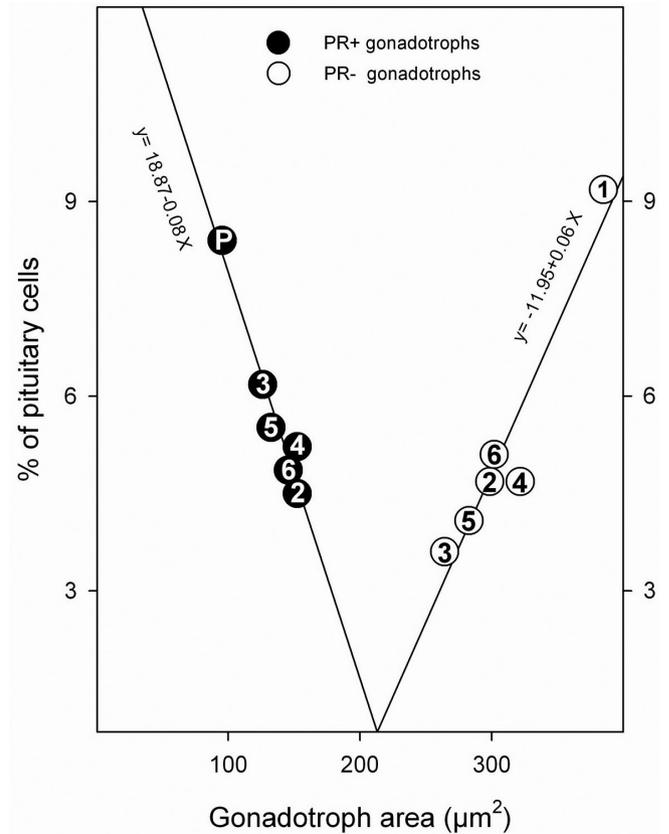


Fig. 3. Relationship between gonadotroph size and percentage of pituitary cells expressing (+) or not expressing (-) progesterone receptor (PR). 1: OVX+oil; 2: OVX+EB; 3: OVX+TX; 4: OVX+TX+EB; 5: OVX+TX+PPT; 6: OVX+TX+DPN; P: percentage and size of gonadotrophs from 4 intact cyclic rats in pro-oestrus. See legend of figure 2 for details of treatments. Values are the mean of those represented in figure 3. Note that the critical size for the acquisition of the ability to express PR is about 200 μm².

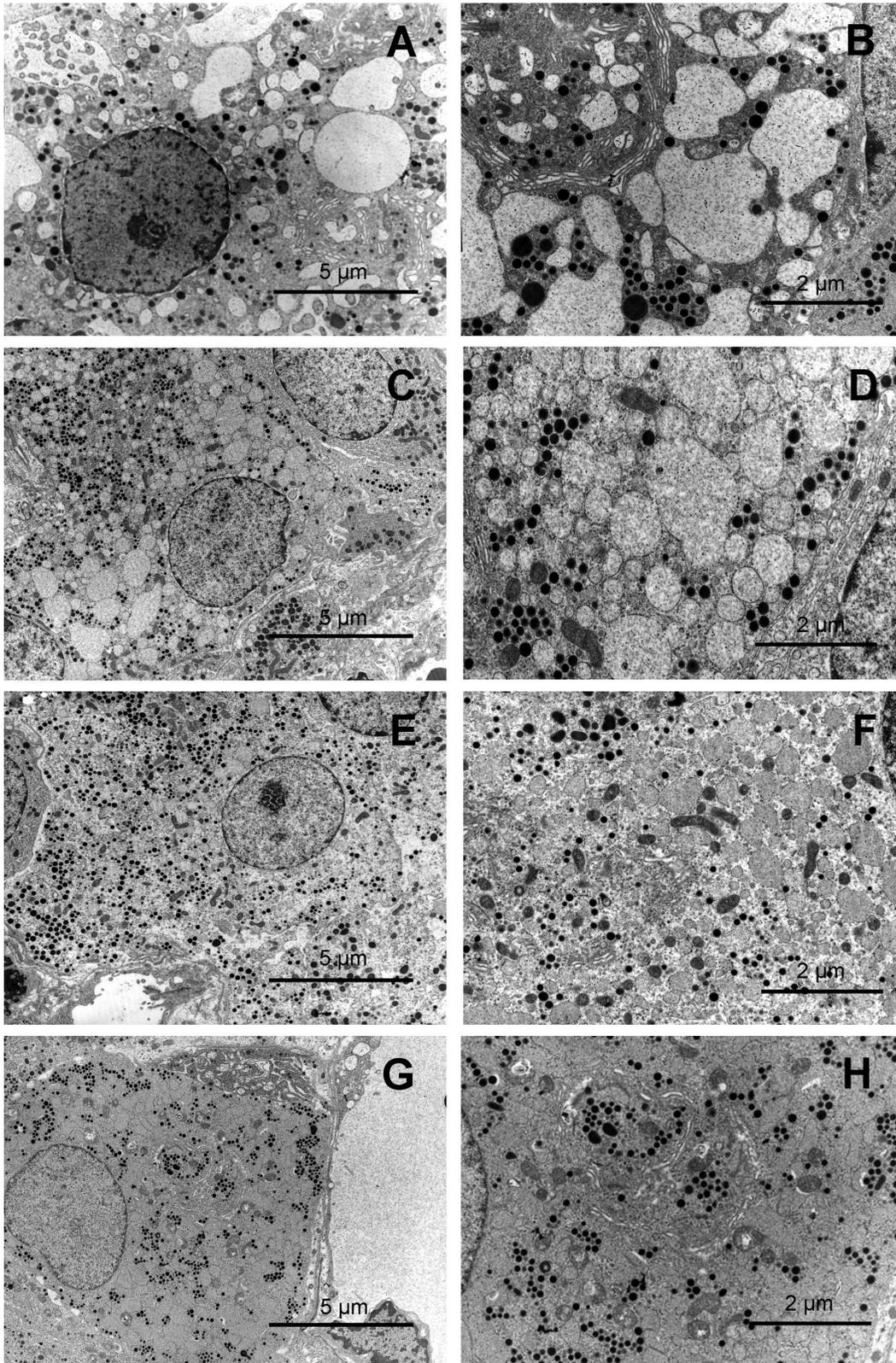


Fig. 4. Representative examples of gonadotroph subtypes 1 (**A, B**), 2 (**C, D**), 3 (**E, F**) and 4 (**G, H**) on day 21 after ovariectomy (OVX) in rats injected daily from day 15 to day 20 after OVX with: 0.2 ml oil (**A, B**); 10 µg oestradiol benzoate (EB) (**C, D**); 3 mg tamoxifen (TX) (**G, H**); and with both TX and the ER, selective agonist DPN given during three days (18-20 after OVX) (**E, F**). **A.** Several vacuoles of different sizes occupy the cell cytoplasm. The nucleus is large, with condensed chromatin and vacuolization of the nuclear envelope. **B.** The dilated RER cisternae from large, empty vacuoles. **C.** Abundant pleomorphic RER cisternae with scant proteinaceous content are seen. The nucleus appears normal. **D.** In addition to abundant and pleomorphic RER cisternae with scant content, a small Golgi complex with normal saccules is noted. Numerous cisternae with homogeneous content are seen. **E.** Numerous RER cisternae with homogeneous content are found. The nucleus appears normal and secretion granules are abundant. **F.** Large, widely separated RER cisternae with dense content. A small Golgi complex with dilated saccules can be seen. **G.** Gonadotroph subtype 4 close to a blood capillary vessel. The RER is well developed, with tightly packed, small cisternae with dilated lumen and proteinaceous content. The Golgi complex is large, and numerous secretion granules are distributed in clusters throughout the cell cytoplasm as well as marginalized close to a capillary vessel. **H.** Magnification of the Golgi complex and RER from G.

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shown in Fig. 3. Corresponding data of gonadotrophs from intact pro-oestrous rats have been included for comparison purposes. In the present experiments, gonadotrophs measuring less than $200 \mu\text{m}^2$ always expressed PR, while those measuring more than $200 \mu\text{m}^2$ did not (Fig. 3).

Ultrastructural features of gonadotrophs in OVX rats treated with different ER ligands

Ultrastructurally, four different subtypes of gonadotrophs were distinguished in OVX rats. Gonadotrophs subtype 1 were isolated cells with low RER and Golgi complex activity (Fig. 4A,B). Thus, empty RER cisternae were dilated and fused, giving rise to vacuoles of different sizes occupying the cell cytoplasm, while Golgi complex membranes were either absent or scarce. The nucleus was enlarged with condensation of chromatin and dilatation of the perinuclear space. Isolated secretory granules had signs of degeneration. Gonadotrophs subtype 2 (Fig. 4C,D) were isolated cells and had an extensive cytoplasmic network of irregular, pleomorphic RER cisternae with scant uniform content. The Golgi complex was small and had normal-appearing flattened saccules, while the nucleus, although enlarged, lacked chromatin condensation and was smaller than that of gonadotrophs subtype 1. Secretory granules had a normal appearance but an abnormal distribution. Gonadotrophs subtype 3 (Fig. 4E,F) were found both as isolated cells and forming small groups of cells. Gonadotrophs subtype 3 had large, widely separated RER cisternae with electron-dense content, small, normal-appearing Golgi complex, normal nuclei and secretory granules with a normal appearance, but still with irregular distribution. Gonadotrophs subtype 4 (Fig. 4G,H) were found in groups of four to five small cells close to blood capillaries (Fig. 4G). Their cytoplasm was almost completely occupied by a dense network of small, uniform cisternae with dense proteinaceous content. The Golgi complex was composed of several units normally distributed around the nucleus, and secretion vesicles in various stages of condensation and maturation were abundant. The nucleus had normal size and appearance and electron-dense secretory granules were clustered and marginalized between RER cisternae. These gonadotroph subtypes represent various ultrastructural steps of the effect of ER activation, ranging from complete absence (subtype 1) to fully activated ER (subtype 4).

OVX rats injected with oil (negative control group) had a similar proportion of gonadotrophs subtypes 1 and 2 exclusively, while OVX rats treated with ER ligands presented varying proportions of gonadotrophs subtypes 2, 3 and 4 (Fig. 5). TX-injected OVX rats, but not EB-injected OVX rats (positive control group) presented a significant decrease in the percentage of gonadotroph subtype 2 (38 ± 4 vs. 52 ± 3) in favor of subtype 4 (48 ± 3

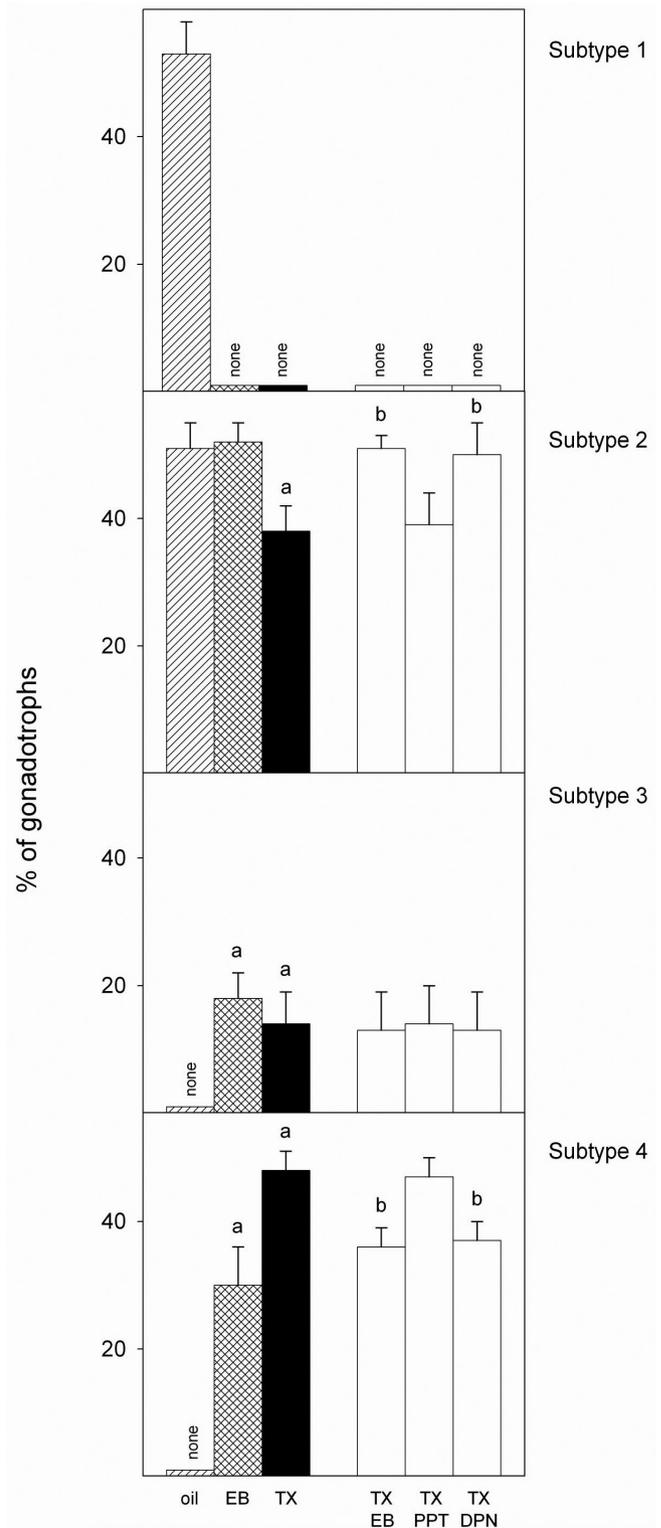


Fig. 5. Percentages of each gonadotroph subtype found in the pituitaries from two-week ovariectomized rats treated with oil, EB, TX, TX+EB, TX+PPT and TX+DPN. The total number of gonadotrophs analysed was about 50/group. See legend of figures 2 and 4 for details of treatments and gonadotroph subtype classification, respectively. a: $P < 0.05$ vs. oil; b: $P < 0.05$ vs. TX. ANOVA followed by the Student-Newman-Keuls multiple range test. Values are means \pm SEM.

vs. 30 ± 6) with respect to the negative and the positive control groups, respectively. Finally, the effect of the different ER ligands used on TX-injected OVX rats differed. While PPT had no effect, both dosages of EB and DPN blunted the effects of the six-day TX treatment on gonadotrophs subtypes 2 and 4, but had no effect on the percentage of gonadotroph subtype 3, which appears to represent a transitional stage from subtype 2 to subtype 4 (Fig. 5).

Discussion

Accumulated evidence from recent physiological experiments indicate that TX acts, in the absence of E_2 , as a nuclear ER α agonist in the gonadotroph of the rat (Sánchez-Criado et al., 2002, 2004, 2005a,b, 2006a,b). These findings agree with those observed in transfected cells expressing ER α alone, in which TX always behaves as an oestrogen agonist (Hall and McDonnell, 1999). This *in vitro* evidence have been further corroborated in *in vivo* system conditions (Garrido-Gracia et al., 2007). Therefore, it seems convincing that the agonist actions of TX in the rat gonadotroph are exerted mainly at the nuclear ER α level. The results of the present study indicate that nuclear ER β , but not extranuclear ER α , modulates the morphological action of the predominant nuclear ER α on the gonadotrophs of long-term OVX rats. Thus, activation of nuclear ER α with the SERM TX reversed the effects of OVX-induced E_2 withdrawal on gonadotroph size and morphology and induced PR expression. Simultaneous activation of nuclear ER, with either its selective agonist DPN, or the cognate ligand EB, blunted the morphological effects putatively elicited by activation of nuclear ER α with TX. On the contrary, the selective ER α agonist PPT failed to affect TX agonistic actions on gonadotrophs.

The percentage of gonadotrophs identified in the present study was similar to those found in previous studies of the rat pituitary (Childs et al., 1982; Childs, 1986; Fellmann et al., 1982; Cornea et al., 1998; Sánchez-Criado et al., 2005a, 2006a), and was not affected by any ER ligand treatment. It is known that two weeks after OVX, the hypertrophied gonadotrophs or gonadectomy cells still express immunoreactive oestrous cycle-related nuclear ER α , constitutive nuclear ER β isoforms (Sánchez-Criado et al., 2005a) and functional plasma membrane ER α (Sánchez-Criado et al., 2005b). Activation of all these ERs with the physiological dosage (Schuiling et al., 1984, 1987) of EB over six days reduced the effects of OVX on gonadotroph size, PR expression and RER, Golgi complex and secretory granules features.

As the cognate ligand EB, TX reduced the morphological effects of OVX-induced E_2 withdrawal by inducing shrinkage, reorganization of membrane-enclosed intracellular organelles and expression of PR in gonadectomy cells. However, these effects of TX were of higher magnitude than those exerted by EB. The SERM TX is a type I oestrogen receptor agonist/

antagonist (Smith and O'Malley, 2004) which, at the rat pituitary level, exhibits high affinity for nuclear ER α (Sánchez-Criado et al., 2005b; Alonso et al., 2006; Garrido-Gracia et al., 2007). Thus, in the absence of E_2 , TX induces ER α expression in the gonadotroph (Sánchez-Criado et al., 2005a), and ER α effects similar to those elicited by the selective agonist PPT: negative feedback on LH secretion, PR expression and PR-dependent (Chappell et al., 1999) LHRH self-priming (Sánchez-Criado et al., 2002, 2004, 2006a; Bellido et al., 2003). Moreover, the effects of TX on LH secretion in OVX rats are blocked by the selective ER α antagonist methyl-piperidino-pyrazole (Garrido-Gracia et al., 2007).

The simultaneous administration of TX and the selective ER β agonist DPN had morphological effects somehow similar to those of EB alone, which suggests an inhibitory action of ER β upon nuclear ER α . The effects of DPN alone on long-term OVX rats only mimic those of ER α activation (Sánchez-Criado et al., 2006a): shrinkage of hypertrophied gonadotrophs, an increase of gonadotrophs expressing PR and an increase in PR protein. On the contrary, DPN administered to TX-treated OVX rats reduced TX-induced shrinkage, reorganization of membrane-enclosed intracellular organelles, and PR expression in gonadectomy cells. Similarly, administration of EB alone induces full physiological (Sánchez-Criado et al., 2004) and morphological (present results) oestrogenic effects in gonadectomy cells. However, EB had antagonist-like actions when administered to TX-treated OVX rats. One explanation is that TX, at the pharmacological dosage used, saturates mainly nuclear ER α (Sánchez-Criado et al., 2005a, 2005b, 2006a, 2006b; Garrido-Gracia et al., 2007). In this way, the binding of E_2 to gonadotrope ERs in TX-treated rats would be restricted to both nuclear ER β , whose action would be inhibitory of ER α activation (Sánchez-Criado et al., 2005b, Alonso et al., 2006), and surface ER α , which would have no effect on gonadotroph morphology and PR expression (present results). ER β appears to antagonize the stimulatory actions of ER α in many other contexts (Paech et al., 1997; Hall and McDonnell, 1999; McDonnell et al., 2002; Weihua et al., 2003; Koehler et al., 2005) including the mammary gland, (Paruthiyil et al., 2004; Helguero et al., 2005), bone (Lindberg et al., 2003), uterus (Weihua et al., 2000; Frasier et al., 2003) and hair follicles (Ohnemus et al., 2005) in mice.

The inhibitory action of ER β on nuclear ER α actions is of relevance regarding the biology of PR in the gonadotroph, because expression of ER α -dependent PR in the rat gonadotroph is critical for the physiological preovulatory LH release (Brown and Naftolin, 1972; Attardi, 1984; Turgeon and Waring, 1990; Levine, 1997; Cenni and Picard, 1999). In OVX rats, both shrinkage of hypertrophied gonadotrophs and reorganization of membrane-enclosed intracellular organelles, where assembly and posttranslational modifications of LH chains take place, precede the acquisition of the

gonadotroph ability to express PR (Sánchez-Criado et al., 2006a). Results showed an inverse relationship between gonadotroph size and expression of nuclear PR not related to the ligand treatment employed. Thus, gonadotrophs smaller than 150 μm^2 in area (subtypes III and IV) always expressed PR, while those greater than 250 μm^2 (subtypes I and II) did not. In this manner, a cut-off of about 200 μm^2 in area, when cytoplasmic vesiculation begins to appear in the gonadotroph after OVX (transition from subtype III to subtype II), seemed to be the size threshold to lose the ability to express PR and, consequently, full responsiveness to LHRH (Sánchez-Criado et al., 2005a), the PR-dependent component of the LH surge (Chappell et al., 1999).

The selective ER α agonist PPT had no effect on gonadotroph morphology when administered to TX-treated rats, which suggests that extranuclear ER α does not modify the effects of nuclear ER α activation with TX in gonadectomy cells. Because of the high selectivity of PPT for the ER α isoform and its actions (Stauffer et al., 2000; Sánchez-Criado et al., 2004, 2006a), the results may, in addition, demonstrate a competition between PPT and TX for the same ER pool. Since PPT had no effect on TX agonistic action, the results are also indicative that the inhibitory effects of EB on TX agonistic action were not ER α -mediated; a fact also evidenced in DPN injected rats. Since TX has very low affinity for membrane ER α in the gonadotroph (Sánchez-Criado et al., 2005b) and PPT is able to activate membrane ER α in long-term OVX rats (Sánchez-Criado et al., 2004), the lack of effect of PPT on gonadotroph morphology in TX-treated rats indicates that surface ER α was not involved in the E₂ reversion of OVX-induced morphological changes. The TX-elicited LHRH self-priming through nuclear ER α (Sánchez-Criado et al., 2002) is blocked by activation of membrane ER α , either with EB, PPT or E2-BSA through membrane-initiated signaling (Sánchez-Criado et al., 2005b). Hence, though activation of surface ER α in the gonadotroph is not involved in the reversal effects of E₂ on the OVX gonadotroph morphology, they play a relevant modulatory role in the PR-dependent LH secretion (Sánchez-Criado et al., 2006b; Garrido-Gracia et al., 2007).

In conclusion, the reorganization of membrane-enclosed intracellular organelles and the shrinkage that precedes the expression of PR induced by E₂ in gonadectomy cells of the OVX rat were due to activation of both nuclear ER isoforms, while membrane ER α had no effect. Thus, activation of nuclear ER α would be a determinant for the reversal effects of E₂ on gonadotroph morphology and PR expression, and the simultaneous activation of ER β would modulate the action of nuclear ER α in an inhibitory fashion.

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