Growing ideas through networks

Storytelling for U4V: how to connect the local community with stories Susana Martínez-Rodríguez (University of Murcia)

U4V Third Training School, Preparatory Webinar, February 8th 2022





Funded by the Horizon 2020 Framework Programme of the European Union





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 1.
 Storytelling: the basics

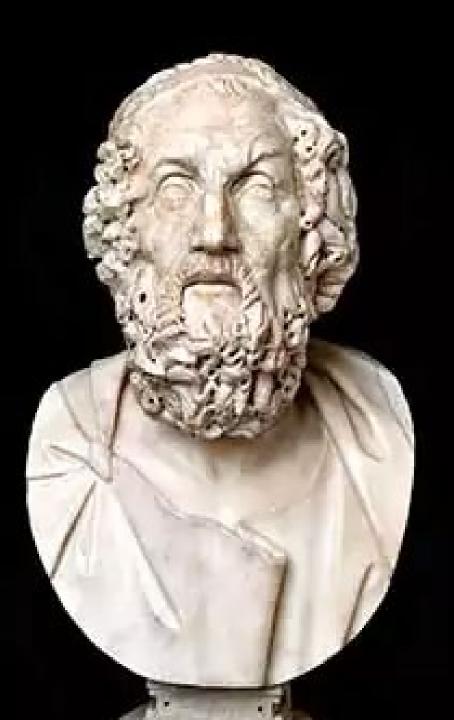
2.
 Storytelling & empower the community

























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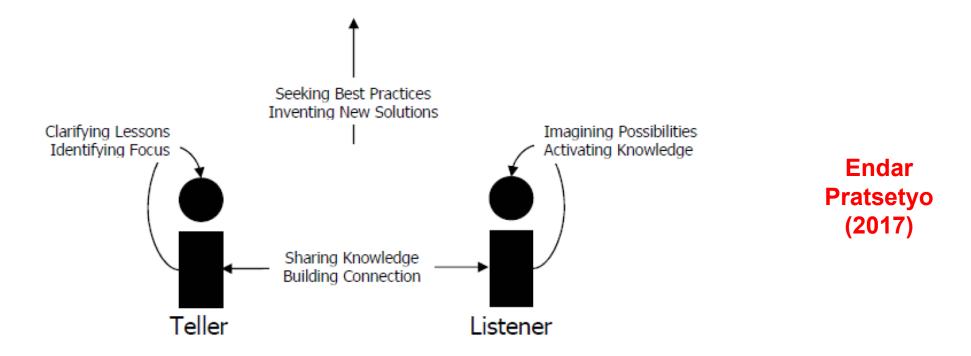
We are all consumers of stories

"There's always room for a story that can transport people to another place." --J.K. Rowling



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We are all consumers of stories

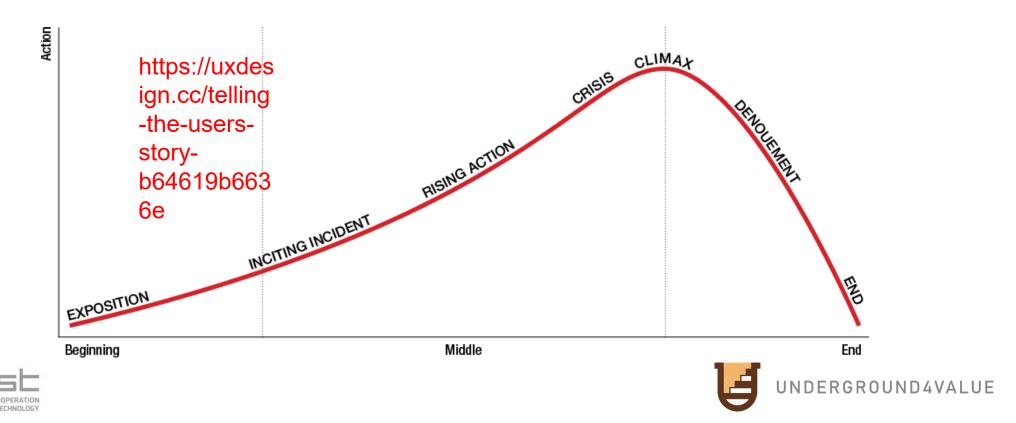






We are all consumers of stories

I. Putting in order (make sense) things that have happened



We are all consumers of stories

2. By telling a STORY we transmit information/details/emotion

Elements of an engaging story:
 Character
 Drama
 Resolution

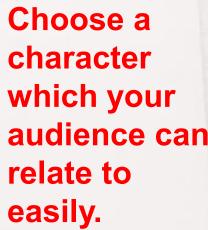
We are all consumer of stories

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audience can

Elements of a engaging story

 Listen to and understand your audience's needs and problems.







We are all consumer of stories

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 - Resolution







Set a drama which fits your prospect's problems, needs, or audience's journey.



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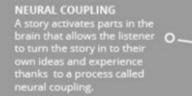
Elements of a engaging story Reso he \bigcirc tion. your natura udience

Oution.

Why we are all consumer of stories?

2. By telling a STORY we transmit information/details/emotion





MIRRORING

Listeners will not only experience the similar brain activity to each other, but also to the speaker. DOPAMINE The brain releases dopamine into the system when it experiences an emotionally-charged event, making it easier to remember and with greater accuracy.

CORTEX ACTIVITY

When processing facts, two areas of the brain are activated (Broca's and Wernicke's area). A well-told story can engage many additional areas, including the motor cortex, sensory cortex and frontal cortex. https://medium.com/the -mission/how-to-usethe-art-of-storytellingto-connect-with-thehearts-of-youraudience-e01136b87a1





HOW STORYTELLING AFFECTS THE BRAIN

NEURAL COUPLING

A story activates parts in the brain that allows the listener o to turn the story in to their own ideas and experience thanks to a process called neural coupling.

MIRRORING

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2. Community







Stories and community building tories are an opportunity to Engage people in meaninful change

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Stories and community building

Stories are an opportunity to
Help leaders to connect with possible

Stories and community building
Stories are an opportunity to
Honoring the past
Imaginate the future

HISTORY



Stories and community building

- Stories are an opportunity to
- Listen diverse voices



Storytelling is a powerful way to exchange learning experiences

- Sharing experiencies through narrative can
- Built trust
- Transfer knowledge
- Generate emotional connections





Storytelling has a central role in social movements

- Contructs agency
- Shapes identity
- Motivate actions







Barriers to the transformative power of storytelling

 IGNORANCE. People do not see that others have the experience needed

 2. LACK OF CAPABILITY. People lack of resources to put new knowledge into use 3. LACK OF RELATIONSHIPS. People do not have the personal ties to invest time in teaching/learning

4. LACK OF MOTIVATION... So what it the gain of this?





1. Starting point: What are the dominant narratives in our community?

ROCK PAINTING: connection with the past, preservation for future generations

MINING TRADICION: how to re-interpret the relation with the territory



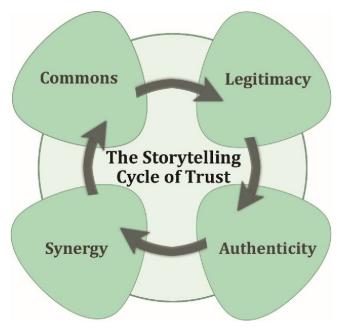




2. Identity the choices that are being made in our community that could potentially shape a sustainability narrative

ROCK PAINTING: previously ignored by the community. We need to create a connection

MINING TRADITION: the tradition has been long time ago. We need to rescue personal stories (the grandparent...) or built up new stories with



3. Ponderate the skills of the teller(s): how we can connect with the audience quickly

(see previous info Point 1 of this PPT)







4. How to create opportunities for sustainability stories to get told and passed on in our community?

Work with the community: meetings with skateholders, living lab experiences







5. Share our stories with others









