

# Triptolide inhibits tonsillar IgA production by upregulating FDC-SP in IgA nephropathy

Huining Li<sup>1,2,3</sup>, Xinxin Yang<sup>1</sup>, Guodong Yao<sup>2</sup>, Yanxiang Zhang<sup>4</sup>, Yangyang Xu<sup>5</sup>, Yan Cao<sup>5</sup>, Xushu An<sup>5</sup>, Haibo Li<sup>5</sup>, Hui Chen<sup>5</sup>, Jingshu Geng<sup>1,2</sup>, Dawei Yuan<sup>4</sup>, Xiaoming Jin<sup>1</sup> and Hongxue Meng<sup>1,2</sup>

<sup>1</sup>Department of Pathology, Harbin Medical University, <sup>2</sup>Department of Pathology, Harbin Medical University Cancer Hospital, <sup>3</sup>Department of Pathology, The First Affiliated Hospital of HeiLongjiang University of Chinese Medicine, Harbin, <sup>4</sup>Department of Medical, Geneis Co. Ltd, Beijing and <sup>5</sup>Department of Urinary Surgery, Harbin Medical University Cancer Hospital, Harbin, PR China

**Summary.** IgA nephropathy (IgAN) is primarily resulted of qualitative abnormality of IgA. The occurrence of IgAN is associated with affected tonsils which enhances the IgA production via IgA class switching and immuno-activation. Follicular dendritic cell-secreted protein (FDC-SP) was found to be a negative effect for IgA production in tonsil. The previous studies suggested that Triptolide might reduce IgA production by its immunosuppression role. Given this background, this study investigated the mechanisms underlying the role of Triptolide and FDC-SP in the generation of IgA and IgA class switching in tonsil of IgAN patients. Immunohistochemistry and reverse transcription-polymerase chain reaction revealed that the expression of FDC-SP was increased in the tonsils of IgAN patients with Triptolide treatment compared with those without treatment. Meanwhile, the expression of FDC-SP was negatively correlated with IgA inducing cytokines in the tonsils of IgAN patients treated with Triptolide, due to the significant decreased IgA-bearing cells. The expression of FDC-SP in tonsillar tissue was confirmed by double immunofluorescence. Importantly, Triptolide promoted FDC-SP secretion, and correlated negatively with decreased IgA production in isolated FDC-associated clusters, which had been isolated from

patients without TW treatment previously. Our study demonstrated that Triptolide might have an impact on FDC-SP production and downregulation of IgA synthesis in the tonsils of IgAN patients, which could be a promising strategy for therapeutic intervention in IgAN patients.

**Key words:** IgA nephropathy, Triptolide, Follicular dendritic cell-secreted protein, Tonsil, IgA class switching, IgA production

## Introduction

Immunoglobulin A nephropathy (IgAN) is a very common primary glomerular disease in the world since it was first described by Berger in 1968. IgAN is characterized by IgA deposition and enhancement of circulating aberrant IgA in the renal mesangium (Bellur et al., 2019; Moriyama et al., 2019). It is suggested that IgA of tonsillar origin was related to the pathogenesis of IgAN (Su et al., 2017). Previous studies have shown that the number and relative percentage of IgA-containing cells in the tonsils of IgAN patients were significant (Meng et al., 2016). The germinal center (GC) is the primary zone of B cell proliferation, and follicular dendritic cells (FDCs) support IgA class switching (Koutsakos et al., 2019). B cells functionally interact with FDCs in the GC and undergo several critical functional processes, including proliferation, apoptosis, somatic hypermutation, selection for high-affinity antigen binding, isotype switching, and differentiation

*Offprint requests to:* HongxueMeng, Prof. MD PhD, Department of Pathology, Harbin Medical University, 169 Xuefu Road, Harbin, China. e-mail: menghongxue15@163.com or Xiaoming Jin, Prof. MD PhD, Department of Pathology, Harbin Medical University, 169 Xuefu Road, Harbin, China. e-mail: Jinxm55@163.com  
DOI: 10.14670/HH-18-190

into plasma cells or memory cells. Upon activation by antigen and accessory signals, tonsillar GC naive IgM<sup>+</sup> IgD<sup>-</sup> B cells may acquire IgA expression by undergoing class switch recombination (CSR) (Proietti et al., 2019).

FDC-secreted protein was firstly identified in primary FDCs which had been isolated from human tonsils (Marshall et al., 2002). The previous study has reported that FDC-SP regulates GC and antibody responses and modulates B cell activity (Liu et al., 2016). The recently study has also shown that FDC-SP regulates IgA production in tonsils in individuals with IgAN (Hou et al., 2014).

Triptolide, a diterpene triepoxide, is the major biologically active compound isolated from a traditional Chinese medicinal herb *Tripterygium wilfordii* Hook F. (also named Lei Gong Teng) (Guo et al., 2019). Triptolide exhibits multiple pharmacological effects, especially in anti-autoimmune diseases including anti-IgAN, anti-rheumatoid arthritis, anti-psoriasis and anti-lupus by its immunosuppression effect (Sun et al., 2019). Moreover, the benefits of *Tripterygium wilfordii* for IgAN patients suggested that *Tripterygium wilfordii* might be closely related to tonsillar production of IgA (Liang et al., 2018; Wang et al., 2019). However, the role of Triptolide in tonsillar IgA production in IgAN is unknown due to the complexity of traditional Chinese medicine ingredients. Furthermore, the molecular and cellular mechanisms remain unknown.

The aims of this study was to evaluate the role of Triptolide involved in tonsillar IgA production and to investigate the underlying molecular mechanism of Triptolide in regulation of the synthesis of IgA and IgA class switching in IgAN patients. Our study demonstrated that Triptolide might inhibit IgA production and tonsillar IgA class switching and by upregulating FDC-SP synthesis.

## Materials and methods

### Research subjects

Sixty patients were enrolled in the present study. Among those, 20 IgAN patients diagnosed by biopsy were treated with *Tripterygium wilfordii* before tonsillectomy, 20 patients with biopsy-proven IgAN without *Tripterygium wilfordii* treatment, and 20 patients with chronic tonsillitis but not renal disease or a history of hematuria after tonsillectomy.

Indications for tonsillectomy in hematuria-type IgAN patients were demonstrated in previous studies, especially those presenting hematuria after tonsillar infection; with a baseline creatinine level of  $\leq 2$  mg/dl. Patients were recruited at the First Affiliated Hospital of HeiLongjiang University of Chinese Medicine (Harbin, China) and Harbin Medical University Cancer Hospital (Harbin, China) from January 2000 to December 2016. IgAN patients with TW treatment received 60 mg/d for 60 days of dosing before tonsillitis. The patients have been informed about the possible side effects of the TW

therapy. The patients had no obvious side effects because of the short duration of medication. Patients with Henoch-Schönlein purpura, systemic lupus erythematosus, liver cirrhosis, palmoplantar pustulosis, rheumatic arthritis and ossification, or other systemic diseases were excluded. Palatine tonsil tissues were sectioned from enrolled IgAN and non-IgAN chronic tonsillitis patients during tonsillectomy.

### Ethics statement

This study was performed according to the principles of the Declaration of Helsinki. All participants were informed and consented to the study. Approval for this study was obtained from the Medical Ethics Committees of First Affiliated Hospital of HeiLongjiang University of Chinese Medicine (HZYLLBA201714).

### Antibodies, IHC, and immunofluorescence

For IHC, tonsil tissues were fixed with formalin, then were embedded in paraffin, subsequently were sectioned by microtome. 4  $\mu$ m sections were blocked with 1% H<sub>2</sub>O<sub>2</sub> and then subjected to antigen retrieval in trypsin for 30 min at 37°C; followed by immersion in citrate buffer (pH 6.0; Mitsubishi Chemical Medience, Tokyo, Japan) for 20 min at 120°C in an autoclave. IHC was performed using either the streptavidin-biotin-peroxidase complex (strept-ABC) or the alkaline phosphatase anti-alkaline phosphatase (APAAP) method as previously reported (Meng et al., 2016). Sections were then blocked with Protein Blocking Agent (Streptavidin-Biotin Universal Detection System; Beckman Coulter, Marseille, France) and incubated with the following primary antibodies overnight at 4°C: rabbit anti-human FDC-SP (1:100, IgG, Abcam, Cambridge, UK), rabbit anti-IgA (1:100, Nichirei, Tokyo, Japan), mouse anti-IgG (1:100, A57H; IgM $\alpha$ , Nichirei), rabbit anti-IgE (1:100, Dako, Japan), or rabbit anti-IgM (1:60, IgG, Covance). This was followed by incubation with secondary antibodies from the Streptavidin-Biotin Universal Detection System (Beckman Coulter). Sections were visualized using DAB. Specific isotype control antibodies and phosphate-buffered saline (PBS; omitting primary antibodies) were used as negative controls. The number of cells staining positive by IHC and immunofluorescence were scored as 0 (absent), 1+ (<25% of GC cells), 2+ (25-50% of GC cells), 3+ (50-75% of GC cells), or 4+ (>75% of GC cells). The scoring was done in a blinded fashion.

FDC-associated clusters were cultured with RPMI 1640 containing 10% FBS in Millicell EZ 4-well glass slides (EMD Millipore Corporation, Billerica, MA, USA) before staining. After 7 days FDC-associated clusters were rinsed in PBS then fixed with 4% paraformaldehyde in PBS for 20 min, then subjected to IHC procedure as described above, excluding the dewaxing and antigen retrieval steps.

For multiple immunofluorescence labeling, the

## *Triptolide inhibits tonsillar IgA production by FDC-SP*

procedure of formalin-fixed and paraffin-embedded sections were performed as previously described. Briefly, immunosaver (pH 7.4; Nisshin EM) was used for dewaxing and antigen retrieval for 45 min at 98°C. Sections were washed in PBS and rinsed in PBS containing 1% BSA and 2% fetal calf serum, then incubated with primary antibodies overnight at 4°C followed by incubation with other primary antibodies for 1-2 h at room temperature. The primary antibody incubation was followed by incubation with fluorochrome-conjugated secondary antibodies. Sections were washed in PBS between each step. No cross reactivity was observed with the antibodies. Phosphate-buffered saline without primary antibodies was used as negative control. Slides were mounted with Fluoromount (Diagnostic BioSystems, Pleasanton, CA, USA) and analyzed under a microscope (BX53; Olympus) using a BX3-URA fluorescence system (Olympus).

### *Laser-capture microdissection (LCM) of tonsillar GCs*

LCM was performed to collect tonsillar GCs tissues as previously described (Meng et al., 2016). Fresh palatine tonsils were surgically removed and fixed with RNAlater RNA Stabilization Reagent (abcam) for 12 h at 4°C, then embedded in optimal cutting temperature compound (Sakura Tissue-Tek 4583; Sakura Finetek USA, Inc., Torrance, CA, USA), then sectioned into 8- $\mu$ m-thick sections by a freezing microtome. Subsequently, sections were placed on cooled PEN Membrane Glass Slides (LCM0522, Applied Biosystems, Carlsbad, CA, USA). GCs were captured by LCM using a PALM Microlaser System (PALM Microlaser Technologies AG, Bernried, Germany) according to procedure manuals. Two thousand GC components were captured from thirty sections for each tonsil and collected into a 0.5 mL RNase-free microcentrifuge tube (PALM Microlaser Technologies AG) containing RNAlater and immediately used for RNA extraction or frozen at -80°C until RNA extraction.

### *RNA extraction and RT-PCR analysis*

Total RNA was extracted from LCM-captured cells using an RNeasy Micro kit (Qiagen, Hilden, Germany), then treated with DNaseI according to the manufacturer's instructions. Complementary DNA (cDNA) was synthesized using a QuantiTect Reverse Transcription Kit (Qiagen). The PCR was performed using cDNA as a template. The forward- and reverse-specific primers, amplicon sizes, and annealing temperatures were as follows:  $\beta$ -actin 5'-CAGAGC AAGAGAGGCATCCT-3' (forward) and 5'-ACGTACA TGGCTGGGGTG-3' (reverse); FDC-SP 5'-CAGCGT CAGAGAGAAAGAAGTACTGACTG3' (forward) and 5'-TACTTTTCGCTAGGAAGGGGAGTTG-3' (reverse). AID 5'-TCGGCGTGAGACCTACC-3' (forward) and

5'-CGAAGATAACCAAAGTCCAGTG-3' (reverse), 81bp, 56°C; and germline I $\alpha$ -C $\alpha$  mRNA 5'-CCAA GGTCTTCCCGCTGAG-3' (forward) and 5'-CCATC TGGCTGGGTGCTG-3' (reverse), 43bp, 56°C. For nested PCR was for switch circle I $\alpha$ -C $\mu$  mRNA, primers and temperatures were as follows: forward primer for first round, 5'-CACAGCCAGCGAGGCAGAGC-3'; reverse primer for first round, 5'-ACGAAGACG CTCACTTTGGG-3'; annealing temperature for first round, 51°C; forward primer for second round, 5'-TGAGTGGACCTGCCATGA-3'; reverse primer for second round, 5'-CGTCTGTGCCTGCATGACG-3'; amplicon length, 349 bp; annealing temperature for second round, 58°C. PCR products were analyzed by 4% agarose gel electrophoresis and stained by ethidium bromide.

### *Quantitative real-time PCR analysis*

50 ng RNA were reverse transcribed using a QuantiTect RT kit (Qiagen). cDNA was amplified with a Fast SYBR Green Master Mix (Applied Biosystems) according to the manufacturer's instructions, and samples were subjected to PCR on a 7500 Fast Real-Time PCR System (Applied Biosystems). Primers for  $\beta$ -actin, FDC-SP and AID were as described in the RT-PCR section. Relative expression was determined using the relative standard curve method. Data were normalized to  $\beta$ -actin expression.

### *Preparation of triptolide*

Triptolide (Best Technologies, Inc.) was dissolved in DMSO at a stock concentration of 100 mM. The use of HPLC as a biological assay was utilized for the quality measurement of Triptolide extract.

### *Isolation and identification of FDC-associated clusters from tonsillar GCs, and Cell culture to assess IgA production*

FDC-associated clusters were isolated from tonsillar GCs of IgAN patients as described previously (Meng et al., 2016). For IgA production analysis, FDC-associated clusters were cultured with the base cell culture media supplemented with 0, 0.5, 1, 5, 10  $\mu$ g/mL Triptolide for 7 days. After collection of supernatants, FDC-SP and IgA were qualitatively analyzed with Human FDC-SP ELISA Kit (C4orf7, MyBioSource, USA) and IgA Human ELISA Kit (ab137980; Abcam).

### *Statistical analysis*

Statistical analyses were performed with the Mann-Whitney U test, Spearman's correlation analysis (SAS Institute Inc., Cary, NC, USA) as described in details in figure legends. Differences with p-values <0.05 were considered statistic significant.



**Results**

*Clinical parameters*

The clinical data of the patients were shown in Table 1, including gender, age, and kidney functional parameters. The kidney functional parameters of IgAN patients were significantly decreased after treated by

Triptolide.

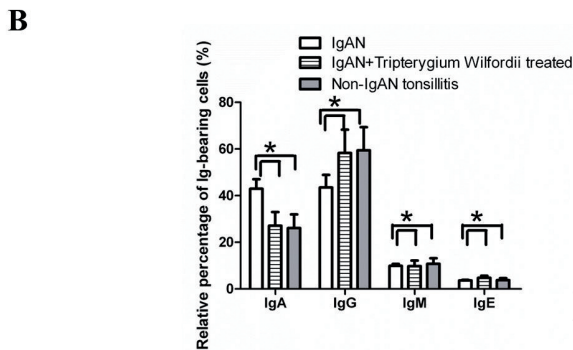
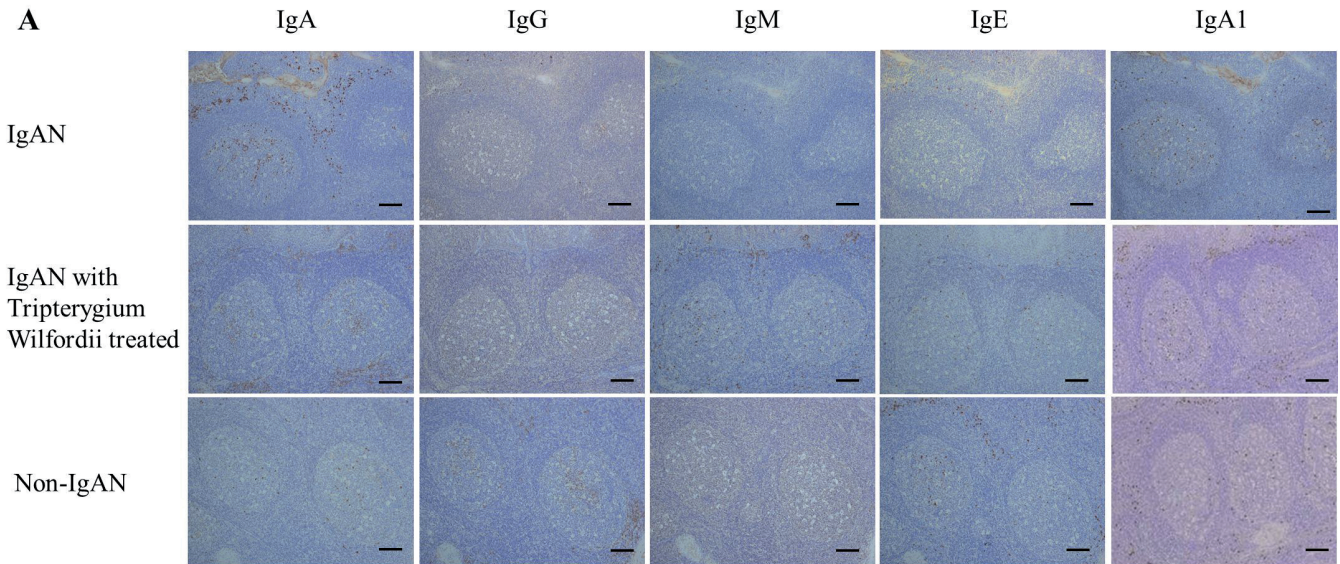
*Ratio of IgA-containing cells was decreased in the tonsils of IgAN patients treated with Tripterygium Wilfordii treatment*

IHC analysis revealed that the number of IgA-containing cells was significantly decreased among all

**Table 1.** Profiles and clinical parameters of patients.

Parameter	IgAN group (n=20)	IgAN group with TW treatment (n=20)	Chronic tonsillitis group (n=20)	Healthy volunteer group (n=20)	Normal value (reference)
Age (years)	41.67±16.1	38.46±11.1	36±11.2	43.1±12.6	-
Gender (male/female)	11/9	10/10	10/10	10/10	-
Urinary protein (mg/day)	0.185±0.15	0.115±0.35	N.D.	N.D.	0-0.15
Hematuria (/hpf)	38.07±33.54	26.07±21.54	0	0	0
Serum creatinine (mg/dL)	0.96±0.28	0.62±0.48	N.D.	N.D.	0.47-0.79
Uric acid (mg/dL)	5.63±1.12	3.46±1.66	N.D.	N.D.	2.4-5.6
CRP (mg/dL)	0.97±0.84	0.44±0.45	N.D.	N.D.	0-0.24
Serum complement (U/mL)	49.58±16.42	36.68±12.23	N.D.	N.D.	28-44

Note: values are the means ± SDs. hpf, high-power field; N.D., no data.



**Fig. 1.** Rates of IgA was decreased among immunoglobulin classes in the tonsils of IgAN patients with Tripterygium Wilfordii treatment. Immunohistochemistry of IgA, IgG, IgM and IgE on tonsillar serial sections of IgAN patients showed the presence of Ig-bearing cells in the follicular germinal centers (GCs), reticular crypt epithelium (Ep), and subepithelial area. GC, germinal center. Positive cells were counted in low-power (×100 magnification) fields for each patient. The slides were analyzed in blinded manner by two independent investigators. n=20 for IgAN patients with Tripterygium Wilfordii treatment, n=20 for IgAN patients without treatment and n=20 for non-IgAN patients with chronic tonsillitis. Error bars indicate SEMs. \*, P<0.05 (Mann-Whitney U test). Scale bars: 500 μm.



## *Triptolide inhibits tonsillar IgA production by FDC-SP*

Ig-containing cells in IgAN patients treated with TW (Fig. 1). Compared to IgAN patients treated with *Tripterygium Wilfordii* and non-IgAN chronic tonsillitis, the percentage of IgM-containing cells was reduced in IgAN patients without treatment. Meanwhile, the relative percentage of IgA-containing cells was significantly lower in the tonsils of IgAN patients with *Tripterygium Wilfordii* treatment than of IgAN patients without treatment (Figs. 1, 2).

### *Increased the expression of FDC-SP was increased in the tonsils of IgAN patients with TW treatment*

In contrast to the reduced IgA-containing cells, the numbers of FDC-SP-positive cells were increased in the tonsillar GCs of IgAN patients treated with *Tripterygium Wilfordii* compared to those without treatment (Fig. 2). The result displayed a negative correlation between IgA and FDC-SP expression levels in tonsils of IgAN patients ( $R=0.86$ , and  $p<0.05$  for Spearman's correlation; Fig. 2C).

### *The expression of FDC-SP was increased in tonsillar GCs of IgAN patients treated with TW*

The GC is the primary zone of IgA class switching in tonsils. The previous studies indicated that FDC-SP was expressed by activated FDCs and that it can bind to the surface of B lymphoma cells (Marshall et al., 2002). To understand the mechanisms of IgA down-regulation in the tonsils of IgAN patients with *Tripterygium Wilfordii* treatment, we assessed the expression of FDC-SP in FDCs (marked by CD23) and B cells (marked by CD20) using double immunofluorescence staining.

Coexpression of CD23 with FDC-SP and CD20 with FDC-SP was detected in both IgAN and non-IgAN patients by double immunofluorescence assays (Fig. 3). Additionally, coexpression levels of CD23 with FDC-SP and CD20 with FDC-SP were remarkable higher in tonsillar GCs of IgAN patients treated with *Tripterygium Wilfordii* than those without treatment ( $p<0.01$ , Student's t-test).

### *Expression of mRNA encoding FDC-SP, AID, and IgA class switching in the tonsils of IgAN patients and non-IgAN patients*

To evaluate molecular changes in FDC-SP and IgA class switching, RT-PCR and Real-time PCR analysis were performed in the present study. Tonsillar GCs that had been isolated by laser microdissection (Fig. 4A). AID and  $I\alpha$ -C $\alpha$  GLTs are required for CSR initiation. The result showed that the transcripts of *AID*, *I $\alpha$ -C $\alpha$* , *I $\alpha$ -C $\mu$*  genes were detected in GCs from both the IgAN and non-IgAN groups (Fig. 4C). Meanwhile, the results displayed that that the transcript levels of *FDC-SP* were increased in GCs in the IgAN patients with TW treatment compared with those without treatment ( $p<0.05$ ; Fig. 4D), and correlated negatively with

decreased AID mRNA levels and IgA class switching level.

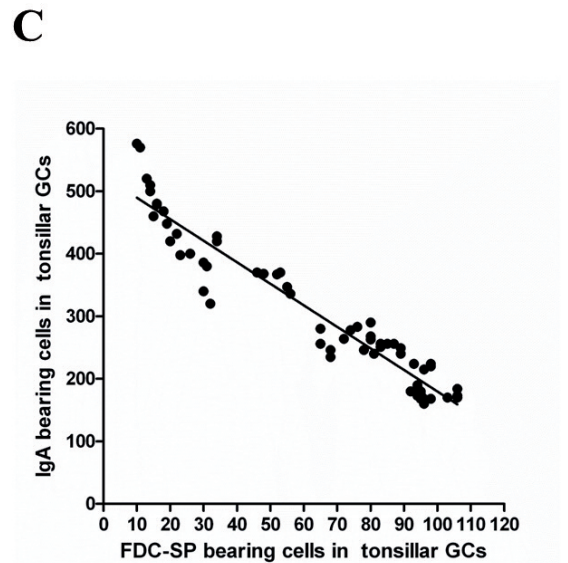
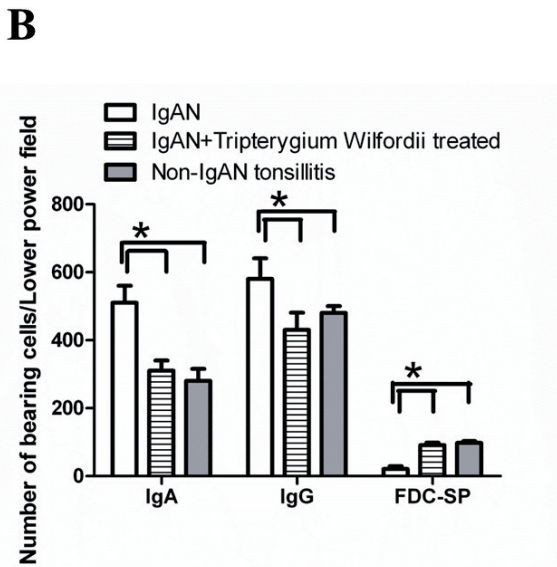
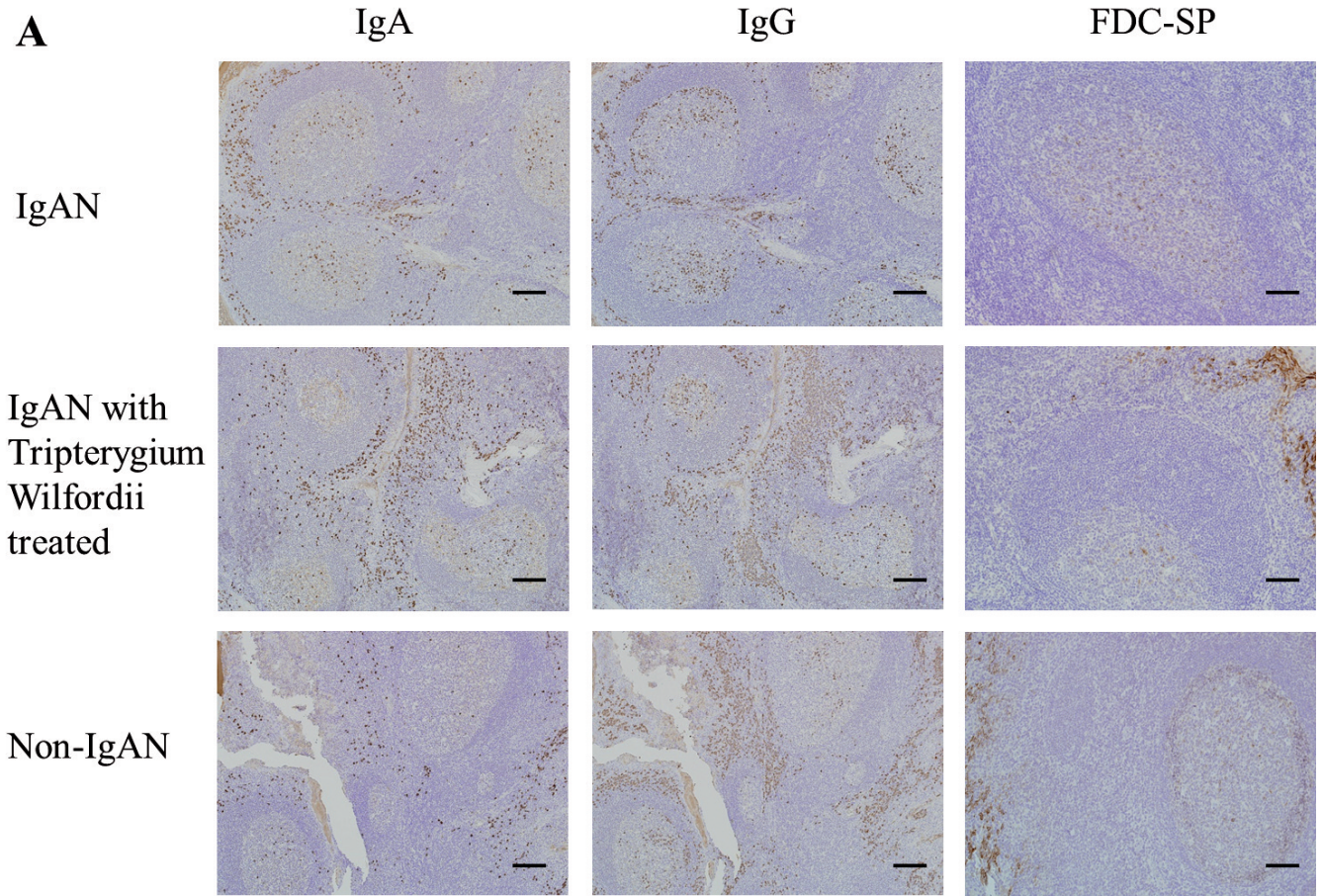
### *Triptolide induces FDC-SP secretion, but inhibits IgA synthesis in FDC-associated clusters*

FDC-associated clusters consist of CD 10<sup>+</sup> GC cells and CD21<sup>+</sup> FDCs, each FDC-associated cluster contains about 1 FDC per 10 lymphocytes. To investigate the dose dependent effect on FDC-SP secretion and IgA production, FDC-associated clusters were treated with gradient concentration of Triptolide for 7 days. Interestingly, expose to Triptolide induced FDC-SP secretion, but inhibited IgA secretion in FDC-associated clusters which had been isolated from patients without TW treatment previously (Fig. 4G,H).

## **Discussion**

IgAN is characterized by IgA deposition and enhancement of circulating aberrant IgA in the renal mesangium. Immunoglobulin A nephropathy (IgAN) is a very common primary glomerular disease in the world since it was first described by Berger in 1968. IgAN is characterized by IgA deposition and enhancement of circulating aberrant IgA in the renal mesangium (Mariani et al., 2018). Recent studies revealed that mucosal immunity was related to the pathogenesis of IgAN (Chen et al., 2018; Huang et al., 2019). Palatine tonsils are part of nasopharynx-associated lymphoid tissue and play a major role in mucosal immunity in human airways. It is suggested that IgA of tonsillar origin was crucial to the pathogenesis of IgAN (Lai et al., 2019). O-glycosylation of IgA1 molecules (galaktose-deficient IgA1) is crucial for pathophysiology of IgA nephropathy which leads to the productions of autoantigens. IgG autoantibodies target O-glycans in the hinge region and this cause formation and deposition of immune complexes in the kidney with the local inflammatory response. Moreover, the shift from mucosal IgA1 producing cells to the bone marrow and the subsequent excess in the systemic circulation contributes to the disease progress (Lai et al., 2019).

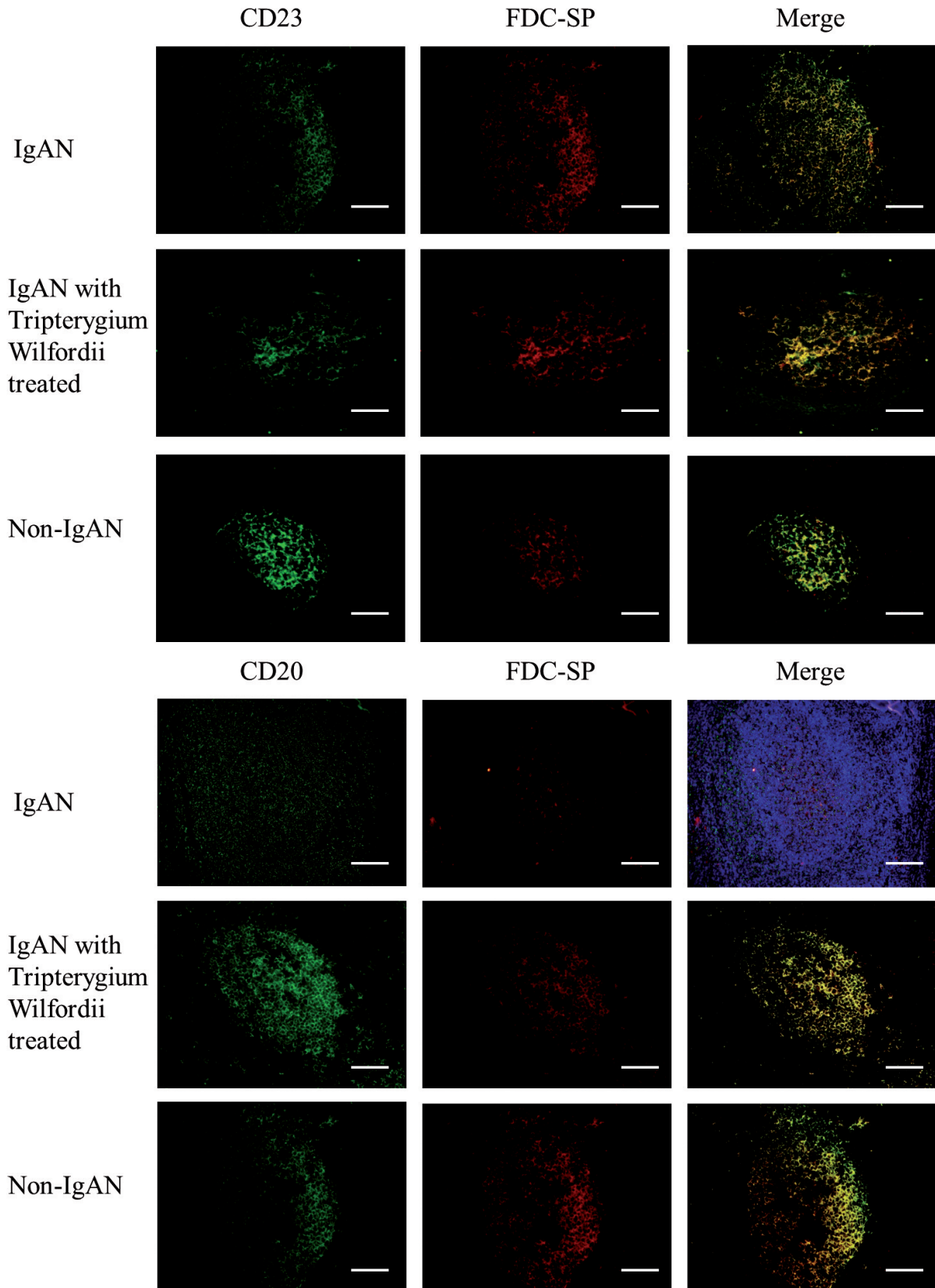
The previous studies indicated that IgAN patients acquired good benefits from TW treatment (Liang et al., 2018). However, the mechanisms of TW improving renal outcomes are still unclear. TW (treatment) is usually used to target tonsillitis, while little is known about the involvement of TW in IgA production in the tonsils. Moreover, because of the complexity of traditional Chinese medicine ingredients, the role of Triptolide (the major active compound of TW) in tonsillar IgA production in IgAN is unknown. The recent trials of IgAN treatment have suggested that the risks associated with immunosuppressive therapy outweigh the benefits, which may shift the treatment paradigm of this disease. Accordingly, Leflunomide (LEF) appears to improve renal function while decreasing loss of urine protein. Combination regimens including LEF were



**Fig. 2.** IgAN patients with *Tripterygium Wilfordii* treatment exhibited increased numbers of FDC-SP and decreased numbers of IgA-bearing cells in their tonsils. Immunohistochemistry of FDC-SP and IgA in the tonsils of IgAN patients and non-IgAN patients with chronic tonsillitis showed the presence of FDC-SP and IgA-bearing cells in the follicular germinal centers (GCs), reticular crypt epithelium (Ep), and subepithelial area. The number of FDC-SP and IgA-bearing cells in the tonsils was counted in 10 randomly chosen, low-power ( $\times 100$  magnification) fields for each patient. The slides were analyzed in blinded manner by two independent investigators.  $n=20$  for IgAN patients with *Tripterygium Wilfordii* treatment,  $n=20$  for IgAN patients without treatment and  $n=20$  for non-IgAN patients with chronic tonsillitis. Error bars indicate SEMs. \*,  $P < 0.01$  (Mann-Whitney U test). The Y axis label on the graph (third row) showed “the number of IgA bearing cells in tonsillar GCs”, and the X axis label showed “the levels of FDC-SP expression in tonsillar GCs”. Correlation between IgA and FDC-SP was analyzed by Spearman’s correlation. Scale bars: 200  $\mu\text{m}$ .



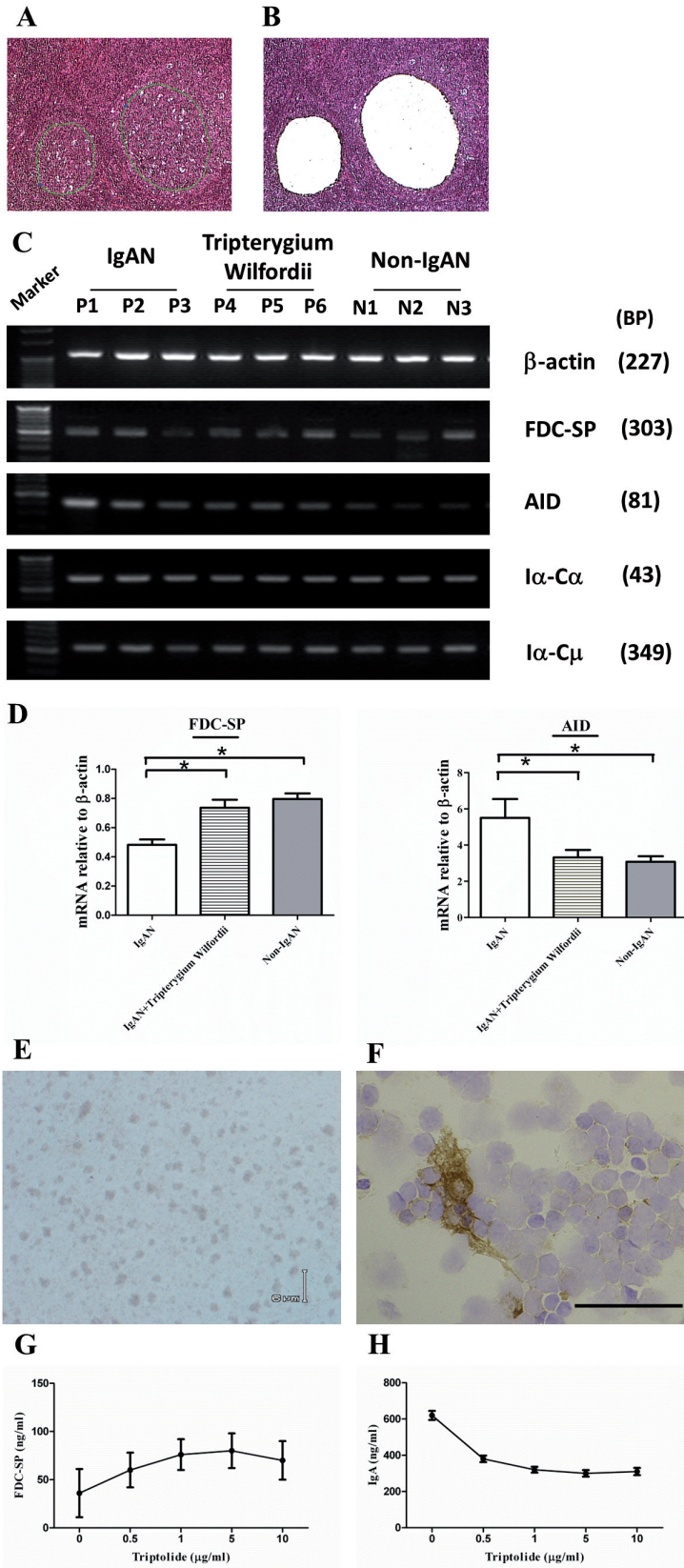
*Triptolide inhibits tonsillar IgA production by FDC-SP*



**Fig. 3.** Coexpression of FDC-SP and CD23, CD20 on FDCs and germinal centers (GC) B cells increased in the tonsils of IgAN patients with Tripterygium Wilfordii treatment compared with that without treatment. Double immunofluorescence for CD23 (green), CD20 (green) and FDC-SP (red) showing double-positive cells localized in the GCs. Scale bars: 200  $\mu$ m.



*Triptolide inhibits tonsillar IgA production by FDC-SP*



**Fig. 4.** Increased expression of FDC-SP mRNA and decreased expression of AID mRNA in tonsillar germinal centers (GCs) of IgAN patients. I. Laser capture microdissection was performed to extract GC components from tonsils. HE staining of a sample before (**A**) and after (**B**) laser capture microdissection of the GC components in tonsils fixed by RNAlater. II. Using RT-PCR, mRNA levels of genes encoding β-actin and FDC-SP were detected in tonsillar GCs of both IgAN patients (IgAN) and non-IgAN chronic tonsillitis (non-IgAN) (**C**). The expression levels of the FDC-SP mRNA were higher in the GCs of IgAN patients with Tripterygium Wilfordii treatment than in those of without treatment and non-IgAN chronic tonsillitis patients (**D**). The expression levels of the AID and CRS mRNA were lower in the GCs of IgAN patients with Tripterygium Wilfordii treatment than control (**D**). Error bars indicate SEM. \*, P<0.05 (Student's t-test). III. Triptolide induce FDC-SP secretion, but inhibit IgA production in FDC-associated clusters. **E**. Morphology and CD21+ FDCs in FDC-associated clusters isolated from tonsillar GCs of IgAN patients. **F**. FDC-associated clusters are composed of CD 10+ GC cells and CD21+ FDCs, with about 1 FDC per 10 lymphocytes in each FDC-associated cluster. **G**, **H**. IgA and FDC-SP concentrations in the supernatants of FDC-associated clusters. IgA and FDC-SP were quantified in the supernatants using ELISA. Combined data (mean ± SD) from experiments using FDC-associated clusters from 3IgAN patients are presented.

## *Triptolide inhibits tonsillar IgA production by FDC-SP*

better and safer compared with corticosteroids or ACEI alone or combinations including CTX (He et al., 2016).

Tonsillar GCs act as vital zone for mucosal B cell responses which are supported by FDCs and a few number of follicular helper T cells (He et al., 2016). The activated B cells may undergo IgA class switching, then differentiate into IgA<sup>+</sup> plasma cells or directly migrate to systemic sites (Han et al., 2018). The previous study reported that IgA class switching was upregulated in the tonsils of IgAN patients, meanwhile, IgAN patients with hematuria-type IgAN, especially those presenting hematuria after tonsillar infection acquired benefits from tonsillectomy (Feriozzi and Polci, 2016).

The present study indicated that both the numbers and percentage of IgA-containing cells were significantly decreased among immunoglobulins in IgAN patients treated with TW (Figs. 1, 2). Therefore, IgAN patients might benefit from TW treatment by downregulation of IgA production in the tonsils. When CSR, I $\alpha$ -Ca GLTs and I $\alpha$ -C $\mu$  switch circles have short half-lives, and detection of the targets indicate ongoing CSR. In our study, the percentage of IgA<sup>+</sup> cells was significantly decreased, while that of IgM<sup>+</sup> cells was increased in IgAN patients with TW treatment compared with those without treatment, similar to Non-IgAN. These results indicate that TW may inhibit the class switching from IgM to IgA.

FDC-SP is a tissue specific protein, tonsillar crypts and its synthesis is induced by activated FDCs (Iwai et al., 2018). The previous studies demonstrated that FDC-SP could directly bind to the surface of B cells and regulate the induction of B cell responses inside and outside GCs (Liu et al., 2016). AID is the crucial protein that promotes DNA double-strand breaks, an essential mechanism of class switch recombination (CSR) (Yewdell et al., 2017). The expression of FDC-SP protein (Fig. 2A) and mRNA (Fig. 4C) in GCs was increased in IgAN patients with TW treatment compared to those without treatment, corresponding to the inhibited AID expression and IgA class switching observed in the tonsils of IgAN patients. Additionally, the present study indicated a correlation between tonsillar FDC-SP expression and IgA concentrations in IgAN patients. Thus, these data suggested that FDC-SP and AID might be involved in IgA production in tonsils of IgAN patients treated with TW.

We found that coexpression of FDC-SP and B cells in GCs was higher in IgAN patients with TW treatment compared to those without treatment and non-IgAN patients. The recent studies suggested that B cell migration was stimulated by FDC-SP in cooperation with CXC chemokines, while their migratory responses could be blunted by chronic exposure to high levels of FDC-SP (Al-Alwan et al., 2007). Chronic exposure to high levels of FDC-SP, B cells in GCs in the tonsils of IgAN patients may present depressed migratory responses from the dark zone to the light zone, where they undergo isotype switching, and differentiation into IgA<sup>+</sup> plasma cells or memory cells. Similarly, in our

data, we observed increased expression of FDC-SP in tonsillar GCs of IgAN with Triptolide treatment, which correlated with the decreased expression of IgA (Fig. 4G,H). Based on the present and previous data, a possible model was proposed whereby Triptolide induce the increased expression of FDC-SP and decreased expression of AID by tonsillar FDCs, inhibiting the generation of IgA<sup>+</sup> B cells and IgA<sup>+</sup> plasmablasts.

The present study provided the first evidence that the increased expression of FDC-SP in tonsillar FDCs correlated with depressed IgA expression in the tonsils of IgAN patients with TW treatment compared with those without treatment. Together with the findings that Triptolide induce the increased expression of FDC-SP and correlated with the decreased expression of IgA in tonsillar GCs cells. This was the first study to indicate that Triptolide might inhibit IgA class switching in IgAN patients through the cooperative roles of FDC-SP, which might represent a promising strategy for therapeutic intervention for IgAN patients.

---

*Acknowledgements and Funding.* This work was supported by the National Nature Science Foundation of China (81600539), Postdoctoral scientific research developmental fund of Heilongjiang Province (LBH-Q18076), Natural Science Foundation of Heilongjiang Province of China (LC2016038), Nn10 program of Harbin Medical University Cancer Hospital (Nn10 2017-03), Youth elite training Foundation of Harbin Medical University Cancer Hospital (JY2016-06), Outstanding Youth Foundation of Harbin Medical University Cancer Hospital (JCQN-2018-05), Harbin Medical University Postgraduate Research and Practice Innovation Project (Huining Li).

*Conflicts of Interest.* All authors have read the journal's policy on disclosure of potential conflicts of interest and have none to declare.

---

## References

- Al-Alwan M., Du Q., Hou S., Nashed B., Fan Y., Yang X. and Marshall A.J. (2007). Follicular dendritic cell secreted protein (FDC-SP) regulates germinal center and antibody responses. *J. Immunol.* 178, 7859-7867.
- Bellur S.S., Roberts I.S.D., Troyanov S., Royal V., Coppo R., Cook H.T., Cattran D., Arce Terroba Y., Asunis AM., Bajema I., Bertoni E., Bruijn J.A., Cannata-Ortiz P., Casartelli D., Maria Di Palma A., Ferrario F., Fortunato M., Furci L., Gakiopoulou H., Galesic Ljubanovic D., Giannakakis K., Gomà M., Gröne H.J., Gutiérrez E., Asma Haider S., Honsova E., Ioachim E., Karkoszka H., Kipgen D., Maldyk J., Mazzucco G., Orhan D., Ozluk Y., Pantzaki A., Perkowska-Ptasinska A., Riispere Z., Soderberg M.P., Steenbergen E., Stoppacciaro A., Sundelin Von Feilitzen B. and Tardanico R. (2019). Reproducibility of the Oxford classification of immunoglobulin A nephropathy, impact of biopsy scoring on treatment allocation and clinical relevance of disagreements: evidence from the VALidation of IGA study cohort. *Nephrol. Dial. Transplant.* 34, 1681-1690.
- Chen A., Yang S.S., Lin T.J. and Ka S.M. (2018). IgA nephropathy: clearance kinetics of IgA-containing immune complexes. *Semin. Immunopathol.* 40, 539-543.
- Feriozzi S. and Polci R. (2016). The role of tonsillectomy in IgA nephropathy. *J. Nephrol.* 29, 13-19.

*Triptolide inhibits tonsillar IgA production by FDC-SP*

- Guo H., Wang Z., Xu L., Zhang H., Chang R. and Chen A. (2019). Separation and simultaneous determination of seven bioactive components in *Tripterygium Wilfordii* Hook. F. and tripterygium preparations by micellar electrokinetic capillary chromatography. *Electrophoresis* 40, 547-554
- Han H.J., Jang Y.S., Seo G.Y., Park S.G., Kang S.G., Yoon S.I., Ko H.J., Lee G.S. and Kim P.H. (2018). Murine  $\gamma\delta$  T cells render B cells refractory to commitment of IgA isotype switching. *Immune Netw.* 2018, 18, e25.
- He L., Peng X., Chen Y., Liu G., Liu Z., Zhu J., Liu Y., Liu H., Liang Y., Liu F., Sun L. and Peng Y. (2016). Regulation of IgA class switch recombination in immunoglobulin A nephropathy: Retinoic acid signaling and BATF. *Am. J. Nephrol.* 43, 179-194.
- Hou S., Landego I., Jayachandran N., Miller A., Gibson I.W., Ambrose C. and Marshall A.J. (2014). Follicular dendritic cell secreted protein FDC-SP controls IgA production. *Mucosal Immunol.* 7, 948-957.
- Huang C., Li X., Wu J., Zhang W., Sun S., Lin L., Wang X., Li H., Wu X., Zhang P., Xu G., Wang H., Liu H., Liu Y., Chen D., Zhuo L., Li W., Yang H., Wang J., Wang L. and Liu X. (2019). The landscape and diagnostic potential of T and B cell repertoire in immunoglobulin A nephropathy. *J. Autoimmun.* 97, 100-107.
- Iwai Y., Noda K., Yamazaki M., Kato A., Mezawa M., Takai H., Nakayama Y. and Ogata Y. (2018). Tumor necrosis factor- $\alpha$  regulates human follicular dendritic cell-secreted protein gene transcription in gingival epithelial cells. *Genes Cells* 23, 161-171.
- Koutsakos M., Nguyen T.H.O. and Kedzierska K. (2019). With a little help from t follicular helper friends: Humoral immunity to influenza vaccination. *J. Immunol.* 202, 360-367.
- Lai L., Liu T., Yan M., Shang D., Qian J., Hao C. and Xue J. (2019). Abnormal glucose metabolism and galactose-deficient immunoglobulin A1 (IgA1) synthesis: a possible mechanism of IgA nephropathy. *Discov. Med.* 28, 39-45.
- Liang S., Jin J., Shen X., Jiang X., Li Y. and He Q. (2018). Triptolide protects podocytes via autophagy in immunoglobulin A nephropathy. *Exp. Ther. Med.* 16, 2275-2280.
- Liu J., Bian H., Ding R., Chi X. and Wang Y. (2016). Follicular dendritic cell-secreted protein may enhance osteoclastogenesis in periodontal disease. *Connect Tissue Res.* 57, 38-43.
- Mariani L.H., Bomback A.S., Canetta P.A., Flessner M.F., Helmuth M., Hladunewich M.A., Hogan J.J., Kiryluk K., Nachman P.H., Nast C.C., Rheault M.N., Rizk D.V., Trachtman H., Wenderfer S.E., Bowers C., Hill-Callahan P., Marasa M., Poulton C.J., Revell A., Vento S., Barisoni L., Cattran D., D'Agati V., Jennette J.C., Klein J.B., Laurin L.P., Twombly K., Falk R.J., Gharavi A.G., Gillespie B.W., Gipson D.S., Greenbaum L.A., Holzman L.B., Kretzler M., Robinson B., Smoyer W.E. and Guay-Woodford L.M. (2018). CureGN Consortium CureGN Study Rationale, Design, and Methods: Establishing a large prospective observational study of glomerular disease. *Am. J. Kidney Dis.* 73, 218-229.
- Marshall A.J., Du Q., Draves K.E., Shikishima Y., HayGlass K.T. and Clark E.A. (2002). FDC-SP, a novel secreted protein expressed by follicular dendritic cells. *J. Immunol.* 169, 2381-2389.
- Meng H.X., Li H.N., Ohe R., Naing Y.A., Yang S., Kabasawa T., Kato T., Osakabe M., Ohtake H., Ishida A., Lu J., Zhang L., Ohta N., Kakehata S., Joh K., Shi Q., Jin X., Geng J. and Yamakawa M. (2016). TSLP in tonsillar follicular dendritic cells correlates with elevated serum IgA titer by promoting tonsillar IgA class switching in IgA nephropathy. *Translational Res.* 176, 1-17.
- Moriyama T. (2019). Clinical and histological features and therapeutic strategies for IgA nephropathy. *Clin. Exp. Nephrol.* 23, 1089-1099.
- Proietti M., Perruzza L., Scribano D., Pellegrini G., D'Antuono R., Strati F., Raffaelli M., Gonzalez S.F., Thelen M., Hardt W.D., Slack E., Nicoletti M. and Grassi F. (2019). ATP released by intestinal bacteria limits the generation of protective IgA against enteropathogens. *Nat. Commun.* 10, 250.
- Su X., Lv J., Liu Y., Wang J., Ma X., Shi S., Liu L. and Zhang H. (2017). Pregnancy and kidney outcomes in patients with IgA nephropathy: A cohort study. *Am. J. Kidney Dis.* 70, 262-269.
- Sun M., Song H., Ye Y., Yang Q., Xu X., Zhu X., Zhang J., Shi S., Wang J. and Liu Z. (2019). Differential toxicities of triptolide to immortalized podocytes and the podocytes in vivo. *Biomed. Pharmacother.* 109, 2375-2386.
- Wang S., Liu Z., Wang J., Wang Y., Liu J., Ji X. and Wang X. (2019). The triptolide-induced apoptosis of osteoclast precursor by degradation of cIAP2 and treatment of rheumatoid arthritis of TNF-transgenic mice. *Phytother. Res.* 33, 342-349.
- Yewdell W.T. and Chaudhuri J. (2017). A transcriptional serendipity: the role of noncoding RNAs in class switch recombination. *Int. Immunol.* 29, 183-196.

Accepted December 9, 2019