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7 **PHARMACOKINETICS OF DEFLAZACORT IN RABBITS AFTER INTRAVENOUS**
8 **AND ORAL ADMINISTRATION AND ITS INTERACTION WITH**
9 **ERYTHROMYCIN**

10
11 **RUNNING TITLE: ERYTHROMYCIN EFFECT ON DEFLAZACORT**
12 **DISPOSITION**
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36 **ABSTRACT**

37 The pharmacokinetic of deflazacort after intravenous and oral administration and the effect of
38 erythromycin on the disposition of deflazacort in rabbits were investigated. A parallel study
39 was carried out in twelve rabbits. The plasma concentration-time profiles of deflazacort were
40 determined after intravenous and oral administration of single dosages of 5 mg/kg in the
41 presence and absence (baseline) of multiple dose erythromycin regimens. Plasma levels of 21-
42 desacetyldeflazacort were determined by HPLC. Plasma concentration-time curves were
43 analysed by compartmental pharmacokinetic and non-compartmental methods.

44 The $t_{1/2z}$ values following intravenous and oral administration were 3.67 and 4.96 h,
45 respectively. The apparent volume of distribution at steady state (V_{ss}) was 4.08 ± 0.31 L/kg,
46 this value indicates that deflazacort is widely distributed into the extravascular tissues.

47 Moreover, bioavailability after oral administration of deflazacort ($F = 87.48\%$) was high.

48 Pharmacokinetic analysis after both routes of administration revealed a significant reduction
49 in total body clearance, a significant increase in mean residence time, half-life and plasma
50 concentrations of the steroid in the presence of multiple dose erythromycin. The results
51 indicated the influence of the erythromycin on deflazacort disposition, which is consistent
52 with a pharmacokinetic-type interaction in the elimination of the drug from the body.
53 Moreover this interaction should be considered to avoid adverse effects when using both
54 drugs concomitantly.

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57 **Keywords:** erythromycin, deflazacort, rabbits, pharmacokinetics, interaction.

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60 **Introduction**

61 Deflazacort, (11 β ,16 β)-21-(acetyloxi)-11-hydroxy-2'-methyl-5'H-pregna-1,4-dieno[17,16-
62 d]oxazole-3,20-dione (Figure 1) is a synthetic heterocyclic glucocorticoid obtained from
63 prednisolone and belonging to the class of oxazolino steroids. Deflazacort is an inactive
64 prodrug which is rapidly converted in the body to its active alcohol metabolite, 21-
65 desacetyldeflazacort (21HDFZ).

66 Studies performed using this drug in revealed a weaker effect on calcium and carbohydrate
67 metabolism as well as a long-lasting immunosuppressive action, when compared to prednisone
68 or methylprednisolone (Schiatti et al., 1980; Marcolongo et al., 1984). Pharmacological
69 studies in the rat showed that deflazacort was from 10 to 20 times as active as prednisolone in
70 several experimental models which test anti-inflammatory activity (Nathansohn et al., 1969).
71 Few pharmacokinetic data for deflazacort are available in animal species (Assandri et al.,
72 1980, 1983, 1984; Mollmann et al., 1995). Deflazacort is rapidly absorbed and hydrolyzed
73 after oral administration; average peak plasma concentrations of the active metabolite have
74 been reported to be reached in 1.3 h and the plasma half-life was 1.3 h in man (Mollmann et
75 al., 1995).

76 On the other hand, macrolide antibiotics, such as erythromycin or troleandomycin, are
77 prescribed for many types of infections. As such they are often added to other drug therapy,
78 thus, there are frequent opportunities for the interaction of these antibiotics with other drugs.
79 Troleandomycin is known to delay the clearance of methylprednisolone by at least 60%, and
80 it has been suggested that the delay in methylprednisolone clearance contributes to its efficacy
81 (Szeffler et al., 1980). Erythromycin reduces oral glucocorticoid metabolism, delaying
82 methylprednisolone clearance by 46% (Laforce et al., 1983). However, there is no information
83 available about any interaction between deflazacort and a macrolide antibiotic.

84 In recent years, rabbits have become increasingly popular as pet animals and are therefore
85 often encountered in veterinary small animal practices. There are different diseases that
86 required used of glucocorticoids alone or in concomitant use with antibiotics (Jaberi et al.,
87 2003; Florin et al., 2009). Moreover, this animal may prove for further assessing mechanisms
88 of drug- or disease-steroid interactions in veterinary medicine.

89 Because of this the aim of the present study was to investigate the pharmacokinetics of
90 deflazacort in rabbits after intravenous and oral administration alone and the effects of
91 erythromycin on its disposition.

92

93 **Material and Methods.**

94 *Animals.* Twelve healthy New Zealand white rabbits (4.1-4.8 kg) were obtained from the
95 Laboratory Animal Farm of the University of Murcia (Spain). They were housed individually in
96 cages under a 12-h light/dark cycle and were fed pelleted feed concentrate with free access to
97 food and water. Temperature was maintained at 20.1-22.3 °C and relative humidity was 60-75%.
98 They did not receive any drug treatment for at least 30 days preceding the experience.

99 *Materials.* Deflazacort pure substance, 21-desacetyldeflazacort and deflazacort hemissuccinate
100 were supplied by L. Zerilli from Research Laboratories of Gruppo Lepetit (Gerenzano, Italy).
101 Erythromycin estearate suspension was a commercially available formulation (Pantomicina 250
102 suspensión®, Abbot Laboratories, S.A., Madrid, Spain). Deflazacort suspension for oral
103 administration was a comercial formulation (Zamene®, Menarini Laboratories, Barcelona,
104 Spain). Prednisolone reference standard was obtained from Sigma-Aldrich Química, S.A.
105 (Madrid, Spain). All other chemicals and reagents used were commercially available and of
106 guaranteed purity.

107 *Study design.* A parallel study was conducted in two phases, baseline and posterythromycin, with
108 a washout period of 30 days. The study was sequential because a potential prolonged

109 erythromycin inhibition of the hepatic metabolism might confound the interpretation of a
110 complete cross over study. The first phase was control in which only an aqueous solution of
111 deflazacort hemisuccinate was intravenously (n=6) or orally (n=6) administered to each animal
112 at a single dose of 5 mg/kg bodyweight. This permitted assesment in the stability of the
113 disposition of deflazacort over time in the absence of other perturbing factors. After the
114 washout period, the twelve rabbits received orally 50 mg/kg/12h of an erythromycin estearate
115 suspension for ten days. Finally, 12 hours after the last antibiotic intake the animals received
116 another intravascular or oral single dose of 5 mg/kg of deflazacort hemisuccinate.

117 For the control studies, rabbits received oral water during ten days previously to the corticoid
118 administration. The oral dosing rate and oral dosing volumes in both the control studies and the
119 interaction studies were identical. This controls for effects of stress exposure across treatments,
120 an important consideration when investigating compounds which interact with the hypothalamic-
121 pituitary adrenal axis.

122 Following the final oral dose of erythromycin or water (control group), each rabbit was placed in
123 a restraining device and deflazacort was administered by intravenous injection into the marginal
124 vein of one ear or by oral administration . Blood samples (2 ml) were collected from the
125 contralateral ear vein (in the case of intravenous administration) into heparinised tubes at 0 (pre-
126 treatment), 0.083, 0.167, 0.25, 0.5, 0.75, 1, 1.5, 2, 4, 6, 8, 10, 12, 18, 24 and 72 hours following
127 drug administration. Samples were centrifuged at 1500 g over 10 minutes within 30 min after
128 collection. Plasma was immediately removed and stored at -40°C until being assayed.

129 The protocol of this study adhered to the Principles of Laboratory Animal Care and was
130 approved by the Bioethical Committee of the Faculty of Veterinary Medicine, University of
131 Murcia (Spain)

132 *Analytical method.* Plasma concentrations of 21HDFZ were analyzed by high performance liquid
133 chromatography according to the method of Bernareggi et al. (1987). The HPLC system was

134 equipped with a model 305 and 306 pumps, 811C dynamic mixer, 805 manometric module,
135 115 UV detector (Gilson, Middleton, USA), and a model SIL-10ADVP autoinjector
136 (Shimadzu, Kyoto, Japan) connected to a computer with a Shimadzu Class-VP™
137 Chromatography Data System programme (Shimadzu, Columbia, USA). A 1 ml plasma
138 sample, 200 mg NaCl and 2.5 µl of the internal standard working solution (500 ng of
139 prednisolone) were added to a 10 ml glass tube and mixed by shaking. After that the specimen
140 was extracted in two serial steps, with 10 and 5 ml of methylene chloride also by shaking for 10
141 minutes, at 300 inversions per min. Each sample was then centrifuged at 3000 g for 10 minutes
142 (ambient temperature) and aqueous layer as well as creamy interface were aspirated and
143 discarded. The remaining organic phase was twice washed using 1 ml of an aqueous solution of
144 0.1 M sodium hydroxide saturated with sodium chloride and subsequently using 1 ml of a
145 saturated aqueous solution of sodium chloride. After shaking and centrifuging once again, the
146 aqueous phase was aspirated and discarded; then 1 g of anhydrous sodium sulphate was added to
147 dry the organic phase. Finally, after shaking and centrifuging, the organic phase was transferred
148 to a conical tube and dried down under a gentle stream of nitrogen at 37°C.

149 This residue was redissolved in 100 µl of the mobile phase and 20 µl injected onto the HPLC
150 column (Zorbax Sil 250 x 4.6 mm, 5 µm, Hichrom Ltd., Bekshire, UK). An isocratic elution at
151 ambient temperature was carried out using methylene chloride-methanol (94:6) as the mobile
152 phase. Flow rate was 1 ml/min. Measurements were made by ultraviolet detection at 254 nm
153 with a 0.01 absorbance units full scale (A.U.F.S.).

154 The retention time was 8 minutes for 21HDFZ and 6 minutes for the internal standard
155 (prednisolone). The assay was validated by measuring concentration of known amounts of
156 deflazacort (DFZ) and 21HDFZ in a range from 10 to 5000 µg/l. The average (\pm SE) recoveries
157 between and within-batch were for DFZ 96.7 ± 0.7 , 98.5 ± 0.4 per cent and for 21HDFZ $97.6 \pm$
158 0.5 , 98.9 ± 1.3 per cent respectively. The limit of detection was 5 µg/l for DFZ and 21HDFZ.

159 *Pharmacokinetics.* The concentration-time data obtained after each treatment in each
160 individual rabbit were initially fitted to one-, two- and three-exponential equations by the
161 retroprojection method (Gibaldi & Perrier, 1982) and the PKCALC computer program
162 (Shumaker, 1986) was used to obtain the best estimates of the parameters of these equations.
163 The final curve fitting was carried out using non-linear regression with the MULTI computer
164 program and Gauss-Newton damping algorithm (Yamaoka et al., 1986). The data were
165 analyzed on an individual animal basis using a weighting of 1/concentration. The minimum
166 Akaike's information criterion (Yamaoka et al., 1978) and coefficient of determination were
167 used to select the best equation that defined plasma concentration-time data for each animal.
168 Pharmacokinetic parameters were obtained from the individual fitted equations (Gibaldi &
169 Perrier, 1982). The pharmacokinetic parameters were calculated for each rabbit and reported
170 as the mean \pm standard deviation.

171 A non-compartmental analysis was used to determine the area under the concentration-time
172 curve (AUC), using the linear trapezoidal rule with extrapolation to infinity time, mean
173 residence time (MRT), mean absorption time (MAT = MRT_{SC, IM} - MRT_{IV}), systemic
174 clearance (Cl), apparent volume of distribution at steady state (V_{ss}) and bioavailability (F =
175 AUC_{SC,IM} x 100 / AUC_{IV}).

176 *Statistical analysis.* Statistical parameters were calculated and the Kolmogorov-Smirnov test and
177 the Mann Whitney test were employed to verify the homogeneity of the data and to test for
178 between-rabbit differences in the parameters. The Wilcoxon Rank Sum test and the Student's *t*
179 test were used to test parameters for significant differences between baseline and
180 posterythromycin situation in each rabbit. The Mann Whitney test was also used to compare
181 experimental values with theoretical concentrations and was completed with a multivariate
182 correlation analysis (Powers, 1990). In all cases the minimum probability level tested was 95 %
183 (P < 0.05).

184 **Results**

185 No adverse effects following different administration were observed during the course of the
186 study. The 21HDFZ plasma concentration-time profiles after intravenous administration in
187 baseline and postantibiotic situations, were best fitted to a two-compartment open model. The
188 general equation is as follows:

189
$$C = \sum_{i=1}^n C_i \cdot e^{-\lambda_i \cdot t}$$

190 where C is plasma concentration of drug; t is time after drug administration; C_i and λ_i are the
191 intercept and slope, respectively, of the different disposition phases, and e is the base of
192 natural logarithm.

193 The associated biexponential equations were:

194
$$C = 1068.22 \cdot e^{-1.0598 \cdot t} + 844.96 \cdot e^{-0.1902 \cdot t} \text{ } \mu\text{g/L (Baseline)}$$

195
$$C = 4810.39 \cdot e^{-1.0270 \cdot t} + 664.18 \cdot e^{-0.0762 \cdot t} \text{ } \mu\text{g/L (Post-erythromycin)}$$

196 For oral administration, a one-compartment model with first order absorption always provided
197 the best description of the concentration-time data of 21HDFZ in both experimental
198 conditions.

199 The mean plasma concentrations of 21HDFZ at the times of sample collection after intravenous
200 and oral administration for both experimental conditions are plotted in Figure 2 and 3,
201 respectively. Erythromycin pre-treatment resulted in a significantly higher mean plasma
202 21HDFZ concentrations compared with baseline conditions.

203 The mean (\pm SD) pharmacokinetic parameters based on compartmental pharmacokinetic
204 analysis and noncompartmental methods are presented in Table I.

205 The Wilcoxon Rank Sum Test and the Student's t-test performed on pharmacokinetic parameters
206 after intravenous administration of deflazacort revealed significant differences for all
207 pharmacokinetic parameters between baseline and postantibiotic situations except for λ_1 , $t_{1/2\lambda_1}$ and
208 V_z (Table I).

209 The value obtained for $t_{1/2\lambda z}$ was 9.14 h after the antibiotic intake (3.67 in the baseline situation)
210 and for MRT 8.83 h (4.48 h in baseline conditions) both parameters were significantly different
211 between the two situations. Finally, plasma clearance was reduced 2.45 times after erythromycin
212 pre-treatment.

213 Both statistical tests revealed significant differences in all of the pharmacokinetic parameters
214 between baseline and postantibiotic situations obtained after oral administration, except in
215 systemic availability of the drug.

216 Absorption of deflazacort from the digestive tract was relatively fast although was delayed in the
217 case of pretreatment with erythromycin, so that peak levels were attained at 3.46 and 6.26 h,
218 respectively. As occurred for intravenous administration higher mean plasma 21HDFZ
219 concentrations and longer half-life were obtained after pretreatment with erythromycin. The
220 extent of oral availability was high and without significant differences between the two
221 situations.

222 All of the findings are consistent with a pharmacokinetic interaction between erythromycin and
223 deflazacort when administered together.

224

225 **Discussion**

226 The $t_{1/2\lambda z}$ values following IV and oral administration were 3.67 and 4.96 h, respectively, these
227 values are very shorter to that determined for Assandri et al. (1980) in rat, man and dog.

228 Consequently, the systemic clearance in our study ($Cl = 0.90 \pm 0.05$ L/h·kg) was faster than
229 those described in other species for deflazacort (Assandri et al., 1980).

230 The apparent volume of distribution at steady state (V_{ss}) was 4.08 ± 0.31 L/kg, this value
231 indicates that deflazacort is widely distributed into the extravascular tissues. In other studies,
232 larger volumes of distribution (V_d) were described for glucocorticoids in pigs (2.78 L/kg;
233 Wyns et al., 2003) and dogs (5.2-7.7 L/kg; Ryrfeldt et al., 1979).

234 In the present study, bioavailability after oral administration of deflazacort ($F = 87.48\%$) was
235 high, but this value was lower than to values have been obtained for other glucocorticoids in
236 mammalian species (Wyns et al., 2003). These results indicate that glucocorticoids show good
237 absorption after extravascular routes of administration.

238 Previous studies on interactions between macrolide antibiotics and steroids have been carried out
239 using methylprednisolone. In this way Ebling et al. (1987) analyzed the effect of troleandomycin
240 related to this drug in rabbits, finding a significant decrease in total plasma clearance of
241 methylprednisolone in the presence of multiple dose of troleandomycin.

242 As previously described, plasma concentrations after intravenous administration of corticosteroid
243 in the present trial were higher after antibiotic pretreatment (Figure 2), and for both experimental
244 conditions the two-compartment open model always provided the best description of the
245 concentration-time data. The range of concentrations for 21HDFZ in the baseline situation was
246 similar to those previously reported in pharmacokinetic studies performed with animals and
247 human beings (Assandri et al., 1984). Therefore the differences observed after erythromycin pre-
248 treatment are due to an interaction between the macrolide and the corticosteroid. Erythromycin
249 therapy resulted in a 59 % reduction of 21HDFZ clearance, significantly higher mean plasma
250 concentrations and an increased MRT and half-life compared with preerythromycin
251 concentrations. Similarly troleandomycin (Szeffler et al., 1980), erythromycin (Laforce et al.,
252 1983) and clarithromycin (Fost et al., 1999) therapies have shown to significantly reduce the
253 clearance of methylprednisolone in human clinical studies by at least 60%, 46% and 65%,
254 respectively, and it has been suggested that the delay in methylprednisolone clearance
255 contributes to its efficacy. In addition to clearance, erythromycin appears to cause a
256 significant decrease in steady state volume of distribution of 21HDFZ. The mechanism for
257 this effect has not been investigated but it has been suggested that may reflect a decrease in tissue
258 binding or an increase in plasma protein binding of the corticosteroid (Ludden, 1985).

259 After oral administration, a one compartment model with first order absorption always provided
260 the best description of the data in rabbits. This result is similar to that obtained previously by
261 Assandri et al. (1984) in rats, dogs, monkeys and humans. This is a common phenomenon for
262 drugs whose disposition after intravenous administration fits a two compartment model, because
263 if the value of the absorption rate constant is the same or lower than the rate constant for the
264 distribution phase (λ_1), this phase will not appear in the curves and the drug's disposition is best
265 interpreted according to an open one-compartment model (Gibaldi & Perrier, 1982).

266 In rabbits, the control oral administration of deflazacort appears to be absorbed as rapidly as in
267 monkeys, but slower than in rats and humans (Assandri et al., 1984). The oral half-lives longer
268 than after intravenous administration and values of MAT higher than the intravenous MRT
269 values indicated that the 21HDFZ follows a flip-flop model in which the initial phase of the
270 plasma concentration curve determined the apparent elimination rate constant (λ_z) and the last
271 phase defined the absorption rate constant (which is the limiting factor for the elimination of the
272 drug). This effect is also observed after the treatment with the macrolide antibiotic.

273 On the other hand, although the analysis of other metabolites of deflazacort was beyond the
274 scope of the present study, metabolite III (6- β -hydroxy-21-desacetyldeflazacort) was detectable
275 in the chromatograms after the erythromycin administration. This finding could be due to the
276 delay of the elimination phase.

277 The results of our study indicated a influence of the macrolide antibiotic on deflazacort
278 disposition, which is consistent with a pharmacokinetic-type interaction in the elimination of
279 the drug from the body. Then, the long-term use of erythromycin in animals receiving chronic
280 deflazacort therapy may place those animals at increased risk for steroid-induced adverse effects,
281 but clinical studies are needed to verify this fact. Nevertheless, deflazacort have revealed a
282 weaker effect on calcium and carbohydrate metabolism as well as a long-lasting
283 immunosuppressive action, when compared to prednisone or methylprednisolone (Markham &

284 Brison, 1995). Moreover, using long-term therapy of deflazacort instead prednisolone have been
285 associated with decreased loss of total skeleton bone mineral density, helped to prevent
286 redistribution of total body fat and worsening of the lipid profile in kidney transplant patients
287 (Lippuner et al., 1998).

288 Finally, we can conclude that erythromycin affects deflazacort disposition in rabbits, these
289 animals may serve as a useful animal model for further studies of the erythromycin/deflazacort
290 interaction previously to evaluate its clinical efficacy and applications.

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391 Table I. Pharmacokinetic parameters (mean \pm SD) of 21-OH-Deflazacort following a single
 392 intravenous and oral administration of deflazacort hemisuccinate at a dose of 5 mg/kg body
 393 weight in baseline and posterythromycin conditions.

PARAMETERS	BASELINE	POSTERYTHROMYCIN	LEVEL OF SIGNIFICANCE
IV administration			
λ_1 (h^{-1})	1.06 \pm 0.17	1.03 \pm 0.05	n.s.
λ_z (h^{-1})	0.19 \pm 0.02	0.08 \pm 0.01	p < 0.01
$t_{1/2\lambda_1}$ (h)	0.67 \pm 0.13	0.68 \pm 0.03	n.s.
$t_{1/2\lambda_z}$ (h)	3.67 \pm 0.36	9.14 \pm 0.69	p < 0.01
V_{ss} (l/kg)	4.08 \pm 0.31	3.32 \pm 0.22	p < 0.01
AUC ($\mu g \cdot h/l$)	5541.73 \pm 309.49	13538.80 \pm 357.43	p < 0.01
AUMC ($\mu g \cdot h^2/l$)	24922.6 \pm 4022.3	119626.0 \pm 12039.5	P < 0.01
MRT (h)	4.48 \pm 0.51	8.83 \pm 0.74	P < 0.01
Cl (l/kg.h)	0.90 \pm 0.05	0.37 \pm 0.01	P < 0.01
V_z (l/kg)	4.78 \pm 0.33	4.89 \pm 0.34	n.s.
Oral administration			
k_a (h^{-1})	0.53 \pm 0.08	0.31 \pm 0.02	P < 0.01
λ_z (h^{-1})	0.14 \pm 0.01	0.07 \pm 0.01	P < 0.01
$t_{1/2a}$ (h)	1.34 \pm 0.23	2.23 \pm 0.16	P < 0.01
$t_{1/2\lambda_z}$ (h)	4.96 \pm 0.18	10.14 \pm 1.06	P < 0.01
AUC ($\mu g \cdot h/l$)	4837.13 \pm 192.12	11292.64 \pm 1078.63	P < 0.01
MRT (h)	9.15 \pm 0.49	17.81 \pm 1.61	P < 0.01
MAT (h)	4.67 \pm 0.62	8.98 \pm 1.46	P < 0.01
F (%)	87.48 \pm 5.42	83.39 \pm 7.43	n.s.
t_{max} (h)	3.46 \pm 0.38	6.26 \pm 0.41	P < 0.01
C_{max} ($\mu g/l$)	420.14 \pm 31.66	501.66 \pm 11.92	P < 0.01

394 K_a : the absorption disposition rate constant. $t_{1/2a}$: The absorption half-life associated with the initial slope (k_a) of
 395 a semilogarithmic extravascular concentration-time curve. $t_{1/2\lambda_1}$: The disposition half-life associated with the
 396 initial slope (λ_1) of a semi logarithmic concentration-time curve. $t_{1/2\lambda_z}$: The elimination half-life associated with
 397 the terminal slope (λ_z) of a semilogarithmic concentration-time curve. V_{ss} : The apparent volume of distribution
 398 at steady state. V_z : The apparent volume of distribution calculated by the area method. Cl: The total body
 399 clearance of drug from the plasma. AUC: The area under the plasma concentration-time curve from zero to
 400 infinity. AUMC: area under the moment curve. MRT: Mean residence time. F: The fraction of the administered
 401 dose systemically available (bioavailability). T_{max} : The time to reach peak or maximum plasma concentration

402 following intramuscular and subcutaneous administration. MAT: Mean absorption time. C_{max} : The peak or
403 maximum plasma concentration following intramuscular and subcutaneous administration.

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429 **FIGURE LEGENDS:**

430 Figure 1. Chemical structure of deflazacort with the oxazolino ring

431

432 Figure 2. Plasma concentrations (mean \pm SD) of 21-OH-Deflazacort in rabbits following a
433 single intravenous administration of deflazacort hemisuccinate at a dosage of 5 mg/kg
434 bodyweight, in the presence and absence of multiple dose erythromycin regimen.

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436 Figure 3. Plasma concentrations (mean \pm SD) of 21-OH-Deflazacort in rabbits following a
437 single oral administration of deflazacort hemisuccinate at a dosage of 5 mg/kg bodyweight, in
438 the presence and absence of multiple dose erythromycin regimen

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