

This document is the Accepted Manuscript version of a Published Work that appeared in final form in PLOs one, copyright © (2020 Oltra et al.) after peer review and technical editing by the publisher. To access the final edited and published work see <https://doi.org/10.1371/journal.pone.0234861>.

1 **Cardiac, renal and uterine hemodynamics changes throughout pregnancy**
2 **in rats with a prolonged high fat diet from an early age**
3

4
5
6
7 Lidia Oltra, Virginia Reverte, Antonio Tapia, Juan M. Moreno,
8 Francisco J. Salazar, María T. Llinás
9

10
11
12
13 Department of Physiology, School of Medicine, University of Murcia. Biomedical Research
14 Institute in Murcia (IMIB-Arrixaca), Spain
15

16
17 **Key words:** Cardiac, renal and uterine hemodynamics; Gestation; High fat diet.
18
19
20
21

22 **Short title:** Effects of early high fat diet on hemodynamic changes during pregnancy
23
24

25 **Corresponding author:**

26 Francisco Javier Salazar, Department of Physiology
27 School of Medicine, University of Murcia, 30110 Murcia, Spain
28 salazar@um.es
29

30
31 **Authors contribution**

32 J.M.M., F.J.S. and MTL conceived and designed research; L.O.; V.R., A.T. and M.T.L.
33 performed experiments; L.O.; F.J.S. and M.T.L. analyzed data; L.O. J.M.M., F.J.S. and
34 M.T.L. interpreted results of experiments; L.O.; V.R., F.J.S. and M.T.L. prepared figures;
35 L.O.; F.J.S. and M.T.L. drafted manuscript; L.O.; V.R., A.T., J.M.M., F.J.S. and M.T.L.
36 edited and revised manuscript; L.O.; V.R., A.T., J.M.M., F.J.S. and M.T.L. approved final
37 version of manuscript.

38 ABSTRACT

39 Objective: To examine whether the cardiac, renal and uterine physiological hemodynamic
40 changes during gestation are altered in rats with an early and prolonged exposure to a high fat
41 diet (HFD).

42 Methods: Arterial pressure and cardiac, renal, uterine and radial arteries hemodynamic
43 changes during gestation were examined in adult SD rats exposed to normal (13%) (n=8) or
44 high (60%) (n=8) fat diets from weaning. Plethysmography, high-resolution high-frequency
45 ultrasonography and clearance of an inulin analog were used to evaluate the arterial pressure
46 and hemodynamic changes before and at days 7, 14 and 19 of gestation.

47 Results: Arterial pressure was higher ($P<0.05$) in rats with high than in those with normal
48 (NFD) fat diet before pregnancy (123 ± 3 and 110 ± 3 mmHg, respectively) and only decreased
49 at day 14 of gestation in rats with NFD (98 ± 4 mmHg, $P<0.05$). A significant increment in
50 stroke volume ($42 \pm 10\%$) and cardiac output ($51 \pm 12\%$) was found at day 19 of pregnancy in
51 rats with NFD. The changes in stroke volume and cardiac output were similar in rats with
52 NFD and HFD. When compared to the values obtained before pregnancy, a transitory
53 elevation in renal blood flow was found at day 14 of pregnancy in both groups. However,
54 glomerular filtration rate only increased ($P<0.05$) in rats with NFD at days 14 ($20 \pm 7\%$) and
55 19 ($27 \pm 8\%$) of gestation. The significant elevations of mean velocity, and velocity time
56 integral throughout gestation in radial ($127 \pm 26\%$ and $111 \pm 23\%$, respectively) and uterine
57 ($91 \pm 16\%$ and $111 \pm 25\%$, respectively) arteries of rats with NFD were not found in rats with
58 an early and prolonged HFD.

59 Summary: This study reports novel findings showing that the early and prolonged exposure to
60 a HFD leads to a significant impairment in the renal, uterine and radial arteries hemodynamic
61 changes associated to gestation.

62 INTRODUCTION

63 The systemic, renal and uterine hemodynamic changes throughout gestation have been
64 extensively examined (1-5) but the results obtained are very often contradictories because the
65 methods used were not adequate for long-term studies in the same subjects. However, it is
66 accepted that the physiological changes throughout gestation include a decrease in arterial
67 pressure (AP) (1,2), an increase in cardiac output (CO) (3,4), an elevation in glomerular
68 filtration rate (GFR) (1,6) and a progressive increment in the uterine blood flow (5). These
69 hemodynamic changes are necessary to provide the nutritional needs of the fetus.

70 Maternal obesity is a health problem with an increasing prevalence worldwide that is
71 associated with an altered cardiovascular adaptation during gestation and adverse pregnancy
72 outcomes (7-9). However, very little is known on the cardiovascular, renal and uterine
73 hemodynamic adaptations to pregnancy in subjects with a prolonged exposure to a high fat
74 diet (HFD) from an early age. This information is important because the prevalence of
75 childhood overweight is set to rise even more during the next years (10) and obesity induced
76 by overnourishment in adolescents results in major placental restriction during gestation (11).
77 The main objective of this study was to examine the impact of a prolonged HFD from
78 weaning up to and throughout pregnancy on the AP, cardiac, renal and uterine hemodynamic
79 changes associated to gestation. The hypothesis was that this prolonged HFD would lead to an
80 altered vascular adaptation in organs that contribute to the decrease in total peripheral
81 resistance and adequate fetal development during gestation. This hypothesis is supported by
82 results showing that females with a HFD from weaning are hypertensive, have an elevation in
83 leptin, a decrease in adiponectin levels, and an enhanced infiltration of lymphocytes in the
84 kidney (12). Cardiac, renal and uterine hemodynamic changes were assessed before and
85 throughout gestation by non-invasive methods, in rats with normal (NFD) or high fat diets.
86 Hemodynamic changes were also examined in radial arteries because they are closer to known
87 sites of vascular pathology in human intrauterine growth restricted (IUGR) placentas (13).

88 MATERIALS AND METHODS

89 Animals and experimental procedures

90 Studies were performed, according to the “European Convention for the Protection of
91 Vertebrate Animals used for Experimental and other Scientific Purposes”, in Sprague-Dawley
92 (SD) rats from the Animals Service of the University of Murcia. The University review
93 committee approved the study prior to beginning research (A1320140709) and all efforts were
94 made to minimize animal suffering. Plastic cages (45x34x20 cm) with wood chip bedding and
95 shredded paper were used for housing in a temperature ($21 \pm 1^\circ\text{C}$) and humidity (45-60%
96 relative humidity) controlled room on a 12/12 light-dark cycle, with ad libitum access to
97 water and food. Female rats of 12–14 weeks of age were paired with fertile males overnight
98 and mating was confirmed when sperm was found in the vaginal smear. Pregnant female rats
99 were then individually housed during gestation and labour. Litter were kept with the mother
100 until weaning. At this point, two female pups were selected and randomly assigned to receive
101 either a NFD or a HFD from weaning to the end of gestation. The remaining male and female
102 pups were used for other studies. Four female rats with each fat diet were housed in each cage
103 from weaning to 13-14 weeks of age. The calories in NFD (Tekland 2014, Energy density: 2.9
104 Kcal/g) are from proteins (20%), fat (soybean oil) (13%) and carbohydrate (67%). The
105 calories in HFD (Tekland TD.06414, Energy density: 5.1 Kcal/g) are from proteins (18,4%),
106 fat (lard + soybean oil) (60.3%) and carbohydrate (21.3%). Food intake was not measured but
107 a previous study (12) showed that food intake was greater ($p < 0.05$) in rats with NFD ($15,3 \pm$
108 $1,1$ grams/day) than in rats with HFD ($11,8 \pm 1,4$ grams/day) at 3,5 months of age.

109 Female rats with NFD ($n = 8$) or with HFD ($n = 8$) were placed with a fertile male overnight at
110 13-14 weeks of age, and day 0 of pregnancy was considered as the morning that sperm was
111 found in the vaginal smear. Pregnant rats were pair housed up to day 17 of gestation and
112 caged individually four days before labour. Changes in systolic AP (SAP), CO, renal blood

113 flow (RBF), GFR, and uterine and radial arteries hemodynamic were examined before and
114 during pregnancy in both groups of rats with NFD or HFD. Ultrasounds and SAP
115 measurements were performed during less than 30 min in anesthetized rats (isoflurane in O₂
116 with the use of a face mask: 4% to induce; 2-2,5% to maintain) on a heated platform to
117 maintain rectal temperature at 37°C. Arterial pressure was measured by the tail-cuff method
118 (CODA, Kent Scientific, CT) under superficial anesthesia to avoid the stress during the
119 inflation-deflation cycles. The average of 10 measurements were taken as SAP value. In
120 previous studies (14), it was found that the SAP values obtained using this method are highly
121 correlated with those obtained in conscious freely moving rats with intra-arterial catheters.

122 **Ultrasound studies**

123 Cardiac output, RBF and hemodynamic in uterine and radial arteries were evaluated using a
124 high-resolution micro-ultrasound system (Vevo® 3100, VisualSonics, Toronto, Canadá) and
125 two transducers: MX250 (axial resolution: 50 µm; frequency: 25 MHz) and MX400 (axial
126 resolution: 75 µm; frequency: 40 MHz). Data were transferred to an ultrasound image
127 workstation for analysis (Vevo LAB 3.1.1). The highest point of the systolic waveform was
128 taken as the peak systolic velocity (PSV) and the point of the diastolic waveform as the end
129 diastolic velocity (EDV). Both PSV and EDV were measured from at least five consecutive
130 cardiac cycles. Velocity time integral (VTI) was obtained by outlining five consecutive
131 heartbeat cycles and the integral under the resulting curve was calculated. The time-average
132 velocity (TAV) was measured by the ultrasound system considering the heartbeat cycles.

133 Cardiac hemodynamic. B-mode and M-mode echocardiographic evaluations were performed
134 using the 25 MHz transducer. B-mode was activated to visualize the heart, then M-mode was
135 pressed and measurements of stroke volume (SV), HR and CO obtained from at least three
136 consecutive cardiac cycles.

137 Uterine and radial arteries hemodynamics. Hemodynamic in the uterine and radial arteries
138 were only examined at days 7, 14 and 19 of gestation because radial arteries are first clearly
139 visualized by day 7 of pregnancy. B-mode was pressed to locate the bladder and doppler
140 mode was activated to visualize the uterine artery. Ultrasound evaluation of radial arteries was
141 carried out in four embryos in each rat, two from each uterine horn. 40 MHz probe was used
142 at days 7 and 14, and a 25 MHz probe was used at day 19 of gestation.

143 Renal hemodynamic. Blood flow was measured in the left kidney using 40 MHz probe. B-
144 mode was activated to visualize the renal artery and its diameter measured tracing a line
145 between the internal opposite sides of the arterial wall in two frozen images. Five
146 measurements were obtained in each image to get the arterial diameter. The RBF was
147 calculated from: $RBF = HR \times VTI \times \pi r^2$, where r is the vessel radius.

148 **Measurements of GFR in conscious rats**

149 Five hours after the ultrasound and AP measurements finished, GFR was obtained by the
150 transcutaneous measurement of the elimination kinetic of an inulin analog (flurescein-
151 isothiocyanate-labelled [FITC] sinistrin) (15). Rats were anesthetized with isoflurane (2.5%)
152 and a miniaturized device (Manheim Pharma & Diagnostic, Germany) was fixed on a hairless
153 region of the back. Then, a FITC-sinistrin solution (40 mg/ml) was injected trough the tail
154 vein (5 mg/100 g bw) and rats were quickly recovered from anesthesia. Once the recording
155 period (120 min) was over, the device was removed and connected to a PC to download the
156 data. The software provided displays the FITC-sinistrin half-life ($t_{1/2}$) along with an R2
157 value. The FITC-sinistrin half-life allows calculating GFR by using a conversion factor
158 ($31.26/t_{1/2}$). This method is sensitive (15), and does not have some inconvenient of the inulin
159 clearance, such as the requirement of implanting one catheter for blood sampling. In addition,
160 clearance methods generally require restraining the movement and are not adequate during
161 pregnancy because of the risk of incomplete urine collection.

162 **Statistical analysis.** Data in text and figures are given as means \pm SE. Data were analyzed
163 using GraphPad Prism 6 software. Differences between experimental periods within one
164 group were evaluated using one way ANOVA for repeated measures with Tukey's post hoc
165 analysis. Differences between groups were assessed with the use of two way ANOVA and
166 Sidak's test. Student's t test were used to examine the differences with respect to the values
167 found during the prepregnancy period within one group (paired) and between groups (un-
168 paired). Two-sided P value lower than 0.05 was considered significant.

169 **RESULTS**

171 Body weight and SAP. Body weight was greater ($P < 0.05$) in rats with HFD than in those with
172 NFD before pregnancy (274 ± 6 g and 237 ± 5 g, respectively) and at day 19 of gestation (355
173 ± 9 g and 326 ± 12 g, respectively). Increments of body weight were similar in both groups
174 throughout gestation. Figure 1 shows that SAP decreased ($P < 0.05$) in rats with NFD from 110
175 ± 3 to 98 ± 4 mmHg at day 14 of pregnancy. Before pregnancy, SAP was enhanced ($P < 0.05$)
176 in rats with HFD (124 ± 4 mmHg) and remained elevated ($P < 0.05$) throughout gestation,
177 when compared to the values found in rats with NFD. Considering the changes of SAP during
178 gestation as a whole, they were similar in rats with NFD or HFD (figure 1).

179 Cardiac output, HR and SV. Cardiac output increased ($P < 0.05$) in rats with NFD from 49 ± 4
180 ml/min to 71 ± 3 ml/min at day 19 of gestation (figure 2). This CO change seems to be
181 secondary to a $42 \pm 10\%$ increment in SV (figure 2). An increase in HR ($P < 0.05$) was only
182 found in rats with NFD at day 14 of gestation (377 ± 8 vs 346 ± 9 beats/min before
183 pregnancy). CO was similar before pregnancy in rats with NFD or HFD (figure 2). The
184 absence of a difference between the CO found in both groups before pregnancy is more
185 evident when their bw (20 ± 2 ml/min/100 g in rats with NFD, and 21 ± 2 ml/min/100 g in
186 rats with HFD) is considered. Taken as a whole throughout gestation, the SV and CO were
187 similar in rats with NFD and with a prolonged exposure to a HFD (figure 2).

188 Uterine and radial arteries hemodynamic. Significant hemodynamic changes in the uterine
189 and radial arteries were found in rats with NFD (figure 3). TAV in the uterine artery increased
190 ($P<0.05$) from 263 ± 20 mm/s at day 7 to 423 ± 18 mm/s at day 14, and 483 ± 17 mm/s at day
191 19 of pregnancy. The elevations in PSV and EDV throughout gestation were similar to those
192 of TAV in rats with NFD. Significant changes of VTI were also found in uterine arteries since
193 it increased ($P<0.05$) at days 14 ($80 \pm 15\%$) and 19 ($111 \pm 25\%$), with respect to the values
194 found at day 7 of pregnancy. TAV increased ($P<0.05$) in the radial arteries from 64 ± 3 mm/s
195 at day 7, to 99 ± 7 and 143 ± 16 mm/s at days 14 and 19, respectively (figure 3). A significant
196 elevation of VTI was also found in the radial arteries of rats with NFD since it increased from
197 11 ± 1 mm/s at day 7, to 17 ± 1 and 23 ± 3 mm/s at days 14 and 19 of gestation, respectively
198 (figures 3 and 4). Contrary to what found in rats with NFD, the hemodynamic parameters
199 measured in the main uterine and radial arteries did not change significantly during gestation
200 in rats with a prolonged HFD. Figures 3 and 4 show that TAV and VTI in radial arteries of
201 HFD did not change from day 7 to days 14 and 19 of gestation. EDV in radial arteries was
202 also similar at days 7 (60 ± 6 mm/s), 14 (69 ± 8 mm/s) and 19 (74 ± 11 mm/s) of gestation in
203 HFD rats.

204 Renal hemodynamics. No significant differences in renal hemodynamics were found between
205 both groups before pregnancy (figure 5). A transitory increase in RBF was found at day 14 of
206 gestation in rats with NFD. However, an elevation of GFR was found in these rats at days 14
207 ($1,18 \pm 0,05$ ml/min/100 gr bw) and 19 ($1,24 \pm 0,07$ ml/min/100 gr bw), when compared to
208 the GFR before pregnancy ($0,98 \pm 0,02$ ml/min/100 gr bw) (figure 5). A transitory elevation
209 ($P<0.05$) in RBF was also found in rats with HFD. No significant changes in GFR occurred at
210 days 14 ($1,07 \pm 0,04$ ml/min/100 gr bw) and 19 ($1,00 \pm 0,03$ ml/min/100 gr bw) of gestation
211 in rats with HFD, when compared to the values found before pregnancy ($1,12 \pm 0,06$

212 ml/min/100 gr bw). Figure 5 also shows that GFR was greater ($P<0.05$) in rats with NFD than
213 in rats with HFD at day 19 of gestation.

214

215 **DISCUSSION**

216 This study reports new findings showing to what extent the changes in SAP, CO, RBF, GFR
217 and hemodynamic in the uterine and radial arteries are altered during gestation as a
218 consequence of a prolonged exposure to a HFD from weaning. The most notable findings are
219 that the prolonged HFD from an early age leads to a significant impairment in the renal,
220 uterine and radial arteries hemodynamic changes associated to pregnancy. These
221 hemodynamic changes occurred despite body weight was only slightly enhanced in rats with
222 HFD.

223 The cardiac, renal and uterine hemodynamic changes throughout gestation were evaluated in
224 the same subjects by noninvasive methods. It is important because it provides the opportunity
225 to determine whether the renal and uterine hemodynamic changes during pregnancy are
226 associated to those in cardiac function in subjects with a prolonged HFD. The hemodynamics
227 changes were examined by color Doppler technology with high spatial and temporal
228 resolution that allows to detect structural and hemodynamic changes (16,17).

229 Although there are contradictory results with respect to the AP changes during pregnancy
230 (1,2), the modest decrease found in rats with NFD is similar to that reported in rodents (18)
231 and women (19). A decrease in systemic vascular resistance, as a consequence of an
232 increment in NO and relaxin (1,2,20), may be involved not only in the modest reduction of
233 AP but also in the elevation of SV of and CO. The observed changes in SV and CO are also
234 similar to those found in women (3) and mice (4).

235 This study shows new data evaluating the hemodynamic evolution in radial arteries during
236 pregnancy and using high resolution ultrasound. The continuous increments in VTI and TAV
237 in the uterine and radial arteries are consistent with a progressive rise in blood flow since

238 there is an elevation in the uterine artery diameter during gestation (5). This change in blood
239 flow suggests that there is a continuous increase in the proportion of blood ejected from the
240 heart to the placenta, which is necessary for the correct placental and every organ fetal
241 growth. This vasodilation has been attributed to several mechanisms such as relaxin, vascular
242 endothelial growth factor, and NO (1,21).

243 Numerous studies have examined the renal hemodynamic changes during pregnancy but there
244 is a considerable heterogeneity in their findings that may be explained by the use of invasive
245 methods at different gestational periods (1,22,23). The changes of GFR and RBF in our rats
246 with NFD (figure 5) are similar to that reported in women (6) during gestation. A continuous
247 increase of GFR was found but RBF only increased at day 14. A decrease in plasma colloid
248 osmotic pressure, an increase in blood volume and increments in relaxin and NO may be
249 involved in the physiological renal hemodynamic changes during pregnancy (6,24-26).

250 The importance of evaluating the impact of an early and prolonged HFD on the cardiac, renal
251 and uterine hemodynamics changes during pregnancy is obvious because the offspring of
252 dams with an early HFD may develop cardiovascular and metabolic dysfunctions at early
253 ages (27-29). The SAP elevation before pregnancy in rats with HFD (figure 1) are associated
254 to increases in fat abdominal volume and leptin, and a decrease in adiponectin (12).
255 Epidemiological and experimental studies showed that AP is elevated at the middle and at the
256 end of gestation in obese subjects (30) but they did not examine whether AP was already
257 elevated before pregnancy. This study reports novel findings showing that AP does not
258 change significantly throughout gestation in rats with an early and prolonged exposure to a
259 HFD. The similar changes in SV and CO throughout gestation in rats with NFD and those
260 with HFD (figure 2) suggest that the cardiovascular adaptation to pregnancy is unaltered in
261 overweight subjects.

262 The absence of significant changes in the uterine and radial arteries hemodynamics suggests
263 that a HFD from an early age leads to an inability of utero-placental blood flow to increase
264 with advancing gestation. Previous studies have examined the hemodynamic changes in the
265 uterine artery during gestation in obese subjects (31,32). However, there are no studies
266 evaluating to what extent the hemodynamic changes thought the radial arteries are also altered
267 in overweighted subjects with an early and prolonged HFD. It is important since the
268 hemodynamic changes in the radial arteries may affect to a greater extent the blood
269 hemodynamic through the spiral arteries than the hemodynamic changes in the uterine artery.
270 TAV and VTI in the radial arteries were similar in both groups of rats at day 7 of gestation,
271 despite AP was enhanced in rats exposed to a HFD. The absence or delayed normal late-
272 gestational increase of EDV to the placenta has been reported in IUGR mouse models and in
273 human fetuses with IUGR (33,34). The altered hemodynamic changes are important since an
274 early insult on uteroplacental development precedes the late-gestation reduction in placental
275 mass (35,36). Our results are also in accordance with those showing an altered vascular
276 development in the placenta of rats with HFD (37). The fact that the uterine and radial arteries
277 hemodynamic are affected, suggest that the blood supply to fetal organs is significantly
278 deteriorated during pregnancy in rats fed a HFD early in life. It is important that the effect of
279 the prolonged exposure to a HFD on uterine and radial arteries hemodynamic occurred
280 despite body weight was only slightly elevated before and during pregnancy. These results are
281 in agreement with those reported in nonhuman primates (32), showing that the decrease in
282 uterine blood flow is independent of the obese maternal phenotype.

283 The consequences of obesity during pregnancy on the offspring renal function have been
284 examined (28,38), but it was unknown to what extent the physiological renal hemodynamic
285 changes are altered during gestation in overweighted subjects with an early and prolonged
286 HFD. This study reports novel findings showing that RBF increases transitorily in rats with a

287 HFD, but in the absence of a decrease in AP. The absence of a significant elevation in GFR
288 during most of gestation in rats with a prolonged HFD (figure 5) is important since
289 glomerular hyperfiltration allows eliminating the waste products of metabolism and it is
290 consequently necessary to have a healthy pregnancy. The renal hemodynamic changes in rats
291 fed a prolonged HFD may be related to the increments in interleukin-6, infiltration of T cells
292 in the renal tissue, albuminuria and leptin levels, and to the decrease in adiponectin in these
293 rats before pregnancy (12,39). The reduced uteroplacental flow may also be related to the
294 absence of a significant increment in GFR during the second and third week of pregnancy.
295 The results of this study also suggest that the elevated AP at the end of pregnancy in rats with
296 HFD is not only secondary to the release of vasoactive factors since the difference in AP
297 between both groups rats is similar before and at the end of gestation (figure 1).
298 Changes in leptin, adiponectin and inflammatory mediators have been proposed to be
299 involved in the altered uteroplacental blood flow during pregnancy in obese subjects
300 (21,31,40). Taking together with those reported previously (12), our results suggest that an
301 early and prolonged HFD may alter the intrauterine environment as a consequence of changes
302 in adipokines and inflammatory mediators. An imbalance in the circulating levels of pro-
303 (VEGF and PlGF) and anti-angiogenic (sFlt-1) factors could also be involved in the AP
304 increment and in the altered renal and uterine hemodynamic changes during pregnancy in rats
305 with an early and prolonged exposure to a HFD. The imbalance in these angiogenic factors
306 have been proposed by several authors in preeclampsia but there are fewer studies
307 investigating whether they are modified in overweighted and obese females (41). Further
308 studies evaluating the mechanisms involved in the renal and uterine hemodynamic
309 dysfunctions found in overweighted subjects with HFD are needed.

310 In summary, this study reports new data showing that overweight females with an early and
311 prolonged HFD have a significant impairment in the renal, uterine and radial arteries

312 hemodynamic changes associated to gestation. New data are also reported showing that the
313 changes in the hemodynamic through the renal, uterine and radial arteries are not secondary to
314 a decrease in CO. Further studies are also needed to examine to what extent these
315 hemodynamic changes contribute to the development of cardiovascular and metabolic
316 dysfunctions in the progeny. To determine the mechanisms involved in this altered renal and
317 uterine hemodynamic adaptation throughout gestation is of crucial importance because an
318 altered blood supply to the placenta leads to depressed maturation and proliferation of
319 working cardiomyocytes in the fetal heart (42). The reduction in uterine blood flow also
320 enhances the risk to adult cardiovascular and renal diseases (43), even in offspring with
321 birthweights within the normal range (10).

322 **REFERENCES**

- 323 1. Conrad KP, Davison J.M. The renal circulation in normal pregnancy and preeclampsia: is
324 there a place for relaxin? Am J Physiol Renal Physiol. 2014;306: F1121-F1135.
- 325 2. Granger JP. Maternal and fetal adaptations during pregnancy: lessons in regulatory and
326 integrative physiology. Am J Physiol Regul Integr Comp Physiol. 2002;283: R1289-
327 R1292.
- 328 3. Mahendru AA, Foo FL, McEniery CM, Everett TR, Wilkinson IB, Lees CC. Change in
329 maternal cardiac output from preconception to mid-pregnancy is associated with birth
330 weight in healthy pregnancies. Ultrasound Obstet Gynecol. 2017;49: 78-84.
- 331 4. Wong AY, Kulandavelu S, Whiteley KJ, Qu D, Langille BL, Adamson S.L. Maternal
332 cardiovascular changes during pregnancy and postpartum in mice. Am J Physiol Heart
333 Circ Physiol. 2002;282: H918-H925.
- 334 5. Mandala M, Osol G. Physiological remodeling of the maternal uterine circulation during
335 pregnancy. Basic Clin Pharmacol Toxicol. 2011;110: 12-18.
- 336 6. Oduyayo A, Hladunewich M. Obstetric Nephrology: Renal Hemodynamic and Metabolic
337 Physiology in Normal Pregnancy. Clin J Am Soc Nephro. 2012;17: 2073–2080.
- 338 7. Bazzano MV, Paz DA, Elia E.M. Obesity alters the ovarian glucidic homeostasis
339 disrupting the reproductive outcome of female rats. J Nutr Biochem.2017;42: 194-202.
- 340 8. Buddeberg BS, Sharma R, O'Driscoll JM, Kaelin A, Khalil A, Thilaganathan B. Cardiac
341 maladaptation in obese pregnancy at term. Ultrasound Obstet Gynecol. 2018;54(3): 344-
342 349.
- 343 9. Dennis AT, Castro JM, Ong M, Carr C. Haemodynamics in obese pregnant women.
344 International Journal of Obstetric Anesthesia. 2012;21: 129-134.

- 345 10. Carr DJ, David AL, Aitken RP, Milne JS, Borowicz PP, Wallace JM, Redmer DA.
346 Placental vascularity and markers of angiogenesis in relation to prenatal growth status in
347 overnourished adolescent ewes. Placenta. 2016;46: 79-86.
- 348 11. Wallace JM, Luther JS, Milne JS, Aitken RP, Redmer DA, Reynolds LP, Hay WW Jr.
349 Nutritional modulation of adolescent pregnancy outcome - A review. Placenta. 2006;27:
350 61-8.
- 351 12. Moreno JM, Tapia A, Reverte V, Oltra L, Llinas MT, Salazar FJ. Sex-dependent
352 differences in the adverse renal changes induced by an early in life exposure to a high-fat
353 diet. Am J Physiol Renal Physiol. 2019;16: F332-F340.
- 354 13. Haberman S, Friedman ZM. Intraplacental spectral Doppler scanning: fetal growth
355 classification based on Doppler velocimetry. Gynecol Obstet Invest. 1997;43: 11-19.
- 356 14. Salazar F, Reverte V, Saez F, Loria A, Llinas MT, Salazar FJ. Age and sodium-sensitive
357 hypertension and sex-dependent renal changes in rats with a reduced nephron number.
358 Hypertension. 2008;51: 1184 -1189.
- 359 15. Cowley AW. Jr, Ryan RP, Kurth T, Skelton MM, Schock-Kusch D, Gretz N. Progression
360 of GFR reduction determined in conscious Dahl S hypertensive rats. Hypertension.
361 2013;621: 85-90.
- 362 16. O'Neill WC. Renal relevant radiology: use of ultrasound in kidney disease and
363 nephrology procedures. Clin J Am Soc Nephrol. 2014;9: 373-381.
- 364 17. Oltra L, Reverte V, Garcés B, Li Volti G, Moreno JM, Salazar FJ, Llinas MT.
365 Trophoblast-induced spiral artery remodeling and uteroplacental haemodynamics in
366 pregnant rats with increased blood pressure induced by heme oxygenase inhibition.
367 Placenta 2020;89: 91-98.

- 368 18. West CA, Sasser JM, Baylis C. The enigma of continual plasma volume expansion in
369 pregnancy: critical role of the renin-angiotensin-aldosterone system. *Am J Physiol Renal*
370 *Physiol.* 2016;311: F1125-F1134.
- 371 19. Soma-Pillay P, Nelson-Piercy C, Tolppanen H, Mebazaa A. Physiological changes
372 in pregnancy. *Cardiovasc J Afr.* 2016;27: 89-94.
- 373 20. Tkachenko O, Shchekochikhin D, Schrier RW. Hormones and Hemodynamics in
374 Pregnancy. *Int J Endocrinol Metab.* 2014; 12:e14098. doi: 10.5812/ijem.14098
- 375 21. Spradley FT. Metabolic abnormalities and obesity's impact on the risk for developing
376 preeclampsia. *Am J Physiol Regul Integr Comp Physiol.* 2017;312: R5-R12.
- 377 22. Alexander BT, Miller MT, Kassab S, Novak J, Reckelhoff JF, Kruckeberg WC, Granger
378 JP. Differential expression of renal nitric oxide synthase isoforms during pregnancy in
379 rats. *Hypertension.* 1999;33: 435-439.
- 380 23. Van Drongelen J, de Vries R, Lotgering FK, Smits P, Spaanderman ME. Functional
381 vascular changes of the kidney during pregnancy in animals: a systematic review and
382 meta-analysis. *PLoS One.* 2014;9 (11):e112084. doi: 10.1371/journal.pone.0112084
- 383 24. Cheung KL, Lafayette RA. Renal physiology of pregnancy. *Adv Chronic Kidney Dis.*
384 2013;20: 209-214.
- 385 25. Cadnapaphornchai MA, Ohara M, Morris KG. Jr, Knotek M, Rogachev B, Ladtkow T.
386 Chronic NOS inhibition reverses vasodilation and glomerular hyperfiltration in
387 pregnancy. *Am J Physiol Renal Physiol.* 2001;280: F592-F598.
- 388 26. Novak J, Danielson LA, Kerchner LJ, Sherwood OD, Ramirez RJ, Moalli P.A. Relaxin is
389 essential for renal vasodilation during pregnancy in conscious rats. *J. Clin. Invest.*
390 2001;107: 469-1475.
- 391 27. Howie GJ, Sloboda DM, Kamal T, Vickers MH. Maternal nutritional history predicts
392 obesity in adult offspring independent of postnatal diet. *J Physiol.* 2009;587: 905-915.

- 393 28. Glastras SJ, Chen H, Pollock CA, Saad S. Maternal obesity increases the risk of
394 metabolic disease and impacts renal health in offspring. Biosci Rep. 2018;38(2). pii:
395 BSR20180050. doi: 10.1042/BSR20180050.
- 396 29. Van De Maele K, Devlieger R, Gies I. In utero programming and early detection of
397 cardiovascular disease in the offspring of mothers with obesity.
398 Atherosclerosis. 2018;275: 182-195.
- 399 30. Spradley FT, Palei AC, Granger J.P. Differential body weight, blood pressure and
400 placental inflammatory responses to normal versus high-fat diet in melanocortin-4
401 receptor-deficient pregnant rats. J Hypertens. 2016;34: 1998-2007.
- 402 31. Frias AE, Morgan TK, Evans AE, Rasanen J, Oh KY, Thornburg KL, Grove KL.
403 Maternal high-fat diet disturbs uteroplacental hemodynamics and increases the frequency
404 of stillbirth in a nonhuman primate model of excess nutrition. Endocrinology. 2011;152:
405 2456-2464.
- 406 32. Salati JA, Roberts VHJ, Schabel MC, Lo JO, Kroenke CD, Lewandowski KS. Maternal
407 high-fat diet reversal improves placental hemodynamics in a nonhuman primate model of
408 diet-induced obesity. Int J Obes (Lond). 2019;43: 906-916.
- 409 33. Acharya G, Wilsgaard T, Berntsen GK, Maltau JM, Kiserud T. Reference ranges for
410 serial measurements of blood velocity and pulsatility index at the intra-abdominal
411 portion, and fetal and placental ends of the umbilical artery. Ultrasound Obstet Gynecol.
412 2005;26: 162-169.
- 413 34. Mu J, Adamson SL. Developmental changes in hemodynamics of uterine artery, utero-
414 and umbilicoplacental, and vitelline circulations in mouse throughout gestation. Am J
415 Physiol Heart Circ Physiol. 2006;291: H1421–H1428.

- 416 35. Redmer DA, Luther JS, Milne JS, Aitken RP, Johnson ML, Borowicz PP, Reynolds LP,
417 Wallace JM. Fetoplacental growth and vascular development in overnourished
418 adolescent sheep at day 50, 90 and 130 of gestation. Reproduction. 2009;137: 749-757.
- 419 36. Wallace JM, Milne JS, Aitken RP. The effect of overnourishing singleton-bearing adult
420 ewes on nutrient partitioning to the gravid uterus. Br J Nutr. 2005;94: 533-539.
- 421 37. Hayes EK, Lechowicz A, Petrik JJ, Storozhuk Y, Paez-Parent S, Dai Q, Samjoo IA,
422 Mansell M, Gruslin A, Holloway AC, Raha S. Adverse fetal and neonatal outcomes
423 associated with a life-long high fat diet: role of altered development of the placental
424 vasculature. PLoS One 2012; 7:e33370. doi: 10.1371/journal.pone.0033370.
- 425 38. Wong MG, The NL, Glastras S. Maternal obesity and offspring risk of chronic kidney
426 disease. Nephrology (Carlton). 2018;4: 84-87.
- 427 39. Hunley TE, Ma LJ. Kon V. Scope and mechanisms of obesity-related renal disease. Curr
428 Opin Nephrol Hypertens. 2010;19: 227-234.
- 429 40. Palei AC, Spradley FT, Granger JP. Chronic hyperleptinemia results in the development
430 of hypertension in pregnant rats. Am J Physiol Regul Integr Comp Physiol. 2015;308:
431 R855-R861.
- 432 41. Spradley FT, Palei AC, Granger JP. Increased risk for the development of preeclampsia
433 in obese pregnancies: weighing in on the mechanisms. Am J Physiol Regul Integr Comp
434 Physiol. 2015;309: R1326-R1343.
- 435 42. Ahmed A, Delgado-Olguin P. Isolating embryonic cardiac progenitors and cardiac
436 myocytes by Fluorescence-Activated Cell Sorting. Methods Mol Biol. 2018;1752: 91-
437 100.
- 438 43. Granger JP, Alexander BT, Llinas MT, Bennett WA, Khalil RA. Pathophysiology of
439 preeclampsia: linking placental ischemia/hypoxia with microvascular dysfunction.
440 Microcirculation. 2002;9: 147-160.
- 441

442 **Figure Legends**

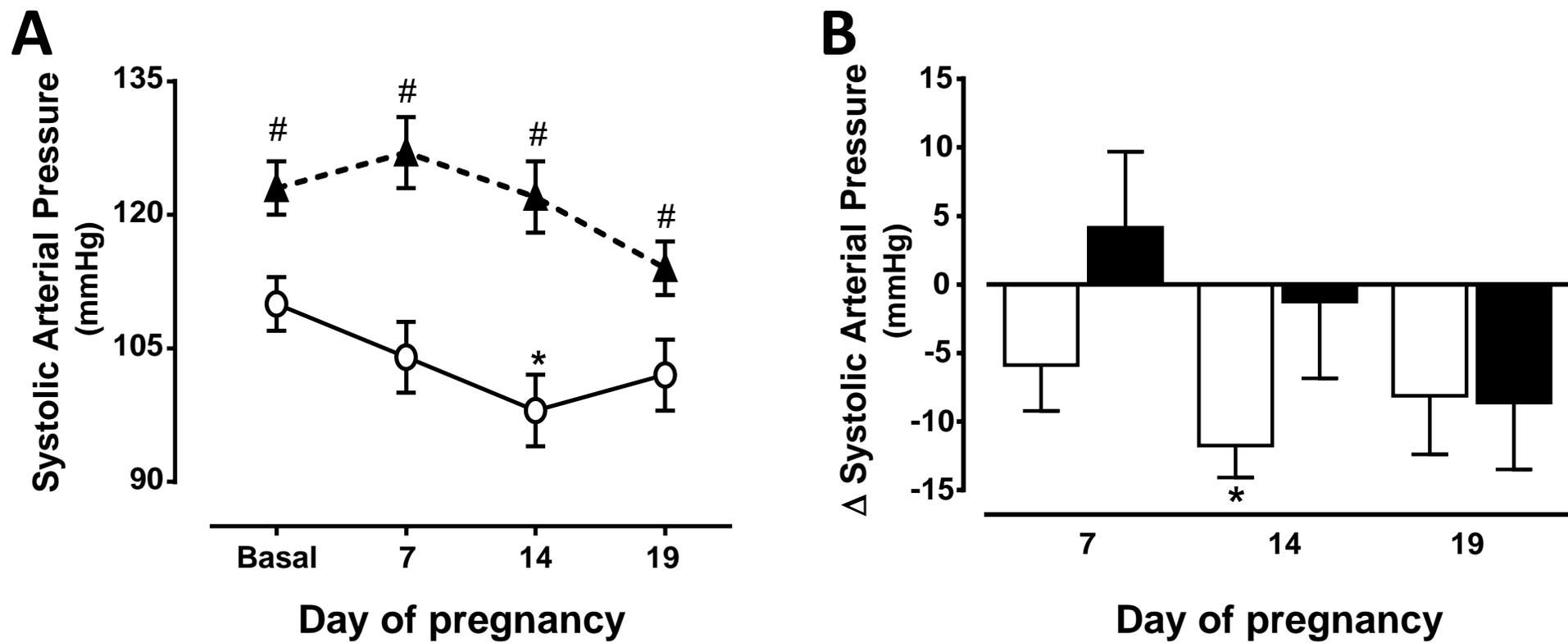
443 **Figure 1.** (A) Systolic arterial pressure changes from basal period (prepregnancy) to days 7,
444 14 and 19 of pregnancy in rats with normal (n = 8) (white circles, continuous line) or high (n
445 = 8) (black triangles, discontinuous line) fat diet from weaning to and throughout gestation. *
446 P<0.05 vs. basal period (ANOVA for repeated measures and Tukey's test). # P<0.05 vs.
447 normal fat diet (ANOVA and Sidak's test). (B) Changes with respect to basal period at days
448 7, 14 and 19 of pregnancy in rats with normal (white bars) or high (black bars) fat diet. *
449 Two-sided P<0.05 within the same group (Student's paired t test).

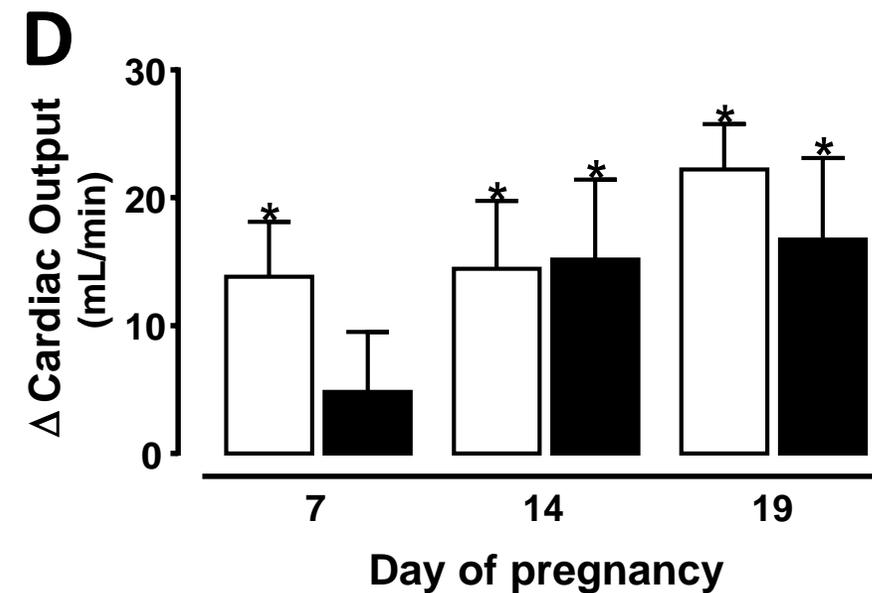
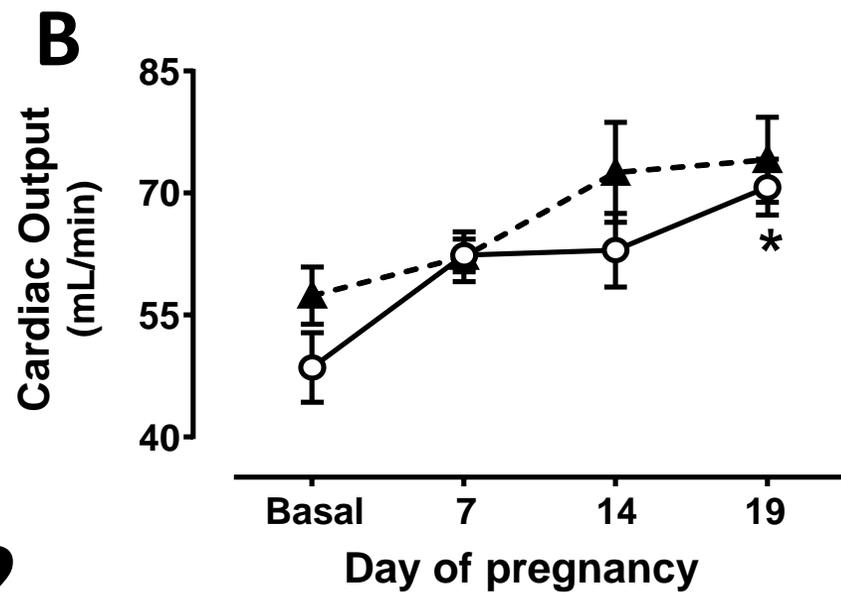
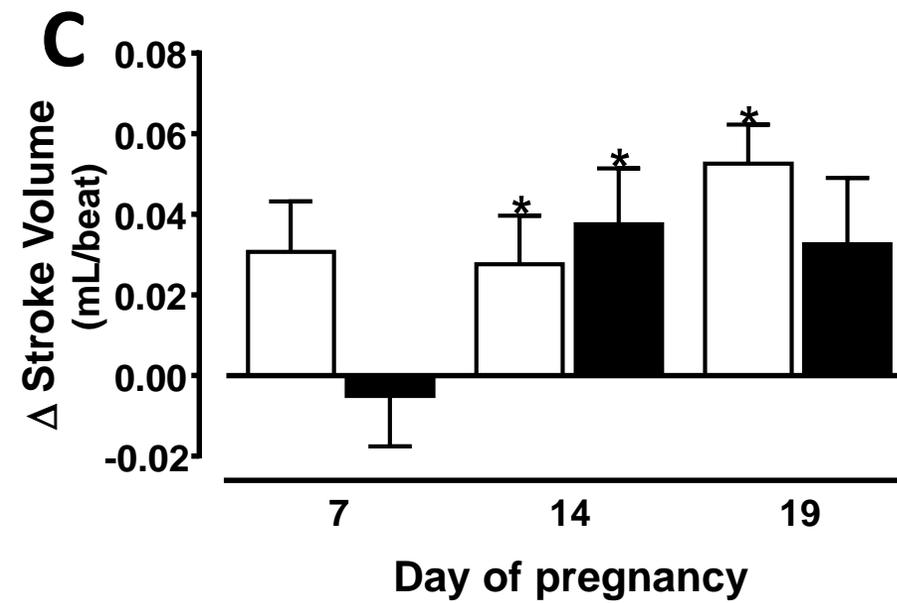
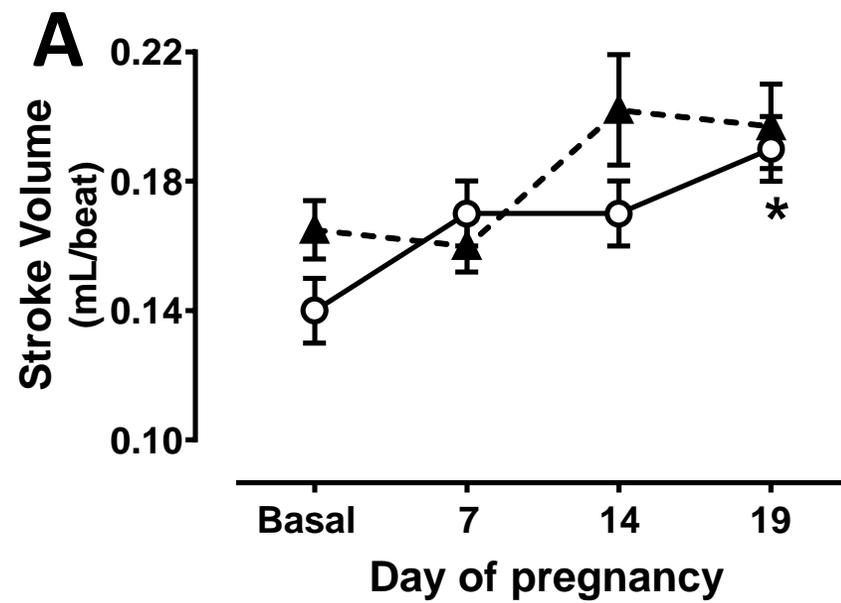
450
451 **Figure 2.** Stroke volume (A) and cardiac output (B) changes from basal period
452 (prepregnancy) to days 7, 14 and 19 of pregnancy in rats with normal (n = 8) (white circles,
453 continuous line) or high (n = 8) (black triangles, discontinuous line) fat diet from weaning to
454 and throughout gestation. * P<0.05 vs. basal period (ANOVA for repeated measures and
455 Tukey's test). Figures C and D show the changes with respect to basal period in rats with
456 normal (white bars) or high (black bars) fat diet. * Two-sided P<0.05 within the same group
457 (Student's paired t test).

458
459 **Figure 3.** Changes in time average velocity (TAV) and velocity time integral (VTI) in radial
460 (A and B) and uterine (C and D) arteries with respect to day 7 of pregnancy in rats with
461 normal (n = 8) (white bars) or high (n = 7) (black bars) fat diet from weaning to and
462 throughout gestation. * Two-sided P<0.05 within the same group (Student's paired t test). #
463 Two-sided P<0.05 between both groups (Student's un-paired t test).

464
465 **Figure 4.** The three images in the upper part show the localization of radial arteries by color
466 Doppler at days 7, 14 and 19 of gestation. The waveforms were obtained in the radial arteries
467 of rats with normal (A) or high (B) fat diet at days 7, 14 and 19 of gestation. The area under
468 the blue lines allows to calculate the velocity time integral (VTI) in each waveform.

469 **Figure 5.** Renal blood flow (A) and glomerular filtration rate (B) changes from basal period
470 (prepregnancy) to days 7, 14 and 19 of pregnancy in rats with normal (n = 8) (white circles,
471 continuous line) or high (n = 8) (black triangles, discontinuous line) fat diet from weaning to
472 and throughout gestation. * $P < 0.05$ vs. basal period (ANOVA for repeated measures and
473 Tukey's test). # $P < 0.05$ vs. normal fat diet (ANOVA and Sidak's test). Figures C and D show
474 the changes with respect to basal period in rats with normal (white bars) or high (black bars)
475 fat diet. * Two-sided $P < 0.05$ within the same group (Student's paired t test). # Two-sided
476 $P < 0.05$ between both groups (Student's un-paired t test).

**FIGURE 1**

**FIGURE 2**

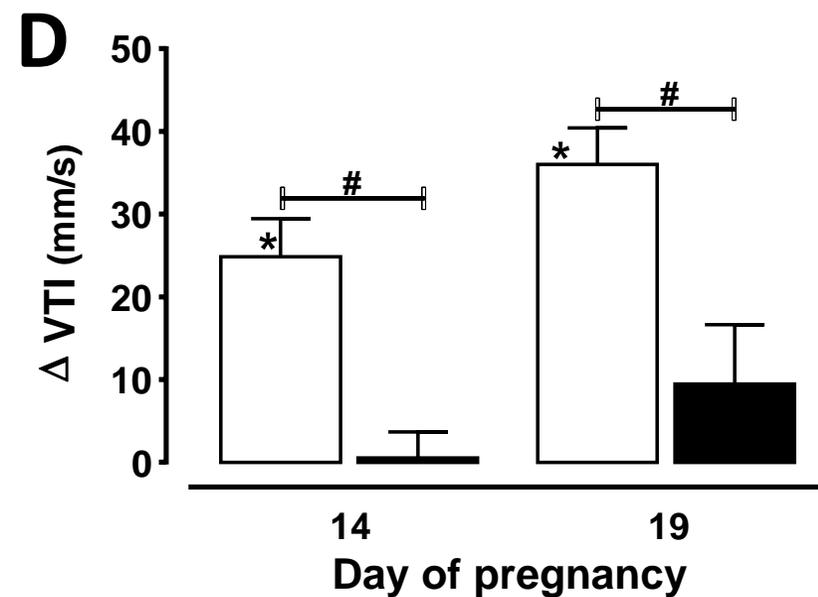
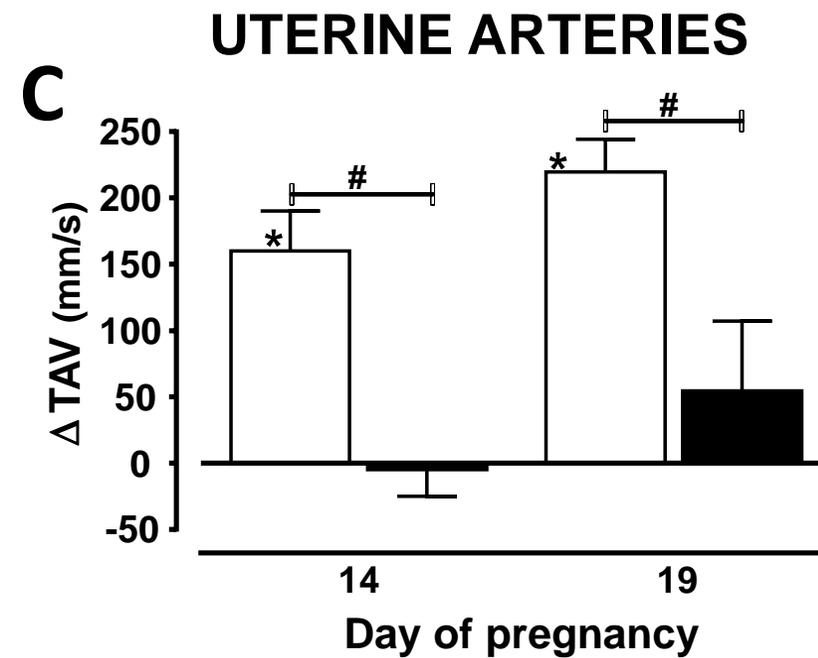
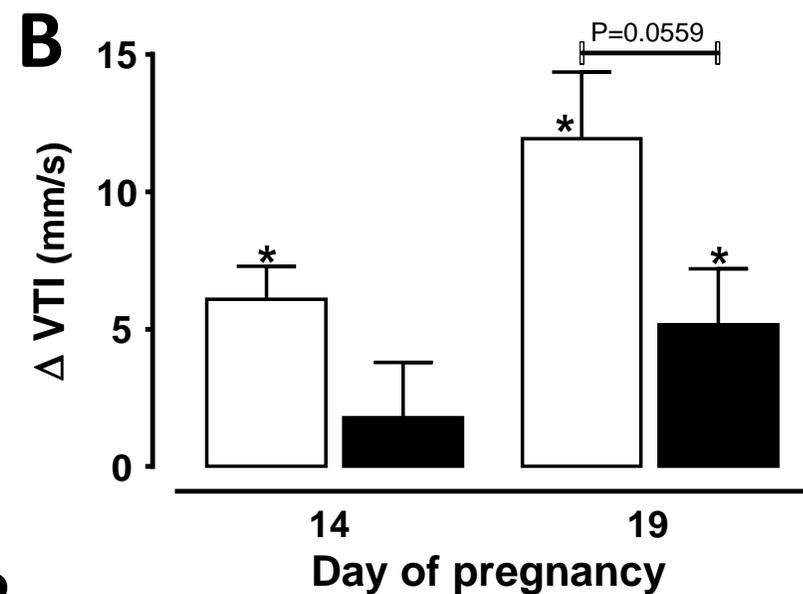
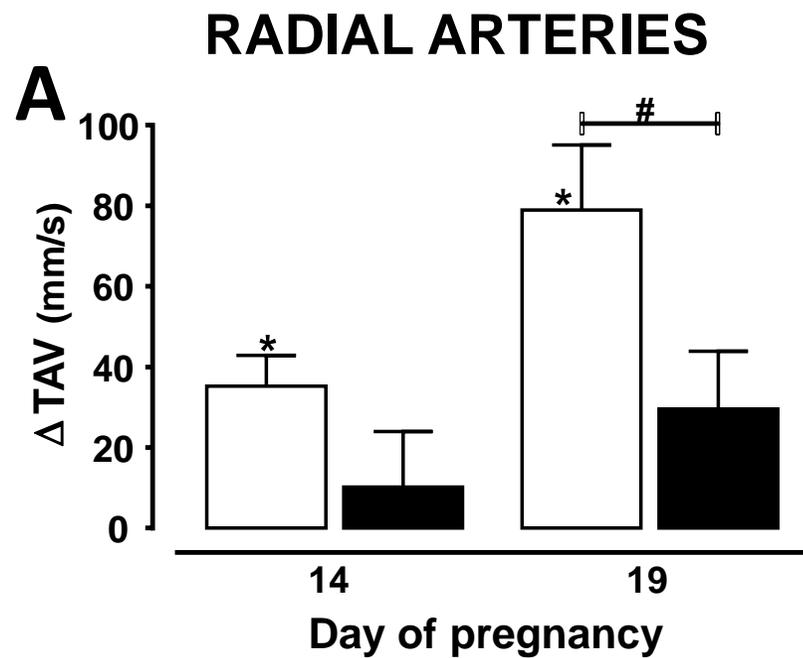
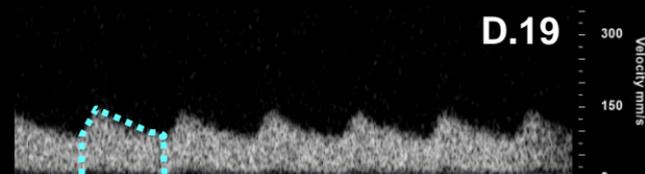
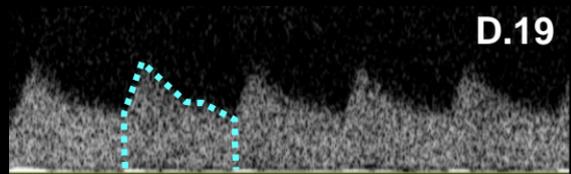
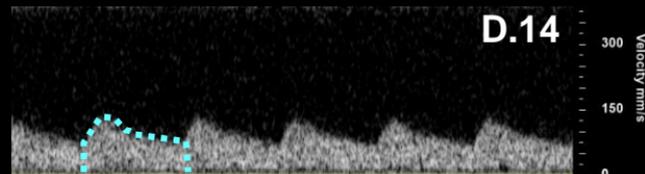
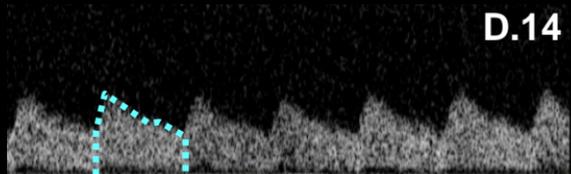
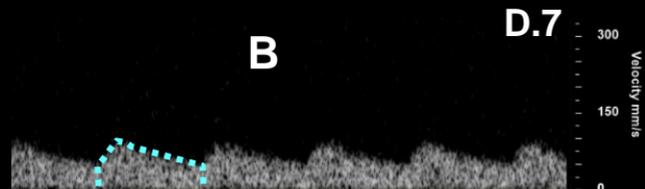
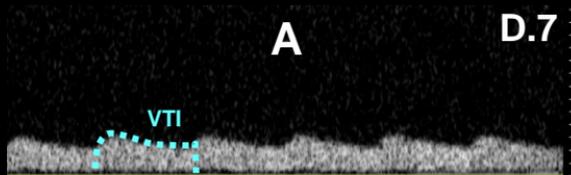
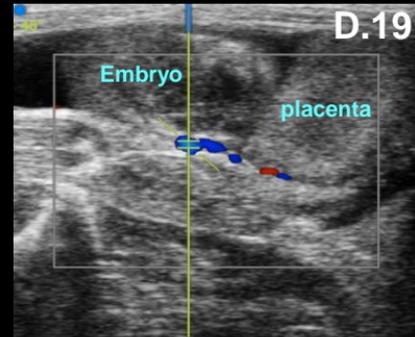
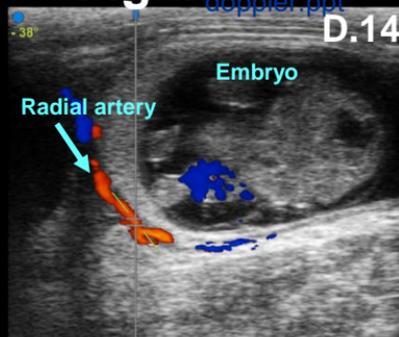
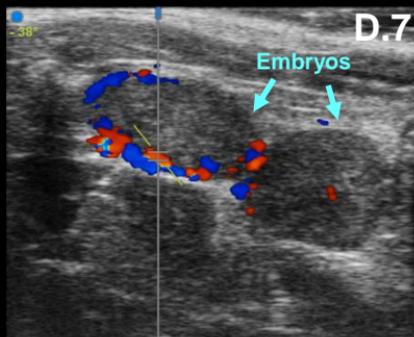
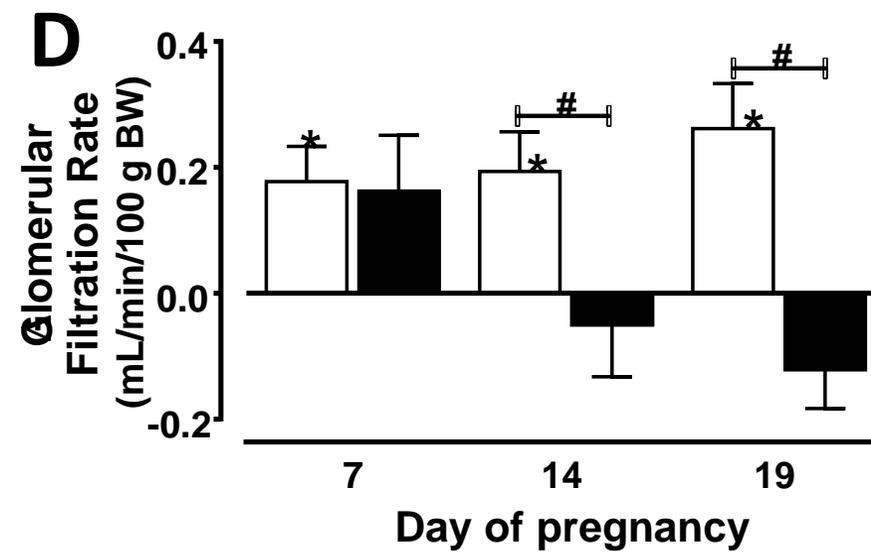
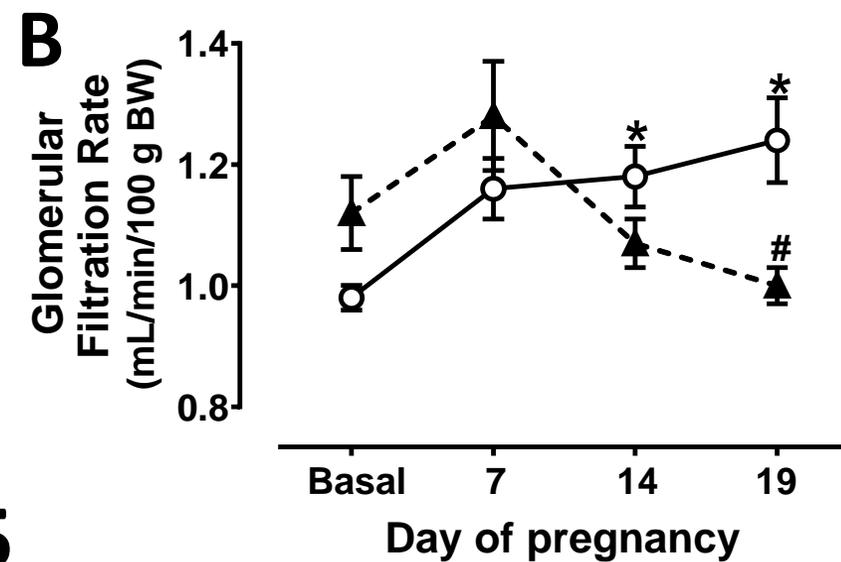
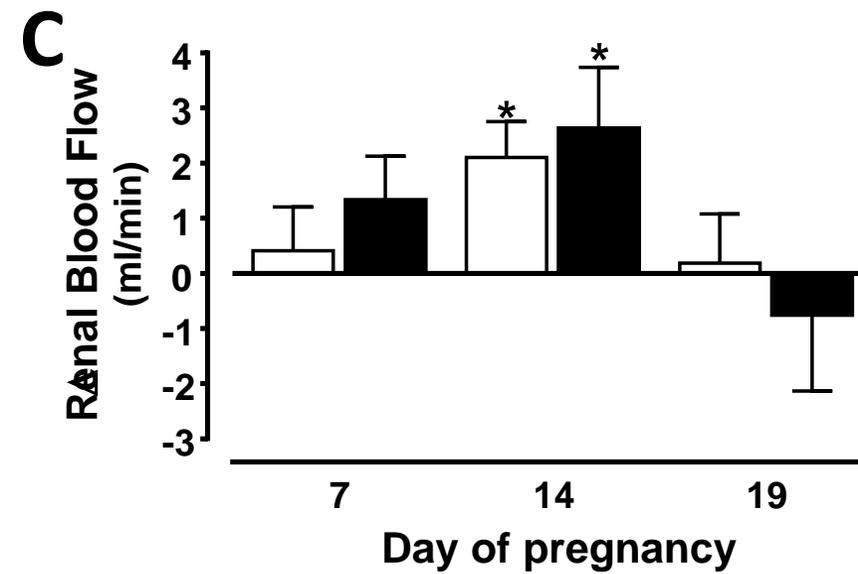
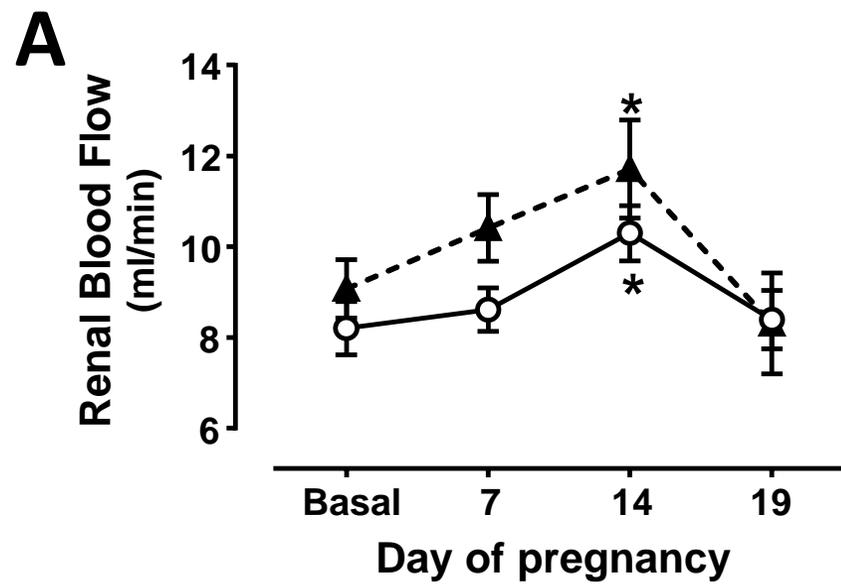
**FIGURE 3**

Figure 4

[Click here to access/download;Figure;Figure 4 doppler.ppt](#)



**FIGURE 5**