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— Sport4C —

ERASMUS-SPORT-2021-SNCESE

Sport4Cancer
D3.2. Sport event

activities guide

Sport4Cancer - Project: 101050018— ERASMUS-SPORT-2021-SNCESE

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Activity 1: Opening Ceremony

Date: 21 April 2023 (21:00 hours)

Type: Ceremony

Description: The Opening Ceremony of the Sport4Cancer - Mar Menor Games will take place on Friday 21st April at the Auditorio Parque Almansa in San Javier. This event will include a welcome speech, parade of participants, flag raising and different artistic performances that will present to the attendees the culture of our country.

Where is it? Auditorio Parque Almansa (San Javier)

Link: https://www.sport4cancermmg.com/en/activities/en-ceremonia-de-inauguraci%C3%B3n-2023





Activity 2: Charity Run and Walk 5k and 10k

Date: 22 April 2023

Type: Popular competition

Description: The Sport4Cancer 2023 Solidarity Run and Walk is a totally charitable event in which all the benefits will go entirely to the Spanish Association Against Cancer.

All participants will receive a commemorative t-shirt and a finisher medal of the Sport4Cancer - Mar Menor Games, as a thank you for collaborating in this good cause.

Where is it? Explanada Barnuevo (San Javier)

Link: https://www.sport4cancermmg.com/en/activities/en-carrera-y-marcha-solidaria-sport4cancer-5k-y-10k





Activity 3: Kayak Activities

Date: 21 April 2023

Type: Participatory activity

Description: All those attending the Sport4Cancer - Mar Menor Games will be able to paddle a kayak for free. In addition, there will be a sea crossing for the most experienced athletes.

Where is it? Playa de Santiago de la Ribera (San Javier)

Link: https://www.sport4cancermmg.com/en/activities/en-actividades-de-kayak-gratis





Activity 4: Diving Activities

Date: 23 April 2023

Type: Participatory activity

Description: The Federation of Underwater Activities of the Region of Murcia will organise free diving baptisms in the Sport4Cancer - Mar Menor Games. Attendees will learn to dive, accompanied by an instructor, with an aqualung attached.

Where is it? Club Náutico Santiago de la Ribera (San Javier)

Link: https://www.sport4cancermmg.com/en/activities/en-bautismo-de-buceo-gratis





Activity 5: Go-Karts Mar Menor Activities

Date: 22 and 23 April 2023

Type: Participatory activity and Popular competition

Description: Go-Karts Mar Menor will hold a popular karting competition in the Sport4Cancer - Mar Menor Games. It will also organise karting initiation activities for children.

Where is it?

Introduction to Karting: Plaza del Espejo (Los Alcázares)

Karting competition: Circuito Go-Karts Mar Menor (San Javier)

Link: https://www.sport4cancermmg.com/en/activities/en-actividades-y-competici%C3%B3n-de-karting-2023





Activity 6: Triathlon Championship

Date: 23 April 2023

Type: Federated competition

Description: The 2023 Marina de las Salinas Regional Sprint Triathlon Championship will be held at the Sport4Cancer - Mar Menor Games. The competition will be organised by the Triathlon Federation of the Region of Murcia, in collaboration with the 30740 San Pedro del Pinatar Sports Club. Part of the proceeds will go to the Aladina Foundation.

Where is it? Dársena Marina de las Salinas (San Pedro del Pinatar)

Link: https://www.sport4cancermmg.com/en/activities/en-campeonato-regional-de-triatl%C3%B3n-sprint-marina-de-las-salinas-2023





Activity 7: e-Sport4Cancer Competition

Date: 23 April 2023

Type: Popular competition

Description: The e-Sport4Cancer 2023 Tournament! A FIFA tournament on PS4 with a recreational and charitable character organised by Sport4Cancer - Mar Menor Games. Up to 64 players can participate. The grand final will be streamed and casted through Twitch. Part of the proceeds will go to the Never Surrender Association.

Where is it? Online - The finals will be streamed on Sport4Cancer's Twitch channel.

Link: https://www.sport4cancermmg.com/en/activities/en-torneo-e-sport4cancer-2023

Activity 8: Beach Hockey Championship

Date: 22 and 23 April 2023

Type: Participatory activity - Exhibition - Federated competition

Description: The Hockey Federation of the Region of Murcia will organise in the Sport4Cancer - Mar Menor Games exhibitions and participatory activities of beach hockey and the I Regional Beach Hockey Championship.

Where is it? Playa de las Palmeras (Los Alcázares)

Link: https://www.sport4cancermmg.com/en/activities/en-campeonato-regional-de-hockey-playa-2023m





Activity 9: Golf Activities

Date: 21-22-23 April 2023

Type: Participatory activity - Federated competition

Description: The Golf Federation of the Region of Murcia will organize in Sport4Cancer - Mar Menor Games golf initiation activities, in which attendees can practice different types of strokes, learn basic fundamentals of the movement and learn to hold the grip of the club correctly. In addition, a test of the Superliga Region of Murcia will be played.

Where is it?

21 April Activities: Paseo de Colón (San Javier)

22 April Activities: Explanada de Lo Pagán (San Pedro del Pinatar)

22 April Competition: La Serena golf (Los Alcázares)

23 April Activities: Playa de las Palmeras (Los Alcázares)

Link: https://www.sport4cancermmg.com/en/activities/en-actividades-de-iniciaci%C3%B3n-al-golf-gratis





Activity 10: Duathlon Regional Final

Date: 22 April 2023

Type: Competition

Description: The 2023 School Age Duathlon Regional Final will be held at the Sport4Cancer - Mar Menor Games. The competition will be organised by the Directorate General of Sports of the Region of Murcia, in collaboration with the Triathlon Federation of the Region of Murcia.

Where is it? Campo la Torre (Los Alcázares)

Link: https://www.sport4cancermmg.com/en/activities/en-final-regional-deduatl%C3%B3n-en-edad-escolar-2023





Activity 11: Olympic Wrestling Championship

Date: 21 of April 2023

Type: University competition

Description: The Spanish University Olympic Wrestling Championships 2023 will be held at the Sport4Cancer - Mar Menor Games. The competition will see the best athletes from Spanish universities compete in the different weight categories of women's wrestling, Olympic wrestling and Greco-Roman wrestling.

Where is it? Pabellón 13 de Octubre (Los Alcázares)

Link: https://www.sport4cancermmg.com/en/activities/en-campeonato-de-espa%C3%B1a-universitario-de-luchas-ol%C3%ADmpicas-2023





Activity 12: Kickboxing & Muay Thai

Date: 23 April 2023

Type: Participatory activity - Exhibition

Description: The Kickboxing Federation of the Region of Murcia will perform in the Sport4Cancer - Mar Menor Games a demonstration of techniques, tactics and combats within this sport modality, with the participation of the regional champions.

Where is it? Explanada Barnuevo (San Javier)

Link: https://www.sport4cancermmg.com/en/activities/en-actividades-de-kickboxing-y-muay-thai-gratis





Activity 13: Flag Race

Date: 22 April 2023

Type: Federated competition

Description: The Lifeguard Federation of the Region of Murcia will organise in the Sport4Cancer - Mar Menor Games a flag race, in which the lifeguards will have to get up from the ground as quickly as possible to get a flag. The lifeguard who does not get a flag will be eliminated.

Where is it? Playa La Puntica (San Pedro del Pinatar)

Link: https://www.sport4cancermmg.com/en/activities/en-carrera-de-banderas-2023





Activity 14: Mar Menor Tourist Train

Date: 22 and 23 April 2023

Type: Transport

Description: All attendees will be able to travel free of charge on our tourist trains to reach the sports areas of the different venues of the event.

Route 1 connects San Pedro del Pinatar and San Javier, while Route 2 connects San Javier and Los Alcázares.

Where is it? Route 1 connects San Pedro del Pinatar and San Javier, while Route 2 connects San Javier and Los Alcázares.

Link: https://www.sport4cancermmg.com/en/activities/en-tren-tur%C3%ADstico-mar-menor-gratis





Activity 15: Taekwondo Exhibition

Date: 22 and 23 April 2023

Type: Participatory activity - Exhibition

Description: The Taekwondo Federation of the Region of Murcia will organise at the Sport4Cancer - Mar Menor Games a demonstration of Olympic fighting with electronic bibs, a Hapkido exhibition, and a Taekwondo exhibition by the Vera Pinatar Club.

Where is it? Playa de las Palmeras (Los Alcázares)

Link: https://www.sport4cancermmg.com/en/activities/en-campeonato-regional-de-hockey-playa-2023m





Activity 16: Beach Rugby Activities

Date: 21, 22 and 23 April 2023

Type: Participatory activity

Description: The Squalos Mar Menor Rugby Club will organise in the Mar Sport4Cancer - Mar Menor Games introductory activities to beach rugby. Participants will learn basic concepts such as passing, positioning or contact, and values such as companionship and team play.

Where is it?

21 April 2023:Playa de Barnuevo (San Javier)

22 April 2023: Playa La Puntica (San Pedro del Pinatar)

23 April 2023: Playa de Los Alcázares (Los Alcázares)

Link: https://www.sport4cancermmg.com/en/activities/en-actividades-de-rugby-playa-gratis





Activity 17: Falconery Show

Date: 21 April 2023

Type: Exhibition

Description: In the Sport4Cancer - Mar Menor Games there will be a falconry exhibition, which will include a presentation of birds of prey and a flying exhibition.

Where is it? Explanada Barnuevo (San Javier)

Link: https://www.sport4cancermmg.com/en/activities/en-exhibici%C3%B3n-de-cetrer%C3%ADa-qratis





Activity 18: Judo & DDAA Activities

Date: 22 and 23 April 2023

Type: Participatory activity - Exhibition - Federated competition

Description: The Judo Federation will organise in the Sport4Cancer - Mar Menor Games a Judo Competition for the categories Benjamin and Alevín. There will also be participative demonstrations of Martial Arts (Associated Disciplines): Aikido, Jiu-jitsu, Kendo, Laido, Wu shu and Self-defence. There will also be a festival of Prebenjamines.

Where is it?

Prebenjamines Festival: Explanada de Lo Pagán (San Pedro del Pinatar)

Competition: Explanada de Lo Pagán (San Pedro del Pinatar)

Exhibitions: Pabellón Príncipe de Asturias (San Pedro del Pinatar)

Link: https://www.sport4cancermmg.com/en/activities/en-actividades-de-judo-y-deportes-asociados-gratis





Activity 19: First Aid Workshop

Date: 22 April 2023

Type: Free Workshop

Description: The Lifeguard Federation of the Region of Murcia will organise a first aid workshop at the Sport4Cancer - Mar Menor Games to learn how to perform cardiopulmonary resuscitation (CPR) and how to use the semiautomatic external defibrillator.

Where is it? Playa La Puntica (San Pedro del Pinatar)

Link: https://www.sport4cancermmg.com/en/activities/en-taller-de-primeros-auxilios-gratis





Activity 20: Trampoline Show

Date: 22 April 2023

Type: Participatory activity - Exhibition

Description: The Gymnastics Federation of the region of Murcia will perform in the Sport4Cancer - Mar Menor Games a trampoline exhibition, a sport that consists of performing a series of gymnastic exercises executed on various elastic apparatus and where acrobatics is the main protagonist. In addition, attendees will be able to experience the trampoline.

Where is it? Club Náutico Santiago de la Ribera (San Javier)

Link: https://www.sport4cancermmg.com/en/activities/en-exhibici%C3%B3n-de-trampol%C3%ADn-gratis





Activity 21: Hanminjok HKD Activities

Date: 21, 22 and 23 April 2023

Type: Participatory activity - Exhibition - Seminar

Description: The Olympic Wrestling Federation of the Region of Murcia will celebrate in the Sport4Cancer - Mar Menor Games the 8th Open Hanminjok Spain. In addition, there will be an international exhibition of self-defence (HoSinSul), forms (Hyung) and weapons handling (Mugui), with the participation of Master Lee, Master Nho, Master Kang and Master Choi.

Where is it?

Exhibition: Explanada Barnuevo (San Javier)

Competition: Pabellón 13 de Octubre (Los Alcázares)

Seminar: Pabellón 13 de Octubre (Los Alcázares)

Link: https://www.sport4cancermmg.com/en/activities/en-actividades-de-hanminjok-hkd-gratis





Activity 22: Agility Exhibition

Date: 23 April 2023

Type: Exhibition

Description: The Sport4Cancer - Mar Menor Games will host an agility exhibition, in which trained dogs will overcome a series of obstacles.

Where is it? Playa canina de Las Salinas (Los Alcázares)

Link: https://www.sport4cancermmg.com/en/activities/en-exhibici%C3%B3n-de-agility-gratis





Activity 23: Olympic Shooting Activities

Date: 22 and 23 April 2023

Type: Participatory activity

Description: The Olympic Shooting Federation of the Region of Murcia will organise Olympic Shooting activities at the Sport4Cancer - Mar Menor Games.

Where is it? Explanada Barnuevo (San Javier)

Link: https://www.sport4cancermmg.com/en/activities/en-actividades-de-tiro-ol%C3%ADmpico-gratis





Activity 24: Wheelchair Slalom & Football

Date: 22 April 2023

Type: Exhibition

Description: The Federation of Sports for People with Physical Disabilities will perform in the Sport4Cancer - Mar Menor Games an exhibition of Slalom and Football on Wheels.

Where is it? Explanada de Lo Pagán (San Pedro del Pinatar)

Link: https://www.sport4cancermmg.com/en/activities/en-slalom-y-f%C3%BAtbol-sobre-ruedas





Activity 25: Motorcycle Exhibition

Date: 22 April 2023

Type: Exhibition

Description: The Motorcycling Federation of the Region of Murcia will hold a motorcycling exhibition at the Sport4Cancer - Mar Menor Games.

Where is it? Aparcamiento La Ribera (San Javier)

Link: https://www.sport4cancermmg.com/en/activities/en-exhibici%C3%B3n-de-motociclismo-gratis





Activity 26: Fencing Activities

Date: 22 and 23 April 2023

Type: Participatory activity - Federated competition

Description: The Fencing Federation of the Region of Murcia will hold a participatory exhibition and a fencing competition at the Sport4Cancer - Mar Menor Games.

Where is it?

Participatory activity: Explanada de Lo Pagán (San Pedro del Pinatar)

Competition: Pabellón Cubo (San Pedro del Pinatar)

Link: https://www.sport4cancermmg.com/en/activities/en-actividades-de-esgrima-deportiva-gratis





Activity 27: Beach Volley Competition

Date: 23 April 2023

Type: Popular competition

Description: The Belich Beach Volleyball Club, in collaboration with the Volleyball Federation of the Region of Murcia, will organise a Popular Beach Volleyball Tournament at the Sport4Cancer - Mar Menor Games. This is a popular competition in pairs in which 16 women's teams and 16 men's teams can participate. Part of the proceeds will go to the Aladina Foundation.

Where is it? Playa de Villananitos (San Pedro del Pinatar)

Link: https://www.sport4cancermmg.com/en/activities/en-competici%C3%B3n-de-v%C3%B3ley-2023





Activity 28: Archery Competition

Date: 22 and 23 April 2023

Type: Participatory activity - Federated competition

Description: The Archery Federation of the Region of Murcia will celebrate the Amazon Archery Tournament 2023 in the Sport4Cancer - Mar Menor Games, in which athletes affected by breast cancer and DCA (Acquired Cerebral Damage) will participate. In addition to the tournament, free activities will be organised so that attendees can practice this sport.

Where is it? Playa de las Salinas (Los Alcázares)

Link: https://www.sport4cancermmg.com/en/activities/en-competici%C3%B3n-de-tiro-con-arco-2023





Activity 29: Spanish Yawara Cup

Date: 22 April 2023

Type: Federated competition - Exhibition

Description: The first edition of the Spanish Yawara Cup will be held at the Sport4Cancer - Mar Menor Games. The competition will bring together athletes from Malaga, Seville, Barcelona and Murcia. Yawara is a self-defence system. It has a competition method of katas, self-defence and total combat.

Where is it?

Exhibition: Pantalán del CAR (Los Alcázares)

Competition: La Palestra (Los Alcázares)

Link: https://www.sport4cancermmg.com/en/activities/en-copa-de-espa%C3%B1a-de-yawara-2023



Activity 30: Squash Activities

Date: 21, 22 and 23 April 2023

Type: Participatory activity - Federated competition

Description: The Squash Federation of the Region of Murcia will organise free squash activities at the Sport4Cancer - Mar Menor Games. In addition, the III Regional Squash Championship will be held.

Where is it?

Activities 21 April: Explanada Barnuevo (San Javier)

Activities 22nd April: Explanada de Lo Pagán (San Pedro del Pinatar)

Competition 22 April: Centro Deportivo San Pedro (San Pedro del Pinatar)

Activities 23 April: Playa de las Palmeras (Los Alcázares)

Link: https://www.sport4cancermmg.com/en/activities/en-actividades-de-squash-gratis





Activity 31: Blitz Chess Championship

Date: 22 April 2023

Type: Federated competition

Description: The Regional Blitz Chess Championship 2023 will be held at the Sport4Cancer - Mar Menor Games. In the competition will face the best athletes of all categories of rapid chess, an exciting modality due to the pace of play: 3 minutes of game, and 2 seconds of move per player.

Where is it? Club Náutico (Los Alcázares)

Link: https://www.sport4cancermmg.com/en/activities/en-campeonato-regional-de-ajedrez-rel%C3%A1mpago-2023



Activity 32: Air Badminton Activities

Date: 22 April 2023

Type: Participatory activity

Description: Youngsters will be able to practice Air Badminton at the Sport4Cancer - Mar Menor

Games.

Where is it? Playa del Pescador (San Javier)

Link: https://www.sport4cancermmg.com/en/activities/en-actividades-de-b%C3%A1dminton-gratis





Activity 33: Pool Activities

Date: 22 and 23 April 2023

Type: Participatory activity

Description: The Billiard Federation of the Region of Murcia will organise a three billiard activity in the Sport4Cancer - Mar Menor Games.

Where is it? Sala de Billar del CAR (Los Alcázares)

Link: https://www.sport4cancermmg.com/en/activities/en-actividades-de-billar-gratis





Activity 34: Huertan Bowling Activities

Date: 21 April 2023

Type: Participatory activity

Description: Young people will have the opportunity to play Huertan Bowling at the Sport4Cancer - Mar Menor Games.

Where is it? Explanada Barnuevo (San Javier)

Link: https://www.sport4cancermmg.com/en/activities/en-actividades-de-bolos-huertanos-gratis



Activity 35: Boxing Activities

Date: 22 and 23 April 2023

Type: Participatory activity - Exhibition

Description: The Boxing Federation of the Region of Murcia will organise technical and training activities with the participation of the national women's boxing team.

Where is it? Playa de las Palmeras (Los Alcázares)

Link: https://www.sport4cancermmg.com/en/activities/en-actividades-de-boxeo-gratis



Activity 36: Crossfit Competition

Date: 22 April 2023

Type: Popular competition

Description: The Weightlifting Federation of the Region of Murcia will hold the first edition of the Mar Menor CrossFit Games - Sport4Cancer, a competition that seeks to promote the sport and its virtues in all its facets. It will be a completely charitable event in which all registration fees will be donated to the Never Surrender Foundation.

Where is it? Playa de las Cuevas (San Javier)

Link: https://www.sport4cancermmg.com/en/activities/en-mar-menor-crossfit-games-2023





Activity 37: Artistic Swimming Exhibition

Date: 23 April 2023

Type: Exhibition

Description: The Swimming Federation of the Region of Murcia will organise an artistic swimming exhibition at the Sport4Cancer - Mar Menor Games.

Where is it? Palacio de los Deportes (Cartagena)

Link: https://www.sport4cancermmg.com/en/activities/en-exhibici%C3%B3n-de-nataci%C3%B3n-art%C3%ADstica-gratis





Activity 38: Climbing Wall Activities

Date: 21, 22 and 23 April 2023

Type: Participatory activity

Description: The Mountaineering Federation of the Region of Murcia will organise climbing activities at the Sport4Cancer - Mar Menor Games.

Where is it? Playa del Pescador (San Javier)

Link: https://www.sport4cancermmg.com/en/activities/en-actividades-de-roc%C3%B3dromo-gratis



Activity 39: Athletic Walking Exhibition

Date: 23 April 2023

Type: Exhibition

Description: The Athletics Federation of the Region of Murcia will organise a race walking exhibition at the Sport4Cancer - Mar Menor Games.

Where is it? Playa de las Palmeras (Los Alcázares)

Link: https://www.sport4cancermmg.com/en/activities/en-exhibici%C3%B3n-de-marcha-atl%C3%A9tica-gratis



Activity 40: Adapted Sailing Competition

Date: 22 and 23 April 2023

Type: Competition

Description: The Sailing Federation of the Region of Murcia will organise an adapted sailing competition at the Sport4Cancer - Mar Menor Games.

Where is it? Club Náutico de Lo Pagán (San Pedro del Pinatar)

Link: https://www.sport4cancermmg.com/en/activities/en-competici%C3%B3n-de-vela-adaptada-2023





Activity 41: Street Workout Championship

Date: 21 and 22 April 2023

Type: Exhibition - Competition

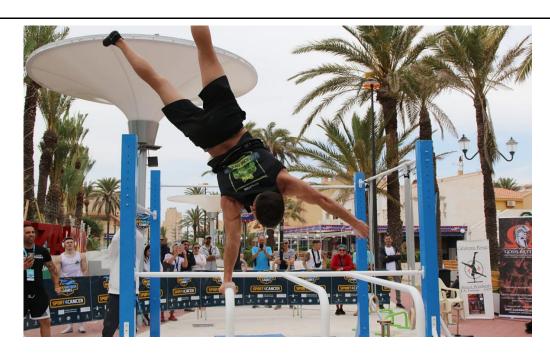
Description: The Weightlifting Federation of the Region of Murcia will celebrate in the Sport4Cancer - Mar Menor Games the Qualifying Stage for the Final of the Spanish Calisthenics and Street Workout Championship, in the modalities of Freestyle, Resistance and Power Free. There will also be a Calisthenics exhibition.

Where is it?

Exhibition: Explanada Barnuevo (San Javier)

Competition: Plaza Bohemia (La Manga, Cartagena)

Link: https://www.sport4cancermmg.com/en/activities/en-competici%C3%B3n-de-street-workout-2023



Activity 42: Cycling Gymkhana

Date: 22 and 23 April 2023

Type: Participatory activity - Exhibition

Description: The Cycling Federation of the Region of Murcia will organise a cycling gymkhana at the Sport4Cancer - Mar Menor Games. In addition, there will be a presentation of the teams.

Where is it? Explanada de Lo Pagán (San Pedro del Pinatar)

Link: https://www.sport4cancermmg.com/en/activities/en-yincana-ciclista-gratis





Activity 43: Water Polo Activities

Date: 22 April 2023

Type: Federated competition

Description: The Swimming Federation of the Region of Murcia will organise a water polo competition at the Sport4Cancer - Mar Menor Games.

Where is it? Palacio de los Deportes (Cartagena)

Link: https://www.sport4cancermmg.com/en/activities/en-actividades-de-waterpolo-gratis



Activity 44: Jugger Competition

Date: 22 April 2023

Type: Popular competition

Description: The Club Deportivo Jugger Murcia will hold the I Jugger Mar Menor Games Tournament at the Sport4Cancer - Mar Menor Games. The participating teams will compete in a group phase and then in a knockout phase.

Where is it? Recinto del Mundial 82 (Cartagena)

Link: https://www.sport4cancermmg.com/en/activities/en-campeonato-regional-de-hockey-playa-2023m





Activity 45: Dragon Boat Activities

Date: 22 and 23 April 2023

Type: Participatory activity - Federated competition

Description: The Canoe Federation of the Region of Murcia will organise a dragon boat open day for the Breast Cancer Survivor (BCS) and Any Cancer Survivor (ACS) groups to practice and learn about the benefits of this activity.

In addition, the 1st Dragon Boat Cup will be held at the Sport4Cancer - Mar Menor Games. Around 200 national paddlers will participate in the competition in the different categories, from small-dragon to veteran through BCS, ACS and adapted Paradragon.

Where is it? Centro de Actividades Náuticas (San Pedro del Pinatar)

Link: https://www.sport4cancermmg.com/en/activities/en-i-copa-de-la-liga-auton%C3%B3mica-de-barco-drag%C3%B3n





Activity 46: Domino Competition

Date: 22 April 2023

Type: Popular competition

Description: The Dominoes Federation of the Region of Murcia will hold a popular dominoes competition at the Sport4Cancer - Mar Menor Games.

Where is it? Salón Miramar (San Javier)

Link: https://www.sport4cancermmg.com/en/activities/en-competici%C3%B3n-de-domin%C3%B3-2023





Activity 47: Weightlifting Competition

Date: 22 April 2023

Type: Federated competition

Description: The Weightlifting Federation of the Region of Murcia will organise a weightlifting competition at the Sport4Cancer - Mar Menor Games.

Where is it? Club Yeku Crossfit (Cartagena)

Link: https://www.sport4cancermmg.com/en/activities/en-competici%C3%B3n-de-halterofilia-2023



Activity 48: Aesthetics Gymnastics

Date: 22 April 2023

Type: Exhibition

Description: The Federación de Gimnasia Estética de Grupo de la Región de Murcia will organise an Exhibition of Aesthetic Gymnastics in the Sport4Cancer - Mar Menor Games.

Where is it?

Pantalán del CAR (Los Alcázares)

Plaza Bohemia (La Manga, Cartagena)

Link: https://www.sport4cancermmg.com/en/activities/en-exhibici%C3%B3n-de-gimnasia-est%C3%A9tica-gratis





Activity 49: Radio Controlled Boats Show

Date: 22 April 2023

Type: Exhibition

Description: The RC Mar Menor Sailing Group will perform an exhibition with radio controlled boats at the Sport4Cancer - Mar Menor Games.

Where is it? Centro de Actividades Náuticas de Lo Pagán (San Pedro del Pinatar)

Link: https://www.sport4cancermmg.com/en/activities/en-exhibici%C3%B3n-de-barcos-de-radiocontrol





Activity 50: Inclusive Sport Activities

Date: 21, 22 and 23 April 2023

Type: Participatory activity

Description: The Sports Federation for People with Physical Disabilities of the Region of Murcia will organise numerous inclusive sport activities at the Sport4Cancer - Mar Menor Games.

Where is it?

21 and 22 April: Explanada Barnuevo (San Javier)

23 April: Explanada de Lo Pagán (San Pedro del Pinatar)

Link: https://www.sport4cancermmg.com/en/activities/en-actividades-de-deporte-inclusivo





Activity 51: Trending Topic Sport4cancer

Date: 22 and 23 April 2023

Type: Participatory activity

Description: Post a tweet about the event with the hashtag #Sport4Cancer. When we become Trending Topic, we will reveal all the surprises we have prepared for the participants.

Where is it? Twitter

Link: Sport4Cancer · Mar Menor Games - (En) Reto #Sport4Cancer 2023 (sport4cancermmg.com)



Activity 52: Classic Cars exhibition

Date: 22 and 23 April 2023

Type: Exhibition

Description: At the Sport4Cancer - Mar Menor Games there will be an exhibition of classic cars.

Where is it?

22 April 2023: Paseo de La Concha (Los Alcázares)

23 April 2023: Plaza Bohemia (La Manga, Cartagena)

Link: Sport4Cancer · Mar Menor Games - (En) Exposición de Vehículos Clásicos (Gratis) (sport4cancermmg.com)





Activity 53: Surfskate

Date: 23 April 2023

Type: Participatory activity

Description: Infinity Surf Murcia will organise activities to learn to surf from the asphalt at the Sport4Cancer - Mar Menor Games.

Where is it?

Paseo de Colón (San Javier)

Link: Sport4Cancer · Mar Menor Games - (En) Actividades de Surfskate (Gratis) (sport4cancermmg.com)





Activity 54: Ultimate Frisbee Championship

Date: 23 April 2023

Type: Exhibition

Description: The Ultimate Frisbee Association of the Region of Murcia will hold an Ultimate Frisbee exhibition tournament at the Sport4Cancer - Mar Menor Games.

Where is it? Playa de Villananitos (San Pedro del Pinatar)

Link: https://www.sport4cancermmg.com/en/activities/en-torneo-de-ultimate-frisbee-2023



Activity 55: Horse Jumping Show

Date: 22 and 23 April 2023

Type: Exhibition

Description: The Equestrian Federation of the Region of Murcia will hold equestrian exhibitions at the Sport4Cancer - Mar Menor Games.

Where is it?

Playa canina de las salinas (Los Alcázares)

Link: Sport4Cancer · Mar Menor Games - (En) Exhibición de Hípica (Gratis) (sport4cancermmg.com)





Activity 56: Fishing Competition

Date: 22 April 2023

Type: Popular competition

Description: The Fishing Federation of the Region of Murcia will organise a Corcheo Mar sport fishing competition in the Sport4Cancer - Mar Menor Games, in collaboration with Club Náutico Santa Lucia, Club pescadores deportivos Albacora, Club de pesca Santa María de Gracia and Club Corcheo Deluxe.

Where is it?

Puerto Tomás Maestre

Link: Sport4Cancer · Mar Menor Games - (En) Concurso de Pesca 2023 (sport4cancermmg.com)





Activity 57: Colombicultura Exhibition

Date: 22 April 2023

Type: Exhibition

Description: The Colombicultura Federation will organise in the Sport4Cancer - Mar Menor Games an exhibition of sport pigeons and pigeons of autochthonous breeds of the Region of Murcia.

Where is it?

Paseo de Colón (San Javier)

Link: Sport4Cancer · Mar Menor Games - (En) Exposición de Colombicultura (Gratis) (sport4cancermmg.com)



Activity 58: Multiple Sclerosis Challenge

Date: 21 April 2023

Type: Charity challenge

Description: Carlos Martínez will face the Solidarity Campaign KM for Sclerosis in the Sport4Cancer - Mar Menor Games. Carlos, a young man from Murcia who was diagnosed with multiple sclerosis in 2019, will run a complete lap around the Mar Menor with the aim of giving visibility to this disease and raise funds for its research. The start will take place during the Opening Ceremony of the Mar Menor Games - Sport4Cancer, and the finish line will be minutes before the start of the 5K and 10K Solidarity Run and Walk.

Where is it?

Start: Nuevo Auditorio Parque Almansa (San Javier)

Finish: Explanada Barnuevo (San Javier)

Link: Sport4Cancer · Mar Menor Games - (En) Reto contra la Esclerosis Múltiple 2023 (sport4cancermmg.com)



Activity 59: Handball Competition

Date:

Little Handball: 23 April 2023

Alevín Technification: 22 April 2023

Beach Handball: 22 and 23 April 2023

Type: Federated competition

Description: The Handball Federation of the Region of Murcia will organise handball competitions for juniors and fry and beach handball in the Sport4Cancer - Mar Menor Games.

Where is it?

Little Handball: Pabellón Hermanos Maristas (Cartagena)

Alevín Technification: Pabellón del CAR (Los Alcázares)

Beach Handball: Playa de las Palmeras (Los Alcázares)

Link: Sport4Cancer · Mar Menor Games - (En) Competición de Balonmano 2023 (sport4cancermmg.com)





Activity 60: Baseball Activities

Date: 21, 22 and 23 April 2023

Type: Participatory activity

Description: The Baseball and Softball Federation of the Region of Murcia will organise at the Sport4Cancer - Mar Menor Games a batting tunnel where attendees will be able to practice baseball skills.

Where is it? Playa del Pescador (San Javier)

Link: Sport4Cancer · Mar Menor Games - (En) Actividades de Béisbol (Gratis) (sport4cancermmg.com)





Activity 61: Softball Competition

Date: 22 April 2023

Type: Competition

Description: The Baseball and Softball Federation of the Region of Murcia will hold a softball competition at the Sport4Cancer - Mar Menor Games.

Where is it? Playa de las Palmeras (Los Alcázares)

Link: Sport4Cancer · Mar Menor Games - (En) Competición de Sóftbol 2023 (sport4cancermmg.com)





Activity 62: Laser Tag Activities

Date: 21, 22 and 23 April 2023

Type: Participatory activity

Description: All Sport4Cancer - Mar Menor Games attendees will play free Laser Tag, a sports game that simulates a combat between two teams.

Where is it?

21 April 2023: Playa de Barnuevo (San Javier)

22 April 2023: Playa de las Palmeras (Los Alcázares)

23 April 2023: Playa La Puntica (San Pedro del Pinatar)

Link: Sport4Cancer · Mar Menor Games - (En) Actividades de Láser Tag (Gratis) (sport4cancermmg.com)





Activity 63: Tennis Activities

Date: 22 April 2023

Type: Participatory activity

Description: The Murcia Tennis Federation will organise tennis activities for the whole family at the Sport4Cancer - Mar Menor Games.

Where is it? Paseo de Colón (San Javier)

Link: Sport4Cancer · Mar Menor Games - (En) Actividades de Tenis (Gratis) (sport4cancermmg.com)





Activity 64: Nordic Walking Race

Date: 22 April 2023

Type: Participatory activity and Popular competition

Description: Sign up now for the Sport4Cancer - Mar Menor Games Nordic Walking Race! A totally charitable race in which all the benefits will go entirely to the Spanish Association Against Cancer. All participants will receive a commemorative t-shirt and a finisher medal of the Sport4Cancer - Mar Menor Games, as a thank you for collaborating in this good cause.

Where is it?

Explanada Barnuevo (San Javier)

Link: Sport4Cancer · Mar Menor Games - (En) Carrera de Marcha Nórdica 2023 (sport4cancermmg.com)

Activity 65: Pump Track Activities

Date: 22 April 2023

Type: Participatory activity

Description: The Cycling Federation of the Region of Murcia will organise Pump Track activities at the Sport4Cancer - Mar Menor Games, a cycling sport in which participants have to ride a circuit powered only by the inertia acquired in the jumps and bankings.

Where is it? Pumptrack Santiago de la Ribera (San Javier)

Link: <u>Sport4Cancer · Mar Menor Games - (En) Actividades de Pump Track (Gratis)</u> (<u>sport4cancermmg.com</u>)





Activity 66: Spanish Indoor Football Championship

Date: 19 to 23 April 2023

Type: Federated competition

Description: The Spanish Indoor Football Championship for Autonomous Communities will be held at the Sport4Cancer - Mar Menor Games. In the competition will participate 312 athletes in the categories Infantil femenine and Infantil masculine.

Where is it?

Pabellón Príncipe Felipe (San Javier) Pabellón Auxiliar 1 PDM (San Javier)

Pabellón el Mirador (San Javier)

Pabellón Príncipe de Asturias (San Pedro del Pinatar)

Pabellón Cubo (San Pedro del Pinatar)

Pabellón Virgen del Carmen (San Pedro del Pinatar)

Link: <u>Sport4Cancer · Mar Menor Games - (En) Campeonato de España de Fútbol Sala 2023 (sport4cancermmg.com)</u>





Activity 67: Dog Obedience Competition

Date: 22 April 2023

Type: Exhibition and Competition

Description: In the Sport4Cancer - Mar Menor Games there will be a dog obedience competition and exhibition.

Where is it? Paseo de Colón (San Javier)

Link: Sport4Cancer · Mar Menor Games - (En) Competición de Obediencia Canina 2023 (sport4cancermmg.com)





Activity 68: Decathlon San Javier Sport Area

Date: 21, 22 and 23 April 2023

Type: Participatory Activity

Description: The Decathlon San Javier sports team will organise a sports area in the Sport4Cancer - Mar Menor Games where numerous activities will be carried out to raise awareness of different sporting practices through their products.

Where is it? Playa del Pescador (San Javier)

Link: <u>Sport4Cancer · Mar Menor Games - (En) Zona Deportiva de Decathlon</u> (sport4cancermmg.com)





Activity 69: Karate Activities

Date: 22 April 2023

Type: Participatory activity and Exhibition

Description: The Karate Federation of the Region of Murcia will carry out in the Sport4Cancer - Mar Menor Games an introductory training to the practice of Karate open to the participation of the attendees, with Kumite demonstration by members of the High Performance Program of the RFEK in the CAR of Murcia.

Where is it? Pantalán del CAR (Los Alcázares)

Link: Sport4Cancer · Mar Menor Games - (En) Actividades de Karate (Gratis) (sport4cancermmg.com)





Activity 70: Palaplaya Activities

Date: 22 April 2023

Type: Participatory activity and Popular competition

Description: The Association Palaplaya Mar Menor Vivo will organize a free Palaplaya Tournament in the Sport4Cancer - Mar Menor Games. Participants will be able to enjoy a day of beach and paddle with prizes for the best pairs in the different categories.

Where is it? Playa de Colón (San Javier)

Link: Sport4Cancer · Mar Menor Games - (En) Torneo libre de Palaplaya 2023 (sport4cancermmg.com)



Activity 71: Kenpo Activities

Date: 23 April 2023

Type: Participatory activity and Exhibition

Description: The Karate Federation of the Region of Murcia will carry out in the Sport4Cancer - Mar Menor Games an introductory training to the practice of Kenpo open to the participation of the attendees, with demonstration by the members of the Kenpo department of the RFEK and Jeff Speakman Kenpo 5.0.

Where is it? Pantalán del CAR (Los Alcázares)

Link: Sport4Cancer · Mar Menor Games - (En) Actividades de Kenpo (Gratis) (sport4cancermmg.com)



Activity 72: School Sport Finals

Date: 21 and 22 April 2023

Type: School competition

Description: The Directorate General of Sports of the Region of Murcia will organise in the Sport4Cancer - Mar Menor Games the finals of the School Age Sports Championships of the Region of Murcia of the academic year 2022 and 2023:

- 1. Athletics final: 21 and 22 April 2023 in Cartagena.
- 2. Final of nano nana: 21 April 2023 in Los Alcázares.
- 3. Dominoes final: 21 April 2023 in Los Alcázares.
- 4. Football final: 22 April 2023 in San Pedro del Pinatar.
- 5. Beach volleyball final: 22 April 2023 in San Pedro del Pinatar.
- 6. Mate final: 22 April 2023 in San Pedro del Pinatar.
- 7. Handball final: 22 April 2023 in San Javier.
- 8. Volleyball final: 22 April 2023 in San Javier.
- 9. Basketball final: 22 April 2023 in San Javier.
- 10. Duathlon final: 22 April 2023 in Los Alcázares.
- 11. Orienteering final: 22 April 2023 in San Javier.
- 12. Futsal final: 22 April 2023 in San Javier.
- 13. Rugby final: 22 April 2023 in San Javier.

Where is it?

San Javier, San Pedro del Pinatar, Los Alcázares and Cartagena

Link: Sport4Cancer · Mar Menor Games - (En) Finales de Deporte Escolar 2023 (sport4cancermmg.com)



Activity 73: International Congress

Date: 20 to 21 April

Type: scientist activity

Description: This congress has been co-funded by the European Union and has the support of the Seneca Foundation - Science and Technology Agency of the Region of Murcia through a grant from the Subprogram to support the Exchange of Highly Specialized Knowledge of the Region of Murcia.

Where is it? Auditorio (San Javier)

Link: Sport4Cancer · Scientific Workshop (sport4cancerworkshop.com)





Activity 74: Cartagena Bowling

Date: 22 and 23 April 2023

Type: Exhibition

Description: The Cartagena Bowling Federation of the Region of Murcia will carry out in the Sport4Cancer - Mar Menor Games an Exhibition of Cartagena Bowling, a traditional sport practiced in the region of Campo de Cartagena.

Where is it?

22 April:

Campo de la Palma (La Palma, Cartagena)

Campo del Polideportivo (San Javier)

23 April:

Campo Manuel Delgado (San Pedro del Pinatar)

Campo del Polideportivo (San Javier)

Link: Sport4Cancer · Mar Menor Games - (En) Actividades de Bolos Cartageneros (Gratis) (sport4cancermmg.com)



Activity 75: Beach Tennis Activities

Date: 21, 22 and 23 April

Type: Participatory activity

Description: The University of Murcia, in collaboration with the Union of Federations of the Region of Murcia, will organise free practice activities of Beach Tennis at the Sport4Cancer - Mar Menor Games.

Where is it? Playa del Pescador (San Javier)

Link: Sport4Cancer · Mar Menor Games - (En) Actividades de Tenis Playa (Gratis) (sport4cancermmg.com)



Activity 76: National Figure Skating Trophy

Date: 22 and 23 April 2023

Type: Federated competition

Description: The I National Figure Skating Trophy "La Flota" will be held at the Sport4Cancer - Mar Menor Games. It is a national category competition in free skating, line dance and levels.

Where is it? Polideportivo de la Manga (San Javier)

Link: Sport4Cancer · Mar Menor Games - (En) Trofeo Nacional de Patinaje Artístico "La Flota" 2023 (sport4cancermmg.com)





Activity 77: Trial Bike Show

Date: 22 April 2023

Type: Show

Description: The Club Trial Bici de Cartagena will hold an exhibition at the Sport4Cancer - Mar Menor Games with the participation of the 13 times Spanish champion Raúl Martínez.

Where is it? Explanada de lo Pagán (San Pedro del Pinatar)

Link: Sport4Cancer · Mar Menor Games - (En) Exhibición de Trial Bici (Gratis) (sport4cancermmg.com)





Activity 78: Photo Competition

Date: 21, 22 and 23 April 2023

Type: Participatory activity

Description: Are you a lover of photography and sport? Participate in the Sport4Cancer Photo Contest and you could win a 50€ Decathlon San Javier Gift Card and a commemorative Sport4Cancer medal.

Where is it? Mar Menor Game - Sport4cancer

Link: <u>Sport4Cancer · Mar Menor Games - (En) Concurso de Fotografía 2023 (sport4cancermmg.com)</u>



Winner photo

Activity 79: Beach Cleaning

Date: 23 April 2023

Type: Participatory activity

Description: In Sport4Cancer - Mar Menor Games we are committed to the environment. Therefore, after the end of the event there will be an eco-volunteering with the aim of cleaning the coasts of the towns where the event has been held.

Where is it? Playa de las Palmeras (Los Alcázares)

Link: Sport4Cancer · Mar Menor Games - (En) Limpieza de Playas 2023 (sport4cancermmg.com)



Activity 80: National Strength Tournament

Date: 22 April 2023

Type: National competition

Description: The season of the National League of Strength 2023 will start at Sport4Cancer - Mar Menor Games with the celebration of the Preliminary Tournament of the National League of Strength 2023.

Where is it? Plaza Bohemia (La Manga, Cartagena)

Link: Sport4Cancer · Mar Menor Games - (En) Torneo Nacional de Fuerza 2023 (sport4cancermmg.com)



Activity 81: Adapted Wrestling Championship

Date: 21 April 2023

Type: National Championship

Description: The Spanish Adaptive Wrestling Championships 2023 will be held at the Sport4Cancer - Mar Menor Games.

Where is it? Pabellón 13 de Octubre (Los Alcázares)

Link: Sport4Cancer · Mar Menor Games - (En) Campeonato de España de Lucha Adaptada 2023 (sport4cancermmg.com)





Activity 82: Pelota Activities

Date: 22 April 2023

Type: Participatory activity and Exhibition

Description: The Pelota Federation of the Region of Murcia will organise activities and pelota exhibitions at the Sport4Cancer - Mar Menor Games.

Where is it? Explanada de lo Pagán (San Pedro del Pinatar)

Link: Sport4Cancer · Mar Menor Games - (En) Actividades y Exhibición de Pelota (Gratis) (sport4cancermmg.com)





Activity 83: Sailing Activities

Date: 21, 22 and 23 April 2023

Type: Participatory activity

Description: The Sailing Federation of the Region of Murcia will organise sailing activities for everyone at the Sport4Cancer - Mar Menor Games.

Where is it?

21 April 2023: Real Club de Regatas (San Javier)

22 and 23 2023: Escuela de Vela Socaire (San Javier)

Link: <u>Sport4Cancer · Mar Menor Games - (En) Actividades de Vela (Gratis)</u> (<u>sport4cancermmg.com)</u>





Activity 84: Campus Mare Nostrum Trophy

Date: 21 April 2023

Type: University competition

Description: The Mare Nostrum Trophy will be held at the Sport4Cancer - Mar Menor Games. The university competition will pit the champions of the UMU Rector's Trophy against the winners of the UPCT Rector's Trophy in the following sports: football, futsal, volleyball, tennis, paddle tennis, basketball, beach volleyball, beach handball, sailing and table tennis.

Where is it? San Javier

Link: Sport4Cancer · Mar Menor Games - (En) Trofeo Campus Mare Nostrum 2023 (sport4cancermmg.com)



Activity 85: Traditional Games

Date: 21 April 2023

Type: Participatory activity

Description: Young people will be able to enjoy different traditional games from the Region of Murcia in the Sport4Cancer - Mar Menor Games.

Where is it? Explanada Barnuevo (San Javier)

Link: Sport4Cancer · Mar Menor Games - (En) Juegos Tradicionales 2023 (sport4cancermmg.com)



Activity 86: Kajunkenbo Championship

Date: 23 April 2023

Type: Federated competition

 ${\it Description:}\ The\ Olympic\ Wrestling\ Federation\ of\ the\ Region\ of\ Murcia\ will\ hold\ a\ Kajukenbo$

Competition at the Sport4Cancer - Mar Menor Games.

Where is it? La Palestra (Los Alcázares)

Link: Sport4Cancer · Mar Menor Games - (En) Campeonato de Kajukenbo 2023 (sport4cancermmg.com)



Activity 87: International Fair Sport4Cancer

Date: 21, 22 and 23 April 2023

Type: International Fair

Description: At the Sport4Cancer 2023 International Fair, associations and foundations, sponsors, partners and international partner organisations will present their countries, services and products.

Where is it? Explanada Barnuevo (San Javier)

Link: Sport4Cancer · Mar Menor Games - (En) Feria Internacional Sport4Cancer 2023 (Gratis) (sport4cancermmg.com)



Activity 88: Table Football Activities

Date: 21, 22 and 23 April 2023

Type: Participatory activity

Description: All Sport4Cancer - Mar Menor Games attendees will be able to play table football, a very popular board game in Spain, free of charge.

Where is it? Paseo de Colón (San Javier)

Link: Sport4Cancer · Mar Menor Games - (En) Actividades de Futbolín (Gratis) (sport4cancermmg.com)



Activity 89: Mar Menor Games Schools

Date: 21 April 2023

Type: Participatory activity

Description: The San Javier schools will take part in multi-sports activities organised by the students of the Higher Grade Vocational Training in Teaching and Social and Sports Animation. Among the activities programmed are the following: sailing, laser tag, batting tunnel, climbing wall, inclusive sports, golf, squash, beach rugby, kayaking, Decathlon fair, beach wrestling, fitness and popular games (flag race, relay race, sogatira, hopscotch, spinning top, pictionary, shadows, treasure spot, petanque, relays with water buckets, futgolf and life-saving boards circuit).

Where is it? Playa Barnuevo (San Javier)

Link: Sport4Cancer · Mar Menor Games - (En) Juegos del Mar Menor 2023 (sport4cancermmg.com)





Activity 90: Paddle Surf

Date: 21 and 22 April 2023

Type: Participatory activity

Description: All Sport4Cancer - Mar Menor Games attendees will be able to practice Paddle Surf for

free.

Where is it?

21 April 2023: Club Náutico Santiago de la Ribera (San Javier)

22 April 2023: Playa de Los Narejos (Los Narejos)

Link: Sport4Cancer · Mar Menor Games - (En) Actividades de Paddle Surf (Gratis) (sport4cancermmg.com)



Activity 91: Exhibition of Rally Cars

Date: 23 April 2023

Type: Exhibition

Description: At the Sport4Cancer - Mar Menor Games there will be an Exhibition of competition

Rally Cars.

Where is it? Parque del Mar (San Pedro del Pinatar)

Link: Sport4Cancer · Mar Menor Games - (En) Exposición de Coches de Rally (Gratis) (sport4cancermmg.com)

Activity 92: Championship of Fundboard

Date: 21, 22 and 23 April 2023

Type: Federated competition

Description: The Sailing Federation of the Region of Murcia will hold the Spanish Funboard Championship 2023 at the Sport4Cancer - Mar Menor Games.

Where is it? Pantalán del CAR (Los Alcázares)

Link: Sport4Cancer · Mar Menor Games - (EN) Campeonato de España de Funboard 2023 (sport4cancermmg.com)





Activity 93: Orientation Activities

Date: 22 and 23 April 2023

Type: Participatory activity and School competition

Description: The Murcian Orienteering Federation will organize orienteering activities for all audiences and a school sport orienteering competition in the Sport4Cancer - Mar Menor Games.

Where is it? Playa de Santiago de la Ribera (San Javier)

Link: Sport4Cancer · Mar Menor Games - (EN) Actividades de Orientación (Gratis) (sport4cancermmg.com)





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