

DEL 21 AL 23 DE ABRIL DE 2023

FROM 21 TO 23 APRIL 2023

SPORT4CANCER

EL MAYOR EVENTO DEPORTIVO E INCLUSIVO DEL AÑO

THE BIGGEST SPORTIVE & INCLUSIVE EVENT OF THE YEAR

















INTRODUCTION

MAR MENOR GAMES SPORT4CANCER is a great international non-profit sporting event for people of all ages that will take place in the Mar Menor (Region of Murcia, Spain), an ideal place for the practice of nautical, aquatic and beach sports.

This event is especially dedicated to bring together cancer patients/survivors and their families, friends and supporters, federated and amateur sportsmen and sportswomen, as well as society in general.





INTRODUCTION

The sporting event brings together more than 60 sporting activities, competitions and exhibitions to encourage the participation of citizens visiting the Mar Menor area.

It also has parallel activities, such as the scientific congress and sports competitions for schoolchildren.

The three previous editions of "Mar Menor Games" were a great success, and it is expected that this fourth edition will surpass the previous editions, both in number of competitions, attendees and international expansion. Consolidating itself as a reference event for national and international tourism and being a great promoter of our land and our Mar Menor.

LOCATION

Sun and endless beaches for all tastes. Mar Menor is the ideal destination for a few unforgettable days of relaxation, whether in winter or summer.

It is synonymous with rest and tranquillity, with calm and shallow waters, it is the largest saltwater lagoon in Europe. This natural environment enjoys a paradisiacal microclimate, sunshine 300 days a year and an average temperature of 19°C are unbeatable conditions for the practice of physical activity.









KEY DATE

April of 2023

19

20

21

22

23

Reception of participants

Scientific congress

Scientific congress
School Sports
University sports
Open ceremony

Exhibitions
Competitions
Mar Menor Games
Sport4Cancer

Exhibitions
Competitions
Mar Menor Games
Sport4Cancer

THE EVENT IN FIGURES

The 12 countries participating in the event



THE EVENT IN FIGURES





























THE EVENT IN FIGURES

More than **60** programmed activities







SCIENTIFICWORKSHOP

Parallel to the sporting event, a scientific congress will be held where several current issues in the field of physical activity and cancer will be discussed and analysed in depth: strength exercise in cancer; how to stay active after cancer; sport in women with breast cancer; cancer prevention through physical activity and a healthy lifestyle; strategies in the development and implementation of training programmes for cancer patients; the implementation of online physical exercise programmes in cancer patients; the types of exercise depending on the side effects in each cancer patient.

https://www.sport4cancerworkshop.com/



Diving baptism Drones exhibition Chess Popular race **Motor racing exhibition Beach badminton** 3x3 Basketball **Beach handball Baseball batting tunnel** Billiards **Cartagena bowling Boxing** Hunting Cycling Colombiculture **Physically Disabled Intellectual Disability Dominoes Fencing Speleology**

SPORTS ACTIVITIES AND COMPETITIONS



SPORTS ACTIVITIES AND COMPETITIONS



Water skiing Beach Soccer Flag football **Gymnastics Group Aesthetic Gymnastics** Golf Weightlifting **Equestrian** Hockey **Judo and Associated Sports** Karate **Kickboxing Beach wrestling Trekking** Motorcycling **Motor boating Swimming** Orienteering **Skating**

Fishing Petanque Canoeing Rowing Rugby **Lifesaving and lifeguarding** Taekwondo **Tennis Table Tennis Archery Olympic Shooting Triathlon** Sailing **Beach Volleyball Fitness Traditional games** Alternative games Laser tag Karts **Inflatables**





VOLUNTEERING

All sporting activities are organised by qualified staff who are experts in the different sporting disciplines. More than 200 people are in charge of coordinating and supervising the development of the event.

In addition, volunteers are one of the most important parts of any sporting event. They are altruistic, caring and responsible people who make up this great family.

More than 200 volunteers will not only support the event with logistical and information tasks, but will also carry out sustainable actions and initiatives, such as the "Ecovolunteers" who will inform participants and attendees about sustainable development measures and will collect waste on the beaches where the event is taking place.





TARGET GROUP: INCLUSIVE SPORT

The main target groups of the sport event are:

- **★** People who do not get enough physical activity
- **★** Cancers patients/survivors
- **★** People with disabilities
- **★ Womens**
- **★ Immigrants**
- **★** Society at large
- **★** Sport/health specialists
- **★** Policy makers

SOLIDARITY EVENT

asociación española contra el cáncer en la Región de Murcia



#MyChallengeAgainstCancer AIM TO RAISE 20.000€

Research is the best way to tackle cancer. And we believe that any contribution is key to continuing to support research that enables earlier diagnosis, improves treatments and the lives of people with cancer.



https://www.sport4cancermmg.com/

https://www.sport4cancerworkshop.com/









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